

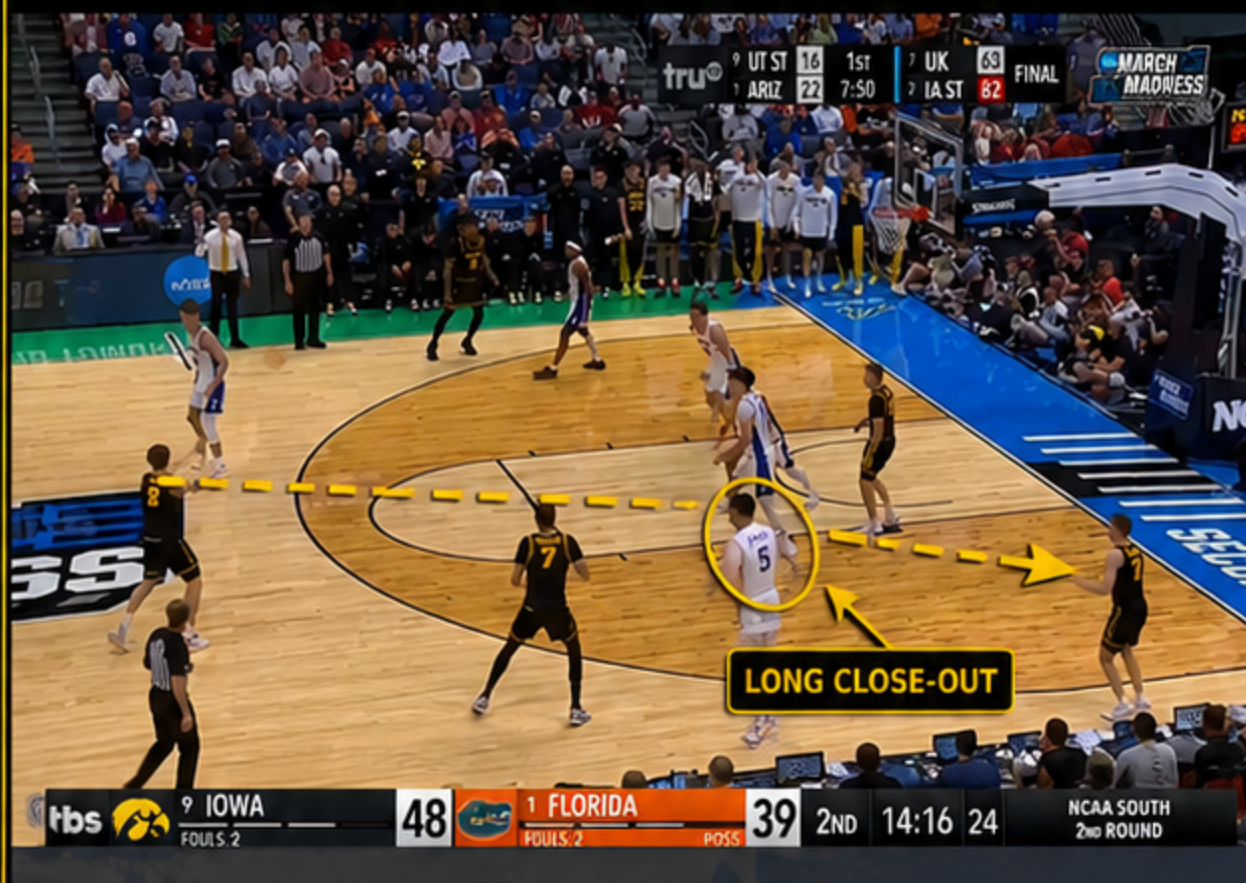
GOOD BALL MOVEMENT 4

SERIES: PENETRATION & POST OFFENSE DNA CATEGORY: CREATE AN ADVANTAGE

THE ADVANTAGE DNA™

- 1 4 passes to a cutting 1.
- 2 1 quickly reverses the ball out to 2.
- 3 The reversal shifts the defense.
- 4 5 and 3 trail the play.
- 5 2 hits 3 on the trail.
- 6 The extra ball movement forces a long close-out.
- 7 The trailing shooter catches in rhythm.
- 8 Iowa plays the advantage.

ADVANTAGE FRAME — 14:16 2ND HALF



PAUSE HERE

Great ball movement creates the long close-out. The reversal from 1 to 2 shifts the defense. 5 and 3 trail to keep the floor balanced and force the shell to keep moving. 2 hits 3 on the trail, and the defense has to cover ground. That extra ball movement makes the close-out long and late. The trailing shooter catches in rhythm with a clean look.

ACTION BREAKDOWN

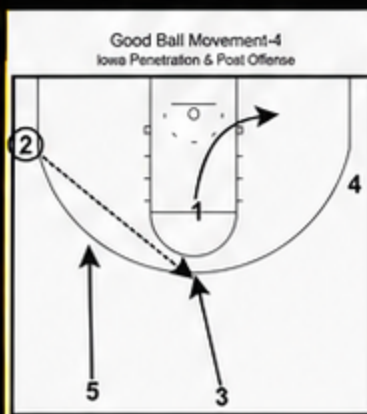
1. REVERSE IT



1. In transition, 4 passes to a cutting 1 and then reverses out to the 2.

1 is in transition, 4 passes to cutting 1. After the cut, 1 quickly reverses the ball out to 2.

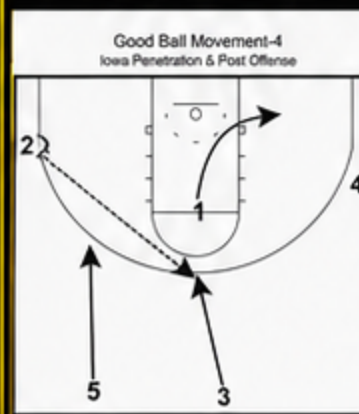
2. TRAIL THE PLAY



1. 5 and 3 trail the play.
2. 2 hits 3 on the trail for an open 3.

5 and 3 trail the play to keep the floor spaced. 2 hits 3 on the trail for an open three.

3. LONG CLOSE-OUT



1. 5 and 3 trail the play.
2. 2 hits 3 on the trail for an open 3.

The extra ball movement forces the defense to cover more ground, creating a long close-out to the shooter.

COACHING INSIGHTS

WHY IT WORKS

Great ball movement forces the defense to shift more than once, which creates a longer close-out to the shooter.

DEFENSIVE REACTION

Florida's defense is late matching the trail shooter because the reversal and second pass stretch the shell.

OFFENSIVE READ

Recognize the late close-out, catch in rhythm, and be ready to shoot or attack the close.

COACHING POINT

Teach your players that the value of the extra pass is not just movement — it is creating longer, later close-outs.

STEAL THIS IDEA

Use reversals and trail action to make the defense move side-to-side and then back again. The more you make them move, the longer and later their close-outs become.

DNA TAKEAWAY

BALL MOVEMENT CREATES THE LONG CLOSE-OUT. PLAY THE ADVANTAGE.