

# The Follow Through

Arthur Cristian

With input from Adon Bender, Adrian Laughery and Fiona Cristian

23<sup>rd</sup> February 2019

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It is ONLY MAN'S fruits of labour that exist with the power of creation that generates the essential follow through of life. It is the good heart of MAN'S life that directs the follow through of life for the greater good of life.

Nurture your partner and the follow through of the good heart of life flows on and on and on and we benefit from that life and no money, commerce, rule of law, religions, technology, telecommunication, science, engineering, government and its bureaucracies is required for the follow through of life to happen - the follow through of life happens anyway.

Love the children and family and the follow through of the good heart of life flows on and on and on and no money, commerce, rule of law, religions, technologies, telecommunications, science, engineering, government and its bureaucracies is required for the follow through of life to happen - the follow through of life happens anyway.

Care for nature as we co-create with nature and the follow through of the good heart of life flows on and on and on and no money, commerce, rule of law, religions, technologies, telecommunications, science, engineering, government and its bureaucracies is required for the follow through of life to happen - the follow through of life happens anyway.

BUT you can't do this with "The System" or anything of "The System" because it is all DEAD, lifeless and, without the essential consciousness of the will of the good heart of life to hold, create and distribute the follow through of life to benefit all of life, all of MAN'S fruits of labour stops dead in its tracks.

The architecture of "The System" is made up of delineated boxes designed for us all to fit into, as is the government and the rule of law, all careers, interests, religions, etc, and there is nothing of the good heart in any of the boxes of definitions that we are forced into, if we are to have any place in "The System". These boxes are forced on us from the moment we appear in the womb because everyone all around us is already living in and out of delineated boxes of pure fantasy.

Definitions form the fantasies of our perceived realities and "The System" is built ONLY out of definitions and, collectively, the definitions form the boxes of architecturally

designed, predetermined lives. The alphabet languages are the programming of these delineated boxes set into motion by everyone forming the fake system lives of robotic-drone-slaves living out of and for these delineated boxes of pure fantasy. The boxes dominate us and the bureaucracy of the boxes we use to dominate others is played out in every facet of our system lives as we diminish the follow through of the good heart because the diminishment of the good heart has become our god.

As we place the good heart into everything we believe is the right thing, as in our religions, philosophies, job descriptions, lifestyles, etc, all we are doing is regulating the follow through of the good heart so that scarcity appears where there was none. We do not realise that all the e-motions that form our opinions, attitudes and actions leading to our complaints and scarcity of the good heart are the fear of not being in control and of having to confront and face the delineated boxes we have adopted as a defacto personality and how they clash with the delineated boxes of others that seem to be dominating ours.

We imagine sleights and harm where there was no intention to harm and this prevents us from seeing the bigger picture of the follow through of the good heart and, without closure, we are left as the aggrieved with accusations about our delineated boxes having been injured, not realising that the e-emotional hurt is just imaginary. With everyone practising their e-emotional injuries since early childhood, the scarcity of the follow through of the good heart has taken over and is what forms system life with the social engineering of political correctness, public liability insurance and gender engineering leading to discrimination, censorship and racism. For more on this topic, go here <http://loveforlife.com.au> and explore the home page and the links to Love For Life documents you can read or download.

How easy is it to change the course of a river, if we interfere with nature? A river naturally has estuaries and off shoots, all of which can have villages and nomadic tribes living around them, living off the follow through of the good heart of consciousness that is the river. But, if the course of the river is changed so that it only benefits a few, the good heart of life that is the river is taken away from all the villagers and they no longer receive the follow through of the good heart of the river of life. They are then forced to rely on intermeddlers, interceders and interlopers, mostly complete strangers, dictating the follow through of the flow of the river of MAN'S life regulating everything of life.

