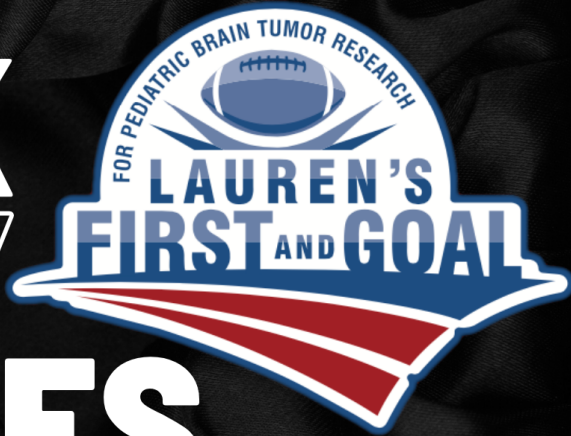


BLACK FRIDAY BUNDLES



SAVE. LEARN. SUPPORT A GREAT CAUSE.

[Offensive Line Off Season Development Bundle](#) - 9 clinic presentations for \$55 - 71% savings)

Includes:

Ron Crook, Virginia Tech - OLine Run Game Fundamentals

Herb Hand, UCF- Six Man Protections - Fundamentals, IDs & Scheme

Adam Cushing, Duke - Creating a Consistent Offensive Lineman

Brian White, Hampton - Offensive Line Off-Season Development










Brendan Walsh, Colgate- OL Fundamentals in Gap Scheme

Pat Flaherty, Rutgers- Developing the Offensive Lineman

Saga Tuitele, Arizona St. - Inside Zone OL Fundamentals and Technique

Pat DeMonaco, Jr., Calgary Stampeders - Off-season OL Development








Jon McLaughlin, Columbia - Maximizing OL Personnel

 <p>OLINE RUN GAME FUNDAMENTALS RON CROOK</p> <p>Ron Crook- OLine Run Game Fundamentals by Lauren's First and Goal</p> <p>Views: 175 \$19</p>	 <p>OFFENSIVE LINE OFF-SEASON DEVELOPMENT BRIAN WHITE</p> <p>Brian White- Offensive Line Off-Season Development by Lauren's First and Goal</p> <p>Views: 159 \$19</p>	 <p>CREATING CONSISTENT OFFENSIVE LINEMEN ADAM CUSHING</p> <p>Adam Cushing - Creating a Consistent Offensive Lineman by Lauren's First and Goal</p> <p>Views: 1361 \$19</p>	 <p>OL FUNDAMENTALS IN GAP SCHEME BRENDAN WALSH</p> <p>Brendan Walsh- OL Fundamentals in Gap Scheme by Lauren's First and Goal</p> <p>Views: 202 \$19</p>
 <p>SIX MAN PROTECTIONS - FUNDAMENTALS, IDS & SCHEME HERB HAND</p> <p>Herb Hand- Six Man Protections - Fundamentals, IDs & Scheme by Lauren's First and Goal</p> <p>Views: 587 \$29</p>	 <p>DEVELOPING THE OFFENSIVE LINEMAN PAT FLAHERTY</p> <p>Pat Flaherty- Developing the Offensive Lineman by Lauren's First and Goal</p> <p>Views: 261 \$19</p>	 <p>INSIDE ZONE FUNDAMENTALS & TECHNIQUES SAGA TUITELE</p> <p>Saga Tuitele - Inside Zone OL Fundamentals and Technique by Lauren's First and Goal</p> <p>Views: 2281 \$20</p>	 <p>OFF-SEASON OL DEVELOPMENT PAT DELMONACO JR.</p> <p>Pat DelMonaco Jr- Off-season OL Development by Lauren's First and Goal</p> <p>Views: 268 \$24</p>
 <p>MAXIMIZING OL PERSONNEL JON MCLAUGHLIN</p> <p>Jon McLaughlin - Maximizing OL Personnel by Lauren's First and Goal</p> <p>Views: 154 \$19</p>			

[3rd Down - Get off the Field Bundle](#) (7 clinic presentations for \$44 - 68% savings)

Includes:

- Mike St. Germain, Kutztown** - 3rd Down Read Pressures
- Blake Harrell, Eastern Carolina** - Winning the Money Down
- Chris Partridge, Michigan** - 3rd Down and Red Zone Bracket
- Ola Adams, Penn State** - Organized Chaos
- Adam Fuller, Florida State** - 3rd Down Teaching
- Mike Ryan, Maine** - 3rd Down Defense
- Jay Bateman, Florida** - 3rd Down Defense

