

SLOT CUTS 1

SERIES: CUTTING & 3PT OFFENSE | DNA CATEGORY: CREATE AN ADVANTAGE

IOWA

HAWKEYES

THE ADVANTAGE DNA™

- 1 5 attacks from the corner and drives the baseline.
- 2 The baseline drive pulls the low help toward the ball.
- 3 4 lifts from the slot instead of standing in the driver's path.
- 4 The lift clears the middle and stretches the next help defender.
- 5 1 and 2 lift behind the cut to keep the floor spaced.
- 6 Florida is forced to cover the rim and the slot at the same time.
- 7 The driver reads the help instead of forcing the finish.
- 8 Iowa now has a clean passing window created by movement behind...

ADVANTAGE FRAME — 2:18 2ND HALF



THE BASELINE DRIVE PULLS THE HELP DOWN. THE SLOT LIFT OPENS THE NEXT WINDOW.

ACTION BREAKDOWN

1. BASELINE DRIVE

1. 5 drives from corner.
2. 4 cuts from the slot.

5 drives from the corner and attacks the baseline. The drive forces the low help to commit toward the rim.

2. SLOT LIFT

1. 5 drives from corner.
2. 4 cuts from the slot.

4 lifts from the slot as the baseline drive develops. The lift clears the driver's path and stretches the next defender.

3. LIFT BEHIND THE CUT

1. 5 drives from corner.
2. 4 cuts from the slot.

1 and 2 lift behind the cut so Iowa keeps multiple passing windows alive while the defense is still collapsed.

PAUSE HERE

Florida is loaded toward the baseline drive, but Iowa does not let the weak side stay static. The slot player lifts as the ball goes down the baseline, which stretches the next help defender and clears the middle. At the same time, the guards lift behind the action. The result is a much longer recovery path and a clean passing window out of the drive.

COACHING INSIGHTS

WHY IT WORKS

The baseline drive forces the defense down and inward. The slot lift immediately stretches that help back up the floor, creating a larger passing window.

DEFENSIVE REACTION

Florida sinks to protect the rim. Once the slot lifts, the helper has to decide between staying in the lane or recovering out to the perimeter.

OFFENSIVE READ

Read the defender between the rim and the lifted slot. If that defender stays low, spray it out. If the defender leaves early, keep attacking the baseline.

COACHING POINT

Lift on the drive — do not wait for the pass. The timing of the relocation is what creates the distance the defense has to recover.

STEAL THIS IDEA

Do not let perimeter players become spectators on baseline penetration. Lift the slot as the ball goes down the baseline and lift the guards behind the cut. That movement stretches help in two directions and turns one paint touch into multiple passing windows.

DNA TAKEAWAY

DRIVE THE BASELINE.
LIFT THE SLOT.
STRETCH THE HELP.