How easy for some to become overpowered by greed and selfishness and the lust for power and control over the river of life and then to form the architecture that embodies the engineering of the lustful so that the villagers never have free access to the river - only to the few trickles fed to them through pipes into their homes that they pay for by their fruits of labour? Where is the follow through of the good heart in depriving MAN of nature's abundant resources and then forcing MAN to labour to make the fantasy of

money to pay for the resources that were already provided naturally before "The System" came along?

The follow through of the good heart has been severely compromised, with 99% of men and women forced into the boxes of the regulations of scarcity while the tiny few benefit from the control of the follow through. Even those who try to "get ahead" find more and more boxes of the regulation of scarcity that they have to fit into because you are not allowed to have the follow through of the access to wealth that would threaten the power and control of the tiny few. You are only allowed access to notional, arbitrary wealth which is why everyone in "The System" experiences legitimised/legal theft, expropriation, misappropriation, dispossession and displacement.

There are multi-millions of good-hearted men and women who have served "The System" for the last 40 - 80 years but where is the follow through for their lives at the end of their lives? It is the scarcity of system life that leads everyone to support the scarcity of "The System" for everyone else because they have to cling on to the scraps that they have managed to claw together and they need "The System" of scarcity to protect their scraps that are the comfort of their system lives, whether they fight for capitalism, communism, socialism, patriarchies, matriarchies, feudalism, etc.

It is their belief in scarcity that has them keep going to work and keep holding onto what they think they have with immense fear as the scarcity of the good heart in their lives pushes out the magnificent abundance of the good heart. This is what they have been brainwashed into through the education and social and gender engineering of "The System"; they have been trained to change the natural course of the river that is the follow through of the good heart. Most get caught up in the e-motional dramas of their delineated boxes so they forget about their life creation of the abundance of magnificence of life where the good heart follows through for the benefit of all. They all practise scarcity, living for it, fighting for it, dreaming it, worshipping it, upholding it and protecting it.

The supposed wealth of owning acres of land is actually scarcity because they doubt the abundance of the good heart so they have to turn a blind eye to the horrors of scarcity around them because not to do so threatens their "wealth", which is empty because without the follow through of the good heart, there is no soul (real, living uncompromised freedom, truth, peace, joy, calm, abundance, etc) there.

No matter how much they play with bureaucracy and all the justifications that come with the e-motional behaviour they have practised all their lives, their wealth is as nothing because it is the scarcity of the good heart and there is no follow through of the good heart there. People think that they are doing the right thing but they are just supporting the scarcity. Everything of "The System" is scarcity so there is no place for abundance there. All sickness and disease stems from the denial and blocking of the follow through of the magnificent good heart and the doubt about the magnificence,

even though the sun still shines, the air is still there to breathe and the abundance of nature is everywhere - we have never been abandoned by the good heart yet we live as if we have. Many try to block the problems of the scarcity with charitable acts and donations but these are only band aids temporarily mopping up some of the bleeding and allowing most to spend the whole of their system lives turning a blind eye to this psychotic sickness that has befallen everyone in "The System".

Everything of "The System" is this e-motion of scarcity being played out, blocking the follow through of the good heart. The predetermined boxes that define the soullessness of their lack of the good heart's follow through, is the robotic-drone-slave status and enterprise in making sure scarcity is upheld wherever possible, and the magnificence of abundance shunned in every way imaginable.

Peel away all the man-made religions, laws, political preferences, opinions, philosophies, justifications and praise worthy celebrations glorifying "The System" with its wondrous phenomena of "system" lives back to its core, and you will see/sense that we are all living amongst scarcity and this is ONLY what life in "The System" is all about = homelessness, poverty, malnutrition, displacement from land, cruelty, injustice, invasion, war, rape, pillage, plunder, persecution, ridicule, abuse, incarceration, corruption, collusion, deceit, lies, committing fraud, greed, selfishness, power and control trips, etc, etc.....