 <p>MIKE ST. GERMAIN 3RD DOWN READ PRESSURES</p> <p>Mike St. Germain - 3rd Down Read Pressures by Lauren's First and Goal</p> <p>Views: 1837 \$19.95</p>	 <p>WINNING THE MONEY DOWN Blake Harrell</p> <p>Blake Harrell - Winning the Money Down by Lauren's First and Goal</p> <p>Views: 997 \$19.99</p>	 <p>3RD DOWN AND RED ZONE BRACKET Chris Partridge</p> <p>Chris Partridge - 3rd Down and Red Zone Bracket by Lauren's First and Goal</p> <p>Views: 7726 \$19.95</p>	 <p>NEW! ORGANIZED Chaos OLA ADAMS</p> <p>Ola Adams - Organized Chaos by Lauren's First and Goal</p> <p>Views: 885 \$19</p>
 <p>ADAM FULLER 3RD DOWN TEACHING</p> <p>Adam Fuller Florida State - 3rd Down Teaching by Lauren's First and Goal</p> <p>Views: 3132 \$19.95</p>	 <p>MAINE DEFENSE THE BLACK HOLE 3rd Down Defense</p> <p>Mike Ryan- Maine 3rd Down Defense by Lauren's First and Goal</p> <p>Views: 2040 \$19.95</p>	 <p>JAY BATEMAN 3rd Down Defense PRESENTED BY</p> <p>Jay Bateman 3rd Down Defense by Lauren's First and Goal</p> <p>Views: 3420 \$19.95</p>	

[Black Friday OC Bundle](#) (10 clinic presentations for \$59 - 70% savings)

Includes:

Hal Mumme - Selecting Personnel

Phil Longo, Wisconsin - Coordinating An Offense

Kyle Ohradzansky, Findlay - Game Week QB Preparation

Andy Sowder, Minnesota - Situational Offense

Kirk Ciarrocca, Rutgers- Building a Run Game

Steve Cooper - Pass Game Organization











Mark Carney, Kent State - Utilizing Shifts & Motions to Benefit Your Offense

Bob Bodine, Mercer- Tricks on forcing opponent defense to simplify their game plan

Jim Collins, Wittenberg - Offensive Game Planning & Practice Organization

Bill Queisert, Kansas- Developing a Run Game Plan in a Multiple Offense

What's included

 <p>Kyle Ohradzansky - Game Week QB Preparation by Lauren's First and Goal</p> <p>Views: 168 \$19</p>	 <p>Andy Sowder - Situational Offense by Lauren's First and Goal</p> <p>Views: 1773 \$19.99</p>	 <p>Kirk Ciarrocca- Building a Run Game by Lauren's First and Goal</p> <p>Views: 700 \$20</p>	 <p>Steve Cooper - Pass Game Organization by Lauren's First and Goal</p> <p>Views: 58 \$20</p>
 <p>Utilizing Shifts & Motions to Benefit Your Offense by Lauren's First and Goal</p> <p>Views: 2101 \$19.99</p>	 <p>Bob Bodine- Tricks on forcing opponent defense to simplify thei... by Lauren's First and Goal</p> <p>Views: 2471 \$19.95</p>	 <p>Jim Collins - Offensive Game Planning & Practice Organization by Lauren's First and Goal</p> <p>Views: 3638 \$20</p>	 <p>Hal Mumme - Selecting Personnel by Lauren's First and Goal</p> <p>Views: 251 \$20</p>
 <p>Phil Longo - Coordinating An Offense by Lauren's First and Goal</p> <p>Views: 6757 \$20</p>	 <p>Bill Queisert- Developing a Run Game Plan in a Multiple Offense by Lauren's First and Goal</p> <p>Views: 181 \$19</p>		

[Black Friday DB Development Bundle](#) from (6 clinic presentations for \$39 - 67% savings)

