TRANSITION → HARD PUSH → TRAILER 3

Nebraska vs West Georgia | Clip ID: ADV-093 | CONTINUE

1 PG ATTACKS / DRAWS THREE



The point guard pushes hard, attacks the paint, and draws three defenders.

2 TRAILER BIG DOWNSCREEN



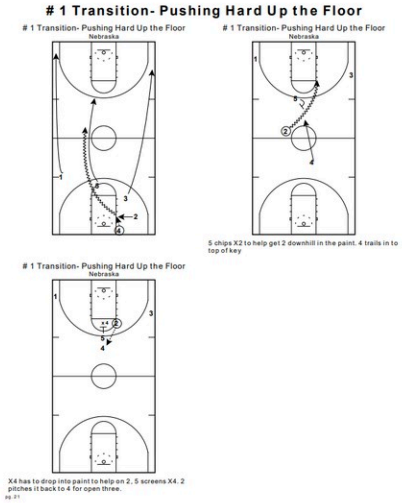
The trailing big sets a strong downscreen, creating space for the trailer behind the play.

3 OPEN TRANSITION 3



The ball pitches back to the open trailer for the transition three.

PLAY DIAGRAM — LOCKED FASTDRAW ASSET



TEACHING POINTS

1. Push the ball with pace before the defense can get organized.
2. Attack the paint hard enough to pull multiple defenders toward the ball.
3. The trailing big must sprint into the play and screen the helper.
4. Keep the trailer behind the ball and ready for the pitch-back.
5. Continue the advantage with the extra pass to the open three.

ADVANTAGE CREATED

Hard Push / Defense Collapses

Result: Pitch Back → Open Transition 3

KEY TEACHING CUE

**“Push hard.
Collapse. Pitch back.”**

WHY IT WORKS

The hard push forces the defense to retreat and protect the paint. When the ball gets downhill, multiple defenders collapse. The trailing big's screen delays the recovery, leaving the trailer open behind the action.

PRACTICE LAB IDEA

Transition Pitch-Back Game

- Push off a rebound or outlet.
- Guard attacks the paint hard.
- Trailer big sprints into the screen.
- Pitch back to the open guard.
- Finish with the transition three.