There is no good heart in government which is only providing intermediaries, intermeddlers and interceders between MAN and nature and MAN and MAN when the MAN only has to go directly to the tree to get the fruit and the MAN only has to go to the MAN to sort out matters between MAN and MAN. Instead those in the government manipulate the flow of money so that the dollar, or the value of whatever currency, is gradually diminished in value over the years until what you can buy with \$1 dwindles to almost nothing as the follow through of the dollar is squeezed ever tighter until the river villages can no longer afford the water because the money they receive for their slabour (slave labour) has decreased in value so much that they have to work all hours of the days, weeks, months and years just to be able to pay for the most basic necessities, all of which are provided for free as the follow through of the good heart of life as nature. As the dollar value diminishes, we have become slabourers

We have already had government for the people and the dollar backed by the Gold Standard owned by the people and all the assets of the government owned by the people with a powerful follow through in the blossoming of a middle class and the chance to build system wealth and look what has happened. We trusted the men and women, mostly strangers, who acted as the government but they engineered the disasters we are all facing today because they have created all the delineated boxes overseen by the rule of law and all the enFORCErs of bureaucracy and all you want to do is re-set the modus operandi of "The System" to repeat the disasters of civilisations that are now nothing more than archaic remains all across earth. But how are you re-

setting all the hearts of those who benefit from "The System" and don't want to free up the land so that men and women can live peacefully all across earth enjoying the follow through of the fruits of their labour for the benefit of everyone?

How can you guarantee that your re-set government will not repeat the same mistakes? Isn't it better to live off the land with everyone having free access to the land and leaving each other alone? And if some men and women want to cause trouble, there is a community there to deal with them at the local level. 99% of men and women do not want to spend their time on bureaucracy, having power and control over others or on taking advantage of others, so that those who DO want the power and control can easily get into positions of influence, even while they use lackeys and puppets to do all their dirty work.

Our problems are always at a local level because we all live locally.

Have you ever met anyone who doesn't live locally?

Across "The System" generations of the enslaved, the greedy and lustful have created problems wider than local that need to have regulations greater than local. Then they created problems at state level, leading to more regulations at a local level, and then they created problems at a federal level and an international level, all of which have allowed them to create more regulations at a local level. Can't you see that all the hungry, insatiable mouths of the private corporations and the institutions are only eating the fruits of MAN'S labour so that the follow through for 99% of the population has dwindled almost to nothing of value, to scarcity?

Why is it that you feel that you need someone to tell you how to live, what to think and what to do? Can you not take full responsibility for your thoughts, feelings and actions? Can't you see that the reason you think you need a government is because you have been spoon-fed all your life by others telling you how to think, feel and act because they want to control the follow through of the fruits of your labour and that of other people? And that you are being spoon-fed crap to keep you thinking that the control of the river is necessary for us all to live together peacefully?

Where is the follow through of the good heart from the government in your life that flows on through the generations to come so that they have free access to all the abundant resources of earth without interference from the intermediaries, intermeddlers and interceders? Can't you see that the follow through has dwindled to almost nothing under the flags of the nations that are the Pax Romanus (peace treaties) of the dominators over the dominated? And you want to re-set slavoury under a new version of the Pax Romanus?

Since when has a government not been a Pax Romanus?

Can you guarantee that you will be able to oversee the strangers you put in positions of power in your re-set government of slavery and that they will not usurp their power and control over slaves to keep the follow through of the fruits of labour of the men and women who bow down to them being diverted to benefit only those in power?

What else does a government govern, if not the follow through of the fruits of the labour of the people?

The only reason we have a government is to control the follow through of the fruits of labour of the men and women under the government (government, government = govern the mind of men), which is just men and women lusting for power and control over their brothers and sisters on the land that we are all still on but that we have been conned into thinking that we can divide, sell and own so that most of us no longer have free access to the land which means that the follow through of the fruits of our labour can be controlled so that the follow through of our good hearts is only benefiting those who have gained the power while those that we care for get almost nothing, just the crumbs from the tables of the rich.

