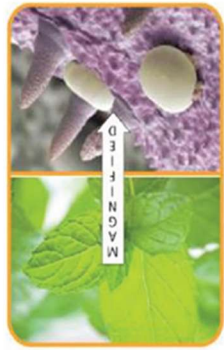


doTERRA Essential Oils are highly concentrated, 50-70 times more powerful than herbs

They are found in plant material taken from the root, stems, bark and leaves. They help to form the plant's own immunity and defence against microbes, bacteria, fungus, insects, and disease, as well as being the fluid that regenerates and heals the plant. They are highly potent, and also give the plant a fragrance which is what most people tend to associate with essential oils, but of course they are so much more! Our bodies are made of building blocks similar to plants, so when we use the oils they go to work in our bodies in the same way they would for the plant.

CPTG Certified Pure Therapeutic Grade



## What are Essential Oils?

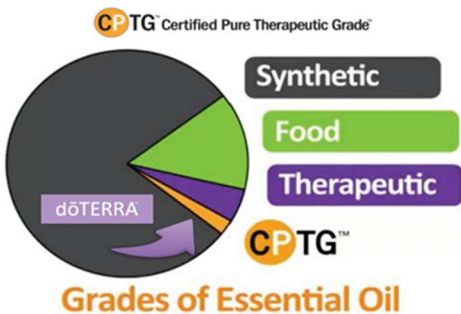


## Why doTERRA Essential Oils?

Not all oils are created equal

doTERRA CPTG Certified Pure Therapeutic Grade essential oils represent the safest and most beneficial oils available in the world today. For an oil to be CPTG Certified Pure Therapeutic Grade the oil must be: Pure and natural, with aromatic compounds carefully extracted from plants. Free from fillers or artificial ingredients; no dilution of active qualities. Free of contaminants, pesticides, or chemical residues.

They are rigorously tested for standards of chemical composition, cross tested using mass spectrometry and gas chromatography to ensure exact purity and composition potency. Sourced by a global network of leading essential oil chemists and growers to ensure correct species, growth in ideal environments, and that raw plant materials were carefully harvested at the right time.



Did you know? According to government standards, an essential oil can be labelled as "100% pure" and still legally contain up to 92% fillers. Many of the oils found on the market, including health food stores, are of low quality.

FDA disclaimer: "These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease."

Join Our Team. Want to make money and friends with products you love? Learn more about our team and the doTERRA business opportunity that's changing lives around the world.

Take Control of Your health - For more information contact;



Did you know? Oregano is nature's most powerful antibiotic, it is believed to be equally as effective as standard antibiotics without any side effects

doTERRA, making a difference in people's lives

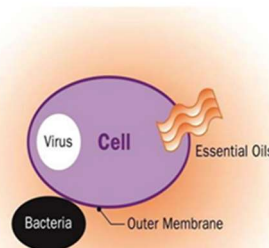
doTERRA is an initiative that seeks to develop long-term, mutually beneficial supplier partnerships, while creating sustainable jobs and providing reliable income in underdeveloped areas.

The doTERRA Healing Hands Foundation focuses on philanthropic efforts to bring healing and hope to the world. For lives free of disease and poverty, and to ultimately empower self-reliant, fast projects include building new or sponsoring existing medical clinics, installing drinking water and irrigation systems, and building schools.



## doTERRA making an impact!

## Why are Essential Oils Effective?



Essential oils have the ability to pass through the cell membrane, due to their lipophilic properties, and can therefore penetrate each cell in our bodies to help fight viruses and to help our bodies heal. Prescription drugs and antibiotics cannot do this, which makes essential oils a great natural alternative without side effects.

Essential oils can enter into our blood stream in just 30 seconds and can affect every cell in our body within 20 minutes

## How to use Essential Oils?



A Aromatic

Breathe in or use the diffuser to clean the air, support and open airways. What you breathe affects your mood.



T Topical

Just one drop of essential oil can service every cell of your body. Apply to feet, ears, chest, back of neck, head, and targeted areas. For sensitive skin dilute with fractionated coconut oil. Keep oils out of the eyes and ears



I Internal

Just add to water, or drop under the tongue. Nourishes the whole body including the digestive system, mouth, throat, liver and urogenital tract. Some oils cannot be taken internally always check the label.