

The Shrine of St. Joseph 2021

Lent



Ash Wednesday	Wednesday, February 17, 2021 <i>(Mass with the Blessing and Distribution of Ashes)</i>	12:00pm (Noon)
+ Stations of the Cross	Friday, February 19, 2021	12:00pm (Noon)
First Sunday of Lent	Sunday, February 21, 2021	11:00 am
+ Stations of the Cross	Friday, February 26, 2021	12:00pm (Noon)
Second Sunday of Lent	Sunday, February 28, 2021	11:00 am
First Friday Mass	Friday, March 5, 2021	12:00pm (Noon)
+ Stations of the Cross	Friday, March 5, 2021	<i>immediately following Mass</i>
Third Sunday of Lent	Sunday, March 7, 2021	11:00 am
	<i>(Annual Mass for Strecker Descendants)</i>	
+ Stations of the Cross	Friday, March 12, 2021	12:00pm (Noon)
Fourth Sunday of Lent	Sunday, March 14, 2021	11:00 am
Solemnity of St. Joseph	Friday, March 19, 2021	12:00pm (Noon)
	<i>(Celebrant Archbishop Mitchell T. Rozanski)</i>	
+ Stations of the Cross	Friday, March 19, 2021	<i>immediately following Mass</i>
Fifth Sunday of Lent	Sunday, March 21, 2021	11:00 am
+ Stations of the Cross	Friday, March 26, 2021	12:00pm (Noon)

Holy Week

Palm Sunday of the Lord's Passion **Sunday, March 28, 2021**
(Mass with the Blessing and Distribution of Palms)

The Sacred Paschal Triduum

Mass of the Lord's Supper **Thursday, April 1, 2021**
Celebration of the Lord's Passion
and Veneration of the Cross **Friday, April 2, 2021**
****Because the First Friday of April is Good Friday, Mass is not celebrated**

Vigil of the Lord's Resurrection **Saturday, April 3, 2021**
Easter Sunday **Sunday, April 4, 2021**

Easter Season

Divine Mercy Sunday **Sunday, April 11, 2021** **11:00 am**
Third Sunday of Easter **Sunday, April 18, 2021** **11:00 am**
Fourth Sunday of Easter **Sunday, April 25, 2021** **11:00 am**
Fifth Sunday of Easter **Sunday, May 2, 2021** **11:00 am**
(Members of St. Joseph Challenge Pilgrimage)
First Friday Mass **Friday, May 7, 2021** **12:00pm (Noon)**
Sixth Sunday of Easter **Sunday, May 9, 2021** **11:00 am**
& Crowning of the Image of the Blessed Virgin Mary
Solemnity of the Ascension **Sunday, May 16, 2021** **11:00 am**
Solemnity of Pentecost **Sunday, May 23, 2021** **11:00 am**



LENT

prayer • fasting • almsgiving

LENTEN OBSERVANCE AND REGULATIONS FOR CATHOLICS — ARCHDIOCESE OF ST. LOUIS

ASH WEDNESDAY - THE BLESSING OF ASHES should take place within the celebration of the Mass or a scheduled service consisting of at least an appointed Scripture reading and a brief homily stressing the meaning of the ashes as a symbol of penance and self-denial. Please refer to the Book of Blessing for additional information that will be of assistance to you in this matter.

In the case of genuine pastoral necessity, the Archbishop has given permission for lay ministers (for example, extraordinary ministers of Holy Communion) to assist the priest and deacon in the distribution of the blessed ashes. The Blessing of the Ashes is reserved to the priest or deacon, and priests and deacons should participate in the distribution of the ashes, whenever possible. They are the primary ministers of the ritual.

REGARDING THE DISTRIBUTION OF ASHES THIS YEAR (2021)

The imposition of ashes is much different this year due to the Covid pandemic. Sprinkling ashes on the head is not a common practice in the United States but it is common in Europe and elsewhere.

The primary reason why the Vatican and the USCCB has called for the sprinkling of ashes on our head in silence, instead of placing them on our foreheads using the traditional words, is to minimize the necessity of physical contact between the minister and recipient and to remove the need for the minister to speak while in close proximity to the recipient.

The sprinkling of ashes on the crown of the head is a very ancient symbol which recalls the biblical method of putting on sackcloth and ashes as a sign of penance. As we read in the Book of Nehemiah, "On the twenty-fourth day of this month, the people of Israel gathered while fasting and wearing sackcloth, their heads covered with dust" (Nehemiah 9:1)

Of course, the tradition of placing ashes on the forehead allows the ashes to be visible to others so the penitential focus of the day is more apparent. This year, adhering to the Gospel of St. Matthew which we hear proclaimed at Mass on this day, the communal, penitential nature of the day will be kept more private.

- Office of Sacred Worship, Archdiocese of St. Louis

ARCHDIOCESAN LENTEN REGULATIONS

"For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him." (John 3:16-17)

The Church has always helped us fulfill these words of Jesus by prescribing very definite penance for all Catholics, so that we too might have Eternal life. Accordingly, the Pope and the American Bishops have outlined obligatory fast and abstinence as follows:

Abstinence: means refraining from meat.

Fasting: means one full meal a day, with two smaller meals and nothing between meals (liquids are permitted).

Ash Wednesday (February 26, 2020) and **Good Friday** (April 10, 2020) are days of abstinence (refraining from meat) for all Catholics from age 14 onwards and Fasting is also obligatory for those from the ages of 18-59.

All Fridays of Lent are days of abstinence (refraining from meat) for all Catholics from age 14 onwards.

No Catholic will lightly excuse himself or herself from this obligation.