

ATTACKING OFF SEALS 1

SERIES: PENETRATION & POST OFFENSE | DNA CATEGORY: CREATE AN ADVANTAGE

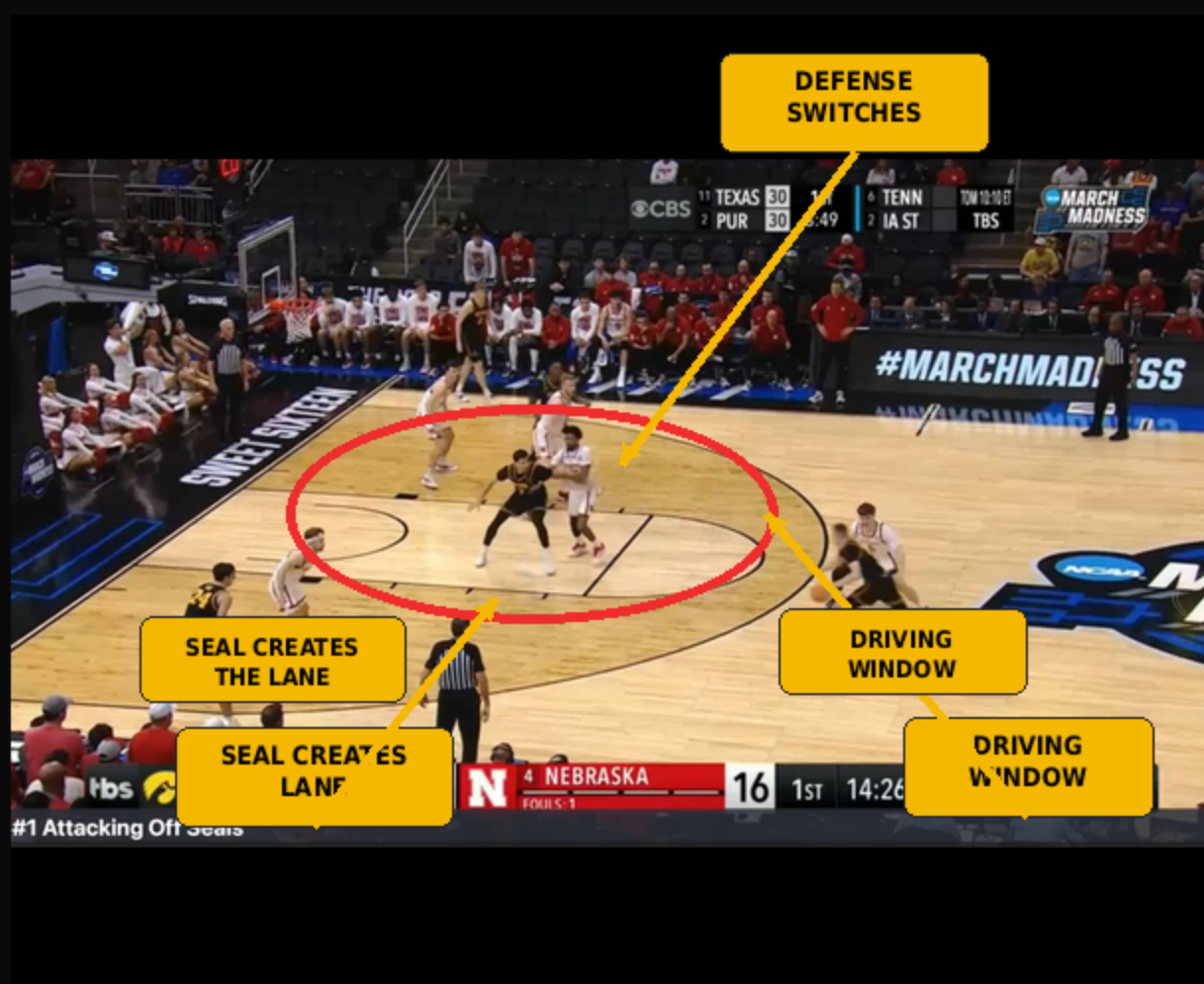
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HAWKEYES

THE ADVANTAGE DNA™

- 1 5 sets the high ball screen for 1.
- 2 Nebraska switches the ball screen.
- 3 5 short rolls toward the middle.
- 4 5 seals the smaller x1 defender inside.
- 5 The seal removes x1 from the driving lane.
- 6 1 keeps the dribble alive and attacks the open lane.
- 7 Help is late because the seal occupies the middle.
- 8 Iowa attacks the rim before Nebraska can switch back or recover.

ADVANTAGE FRAME — 14:26 1ST HALF



PAUSE HERE

Nebraska switches the high ball screen, but the switch is not the advantage by itself. The advantage appears when 5 short rolls and seals x1 in the middle of the floor. That seal removes the switch defender from the driving lane and gives 1 a clean window to attack the rim before the help can recover.

ACTION BREAKDOWN

1. HIGH BALL SCREEN



5 sets the high ball screen for 1. The screen forces Nebraska to choose how it will contain the ball.

2. SWITCH + SEAL



Nebraska switches. 5 short rolls and holds the seal on x1, taking the smaller defender out of the driving lane.

3. ATTACK THE LANE



1 attacks the lane created by 5's seal. The ball handler drives before the defense can peel back or recover.

COACHING INSIGHTS

WHY IT WORKS

The offense uses the switch against the defense. The short roll puts 5 in position to seal the smaller defender and clear the lane for the ball handler.

DEFENSIVE REACTION

Nebraska switches the ball screen. x1 ends up on 5, and the defense expects the switch to contain the action without giving up the rim.

OFFENSIVE READ

Do not attack the switch blindly. Read the seal. Once 5 pins x1 inside, 1 turns the corner and attacks the open lane immediately.

COACHING POINT

The seal must be early and physical without moving. 5 owns the inside position; 1 attacks the space created by the seal, not the defender.

STEAL THIS IDEA

When teams switch ball screens, teach the screener to do more than hunt a mismatch. A quick short roll into a hard seal can remove the smaller defender from the play and create a direct driving lane for the ball handler.

DNA TAKEAWAY

THE SWITCH IS NOT THE ADVANTAGE.
THE SEAL THAT REMOVES THE SWITCH DEFENDER IS.