Dominique Bowman- Defensive Backs Philosophy and Technique

Jeff Mills, Iowa State - Rely on Your Technique





Kyshoen Jarrett, Virginia Tech - Culture of a Secondary: Foundation Fundamentals



Paul Williams, Stanford - DB Drills & Off man Technique

Peter Davila - Defensive Back Development

Mark Washington- Reducing Penalties: DB Techniques

What's included

 <p>NEW!</p> <p>DEFENSIVE BACKS PHILOSOPHY AND TECHNIQUE DOMINIQUE BOWMAN</p>	 <p>DB FUNDAMENTALS: RELY ON YOUR TECHNIQUE JEFF MILLS</p>	 <p>NEW!</p> <p>CULTURE OF A SECONDARY: FOUNDATION FUNDAMENTALS KYSHOEN JARRETT</p>	 <p>NEW!</p> <p>DB DRILLS & OFF MAN TECHNIQUE Paul Williams</p>
Dominique Bowman- Defensive Backs Philosophy and Technique by Lauren's First and Goal	Jeff Mills - Rely on Your Technique by Lauren's First and Goal	Kyshoen Jarrett- Culture of a Secondary: Foundation... by Lauren's First and Goal	Paul Williams- DB Drills & Off man Technique by Lauren's First and Goal
Views: 157	Views: 766	Views: 109	Views: 130
\$19	\$19.99	\$19	\$20

 <p>DB DEVELOPMENT Peter Davila</p>	 <p>NEW!</p> <p>REDUCING PENALTIES: DB TECHNIQUES Mark Washington</p>
Peter Davila - Defensive Back Development by Lauren's First and Goal	Mark Washington- Reducing Penalties: DB Techniques by Lauren's First and Goal
Views: 123	Views: 83
\$19	\$20

[Black Friday - Press Man Bundle](#) (6 clinic presentations for \$39 - 66% off)

Includes:

Casey DeAndrade, New Hampshire- DB: Press Technique

Diamond Weaver, Stony Brook - Press Technique Drills and Fundamentals







Chris Franklin, ECU - Press Man Technique

Gerard Wilcher, Morehouse - Press Man Morehouse College Style

Tre Bell, Akron - DB Philosophy: Press Man / In Phase vs Out of Phase

Derek Jones, Virginia Tech - Man Coverage Techniques & Concepts

What's included

 <p>NEW!</p> <p>DB: PRESS TECHNIQUE CASEY DEANDRADE</p>	 <p>PRESS TECHNIQUE: DRILLS & FUNDAMENTALS DIAMOND WEAVER</p>	 <p>PRESS MAN TECHNIQUE CHRIS FRANKLIN</p>	 <p>NEW!</p> <p>PRESS MAN MOREHOUSE COLLEGE STYLE Gerard Wilcher</p>
Casey DeAndrade- DB: Press Technique by Lauren's First and Goal	Diamond Weaver - Press Technique Drills and Fundamentals by Lauren's First and Goal	Chris Franklin - Press Man Technique by Lauren's First and Goal	Gerard Wilcher- Press Man Morehouse College Style by Lauren's First and Goal
Views: 206 \$19	Views: 400 \$19	Views: 76 \$19	Views: 106 \$19
 <p>NEW!</p> <p>PHILOSOPHY: PRESS MAN IN PHASE VS OUT OF PHASE TRE' BELL</p>	 <p>MAN COVERAGE TECHNIQUES & CONCEPTS Derek Jones</p>		
Tre Bell- DB Philosophy: Press Man / In Phase vs Out of Phase by Lauren's First and Goal	Derek Jones - Man Coverage Techniques & Concepts by Lauren's First and Goal		
Views: 98 \$19	Views: 52 \$19.99		

[LFGF 2023 Special Teams Bundle](#) (12 clinic presentations for \$49 - 79% off)

Tony Caljean, Gannon- KOR: Front Line Drill Progression

Garret McLaughlin, New Hampshire - Special Teams Analytics & Kick Off

Stu Holt, VT - Return Game Principles

Ed Foley- Nebraska Cornhusker Special Teams

Ben Kotwica, Denver Broncos - Punt Install with Technology and Drills

Doug Shearer, UConn - Developing your Program through Special Teams

Blair Cavanaugh, incarnate Word - Special Teams Drills and Skills

Amad Anand, Texas Southern- Kickoff Base Install and Skills + Drills

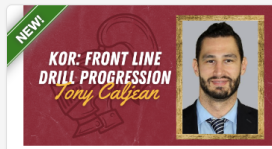
Andre Powell, Pitt- Pitt Special Team Philosophy and Kickoff Coverage

Dennis Long, Monmouth- Kickoff Culture and Drill Work Related to Scheme

Art Link, Delaware State - 2 Shield Punt Circuits

Mike Toerper, Ithaca - Special Teams Philosophy, Game-planning, & Transferable Skill

