

SKIP 3'S 1

SERIES: CUTTING & 3PT OFFENSE | DNA CATEGORY: CREATE AN ADVANTAGE

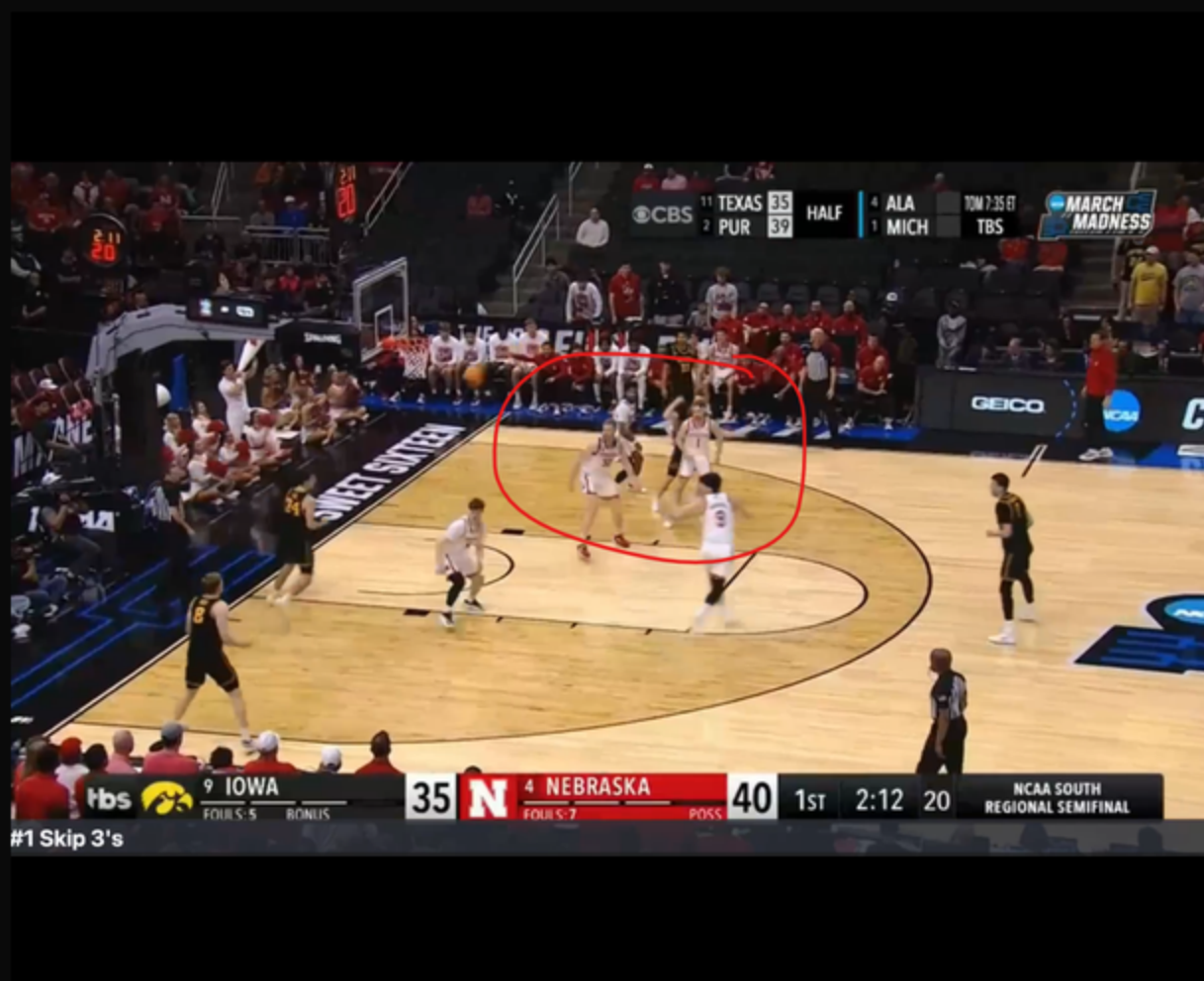
IOWA

HAWKEYES

THE ADVANTAGE DNA™

- 1 5 sets the ball screen for 1 and pops.
- 2 1 attacks off the screen and gets downhill into the paint.
- 3 3 baseline cuts behind the drive to occupy the low-side help.
- 4 Nebraska collapses multiple defenders toward the lane.
- 5 The weak-side corner defender is forced to help inward.
- 6 1 keeps his vision across the floor instead of forcing the finish.
- 7 1 skips the ball over the collapsed defense to 4 in the opposite corner.
- 8 4 receives it with space for the open three.

ADVANTAGE FRAME — 2:12 1ST HALF



THE DRIVE COLLAPSES THE PAINT. THE SKIP PASS PUNISHES THE WEAK-SIDE HELP.

ACTION BREAKDOWN

1. BALL SCREEN + POP



5 screens for 1 and pops away. The spacing gives 1 a lane to turn the corner and attack the paint.

2. DRIVE + BASELINE CUT



As 1 drives, 3 baseline cuts behind the defense. The cut occupies help and pulls the shell toward the ball.

3. SKIP THE COLLAPSE



With the defense collapsed, 1 skips the ball across the floor to 4 in the opposite corner for the open three.

PAUSE HERE

Nebraska has four defenders pulled toward the middle as 1 penetrates. The baseline cut keeps the low-side help occupied and makes the weak-side corner defender shrink even farther into the lane. That is the window Iowa wants. Instead of forcing a finish into traffic, 1 throws the skip pass over the entire shell to 4 for the open corner three.

COACHING INSIGHTS

WHY IT WORKS

The drive and baseline cut pull the defense into the paint. The skip pass attacks the defender who has traveled the farthest away from the corner.

DEFENSIVE REACTION

Nebraska loads the lane to stop penetration. The weak-side shell shrinks toward the ball and gives up the opposite corner.

OFFENSIVE READ

If the weak-side corner defender is inside the lane line, skip it. Do not force the finish into a crowded paint when the defense has already given up the three.

COACHING POINT

Drive with your eyes up. The skip pass must be thrown as the help commits — before the weak-side defender can start recovering back out.

STEAL THIS IDEA

The best skip passes are created before the ball leaves the passer's hands. Use penetration and a baseline cut to drag the shell into the paint, then throw over the help instead of trying to pass through it.

DNA TAKEAWAY

COLLAPSE THE PAINT.
OCCUPY THE HELP.
SKIP IT TO THE OPEN CORNER.