

GOOD BALL MOVEMENT 2

SERIES: PENETRATION & POST OFFENSE DNA CATEGORY: CREATE AN ADVANTAGE

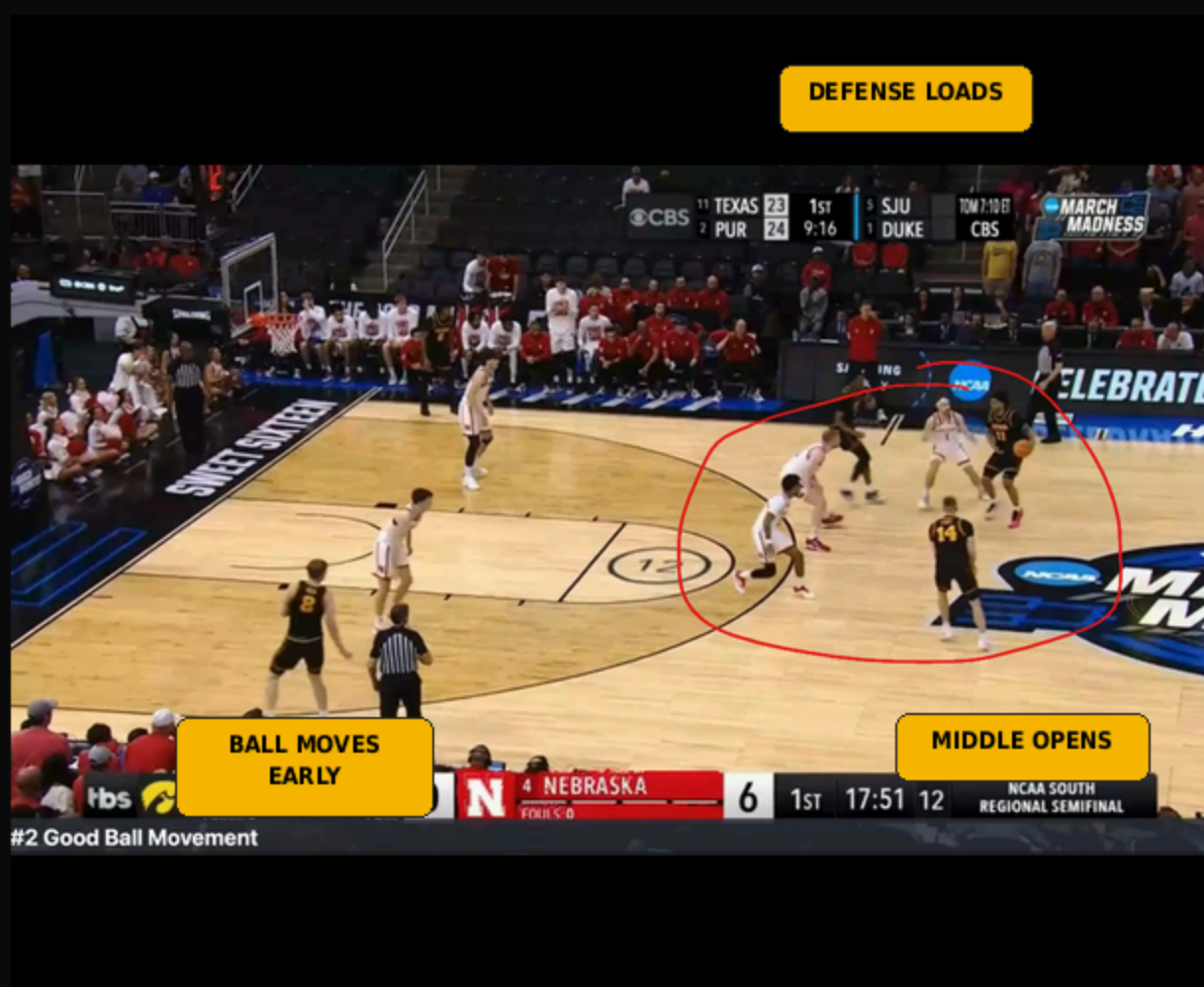
IOWA

HAWKEYES

THE ADVANTAGE DNA™

- 1 Iowa reverses the ball to 2 on the right side.
- 2 1 begins lifting out of the paint toward the top.
- 3 5 follows the reversal and arrives to ball screen for 2.
- 4 Nebraska loads multiple defenders toward the ball-screen action.
- 5 2 moves the ball to 1 before the screen is fully used.
- 6 The lift changes the angle and catches the defense leaning right.
- 7 1 attacks the middle immediately off the catch.
- 8 Iowa turns defensive anticipation into a direct rim attack.

ADVANTAGE FRAME — 17:51 1ST HALF



PAUSE HERE

Nebraska is loading up on the right-side ball-screen action before Iowa ever uses the screen. That anticipation is the advantage. As 1 lifts from the paint to the top, 2 moves the ball before the defense can flatten out. The pass changes the angle of attack and gives 1 a clean runway into the middle.

ACTION BREAKDOWN

1. REVERSE + LIFT



The ball reverses to 2 while 1 begins lifting from the paint. Iowa changes the floor before the defense can settle.

2. SHOW BALL SCREEN



5 follows the reversal and arrives to screen for 2. Nebraska loads toward the anticipated ball-screen action.

3. ATTACK THE MIDDLE



2 hits the lifting 1 before fully using the screen. 1 attacks immediately off the catch for a rim attempt.

COACHING INSIGHTS

WHY IT WORKS

The defense prepares for the ball screen before it happens. Iowa moves the ball early and attacks the space created by that anticipation.

DEFENSIVE REACTION

Nebraska loads multiple defenders toward 2 and 5 on the right side, shrinking the floor around the expected screen.

OFFENSIVE READ

If the defense loads early, do not force the screen. Hit the lifting guard and attack the open middle before the shell can recover.

COACHING POINT

Ball movement must be early. Lift with pace, catch ready to drive, and punish defenders who are guarding the next action instead of the current one.

STEAL THIS IDEA

Use the threat of a ball screen to move the defense even if you never use it. When defenders load early, reverse or lift the ball before the screen arrives and attack the space they just abandoned.

DNA TAKEAWAY

MAKE THE DEFENSE GUARD THE SCREEN.
MOVE IT BEFORE THEY ARE READY.
ATTACK THE SPACE THEY LEAVE.