What's included



Tony Caljean- KOR: Front Line Drill Progression
by Lauren's First and Goal

Views: 110 \$19



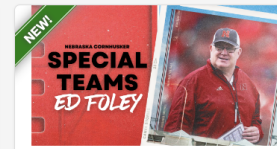
Garret McLaughlin - Special Teams Analytics & Kick Off
by Lauren's First and Goal

Views: 202 \$19



Return Game Principles with Stu Holt
by Lauren's First and Goal

Views: 14 \$19.95



Ed Foley- Nebraska Cornhusker Special Teams
by Lauren's First and Goal

Views: 226 \$19



Ben Kotwica - Punt Install with Technology and Drills
by Lauren's First and Goal

Views: 862 \$19



Doug Shearer- Developing your Program through Special Teams
by Lauren's First and Goal

Views: 156 \$19



Blair Cavanaugh- Special Teams Drills and Skills
by Lauren's First and Goal

Views: 162 \$19



Amad Anand- Kickoff Base Install and Skills + Drills
by Lauren's First and Goal

Views: 184 \$19



Andre Powell- Pitt Special Team Philosophy and Kickoff Coverage
by Lauren's First and Goal

Views: 117 \$19



Dennis Long- Kickoff Culture and Drill Work Related to Scheme
by Lauren's First and Goal

Views: 109 \$19



Art Link- 2 Shield Punt ST Circuits
by Lauren's First and Goal

Views: 162 \$19



Special Teams Philosophy, Game-Planning, & Transferable Skill- Mik...
by Lauren's First and Goal

Views: 303 \$19

[2023 QB Development](#) (6 clinic presentations for \$39 - 66% savings)

Kirk Campbell, Michigan - QB Development & Coverage Identification

Mark Rosenbaum, Princeton - QB Fundamentals

Joey Lynch, Vanderbilt - QB Development

Adam Austin, Tarelton State - QB Evaluation

Jimmy Roberston, Monmouth - QB Development and QB Friendly Schemes (RPO/Pass Game)

Robert Weiner, Toledo - Quarterback - The Mathematical Equation

What's included

The image displays six course cards arranged in two rows of three. Each card has a 'NEW!' badge in the top left corner. The courses are:

- Card 1:** Cover: Kirk Campbell in a white polo shirt and blue visor. Title: "QB DEVELOPMENT & COVERAGE IDENTIFICATION". Instructor: "Kirk Campbell". Views: 394. Price: \$19.
- Card 2:** Cover: Mark Rosenbaum in a black jacket and cap against a red and black tiger-stripe background. Title: "QUARTERBACK FUNDAMENTALS". Instructor: "MARK ROSENBAUM". Views: 204. Price: \$19.
- Card 3:** Cover: Joey Lynch in a black jacket and cap. Title: "QB DEVELOPMENT". Instructor: "Joey Lynch". Views: 328. Price: \$19.
- Card 4:** Cover: Coach Adam Austin in a black jacket and cap. Title: "QUARTERBACK Evaluation". Instructor: "COACH ADAM". Views: 167. Price: \$19.
- Card 5:** Cover: Jimmy Roberston in a white football jersey. Title: "QB DEVELOPMENT & QB FRIENDLY SCHEMES (RPO/PASS GAME)". Instructor: "Jimmy Roberston". Views: 217. Price: \$19.
- Card 6:** Cover: Robert Weiner in a blue sweater. Title: "QUARTERBACK- THE MATHEMATICAL EQUATION". Instructor: "ROBERT WEINER". Views: 558. Price: \$19.

[Lauren's First & Goal Option Bundle](#) 4 courses for \$24 (76% off)

Includes:

- Ralph Isernia - RPI Triple Gun Offense
- Tony Valentino- Triple Option OL Drills & Techniques
- Cody Worley- Option Framework and Fundamentals
- Brent Thompson - Triple Option Base Concepts
- Wes Flemming - Game Planning Your Passing Attack

What's included



Ralph Isernia - RPI Triple Gun
Offense
by Lauren's First and Goal

Views: 3579

\$19.95



Tony Valentino- Triple Option OL
Drills & Techniques
by Lauren's First and Goal

Views: 198

\$19



Cody Worley- Option Framework
and Fundamentals
by Lauren's First and Goal

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\$19.95



Brent Thompson - Triple Option
Base Concepts
by Lauren's First and Goal

Views: 1668

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Wes Fleming - Game Planning
Your Passing Attack
by Lauren's First and Goal

Views: 1184

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