Can you tell us how your re-set government is going to solve the haves and have nots issues without having to dissolve itself because to have a government is to deny unconditional, free access to the basic tenets of life that are land, water, shelter and the space to grow food?

Can you not see multi-millions of people deeply brainwashed and enchanted by fake entertainments and system controlled distractions all-the-while constantly living in DEEP STATES OF SCARCITY going to shops, supermarkets, shopping centres, fast food outlets and restaurants to buy everything they need to live day by day, while constantly still sucking on the nipples of private corporations for water, energy, shelter, transport, health, telecommunication, education, etc? And can you not see that it's ONLY from amongst these deeply brainwashed slaves where you find the passionate promoters of "The System" fighting to maintain scarcity at all cost, peddlers of absolute stupidity determined to put down others questioning the many foils and pitfalls of "The System"? Those of us determined to bring back the abundance of the magnificence of the follow through of the good heart are laughed at, openly or in private, and our efforts considered "too hard" for most.

The remedy is Kindom where people take full responsibility for their lives and we create food forests upon all the lands across earth that have been destroyed, leaving the best bits for all to enjoy. Restoring the worst pieces of land into the magnificent abundance of food forests, each family/group can have a hectare of land to create these food forests and share the abundance of the fruits of their labour as part of a conscious community working together for the greater good of everyone and any problems in the community are sorted out by the community AT A LOCAL LEVEL. Each family's domain can never be bought or sold and can be passed on through the

generations of the family unencumbered by death duties, taxes and other forms of displacement from land.

The food forest is the government because it is the magnificence of the consciousness of the flow of life of the good heart through everything of life. The follow through of the flow of the river of life is untampered with, allowing the river of life to flow to everyone. LIFE IS A GIFT is the natural song the river sings. Those who want to return to nomadic life are free to wander all across earth without hindrance and the only guideline is DO NO HARM, leaving a legacy of abundance and freedom for the generations to come.

To re-set government is to leave a legacy of scarcity. Why would you want to create a counterfeit government of unconsciousness, of deeply brainwashed men and women who want to take all the fruits of your labour away from your family so that they have to live lives of scarcity, and at best, put in place a one world, green, eco-friendly, sustainable federation of protection for slabourers (everyone) bound to a whole lifetime of fulfilling community quotas to appease federation representatives, each operating at a local level?

This is why Arthur Cristian and Adon Bender will never return to "The System" as bonded slabourers.

Written 23rd February 2019 by Arthur Cristian, Adon Bender, Fiona Cristian and Adrian Laughery during the dismantling of the Love For Life food forest garden in the rental property Arthur and Fiona have been living at for 13 years since November 2005 and the re-location of all the materials into storage until we can move to the motherland to create in this life where the follow through of our fruits of labour are never interfered with ever again. See <http://loveforlife.com.au>

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This post was in reply to Fab Martin who FB PM'd Arthur the following..... "Hello, please join this group to help Reset Parliament in Australia. The aim is to restore lawful government by essentially combine the best features of Independent & Party Candidates. Please invite more people, that you trust, to the group; and ask them to do so as well. Thank you.

<https://www.facebook.com/groups/982649231926763>" RESET Parliament (Australia)

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Arthur Cristian

23rd February 2019 13:35

Am completely out of "The System" since 2006. 😊

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Fab Martin

23rd February 2019 13:39

sure, but how is that working for you? maybe you should re join it to make the place a better place?

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Arthur Cristian

"It is ONLY MAN'S fruits of labour that exist with the power of creation that generates the essential follow through of life. It is the good heart of MAN'S life that directs the follow through of life for the greater good of life....."

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23<sup>rd</sup> February 2019

Link: <https://www.facebook.com/arthurcristian/posts/10218352145783078>

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5<sup>th</sup> March 2019

Arthur Cristian

Raised in "The System", most of us are still deeply traumatised and, with the hijacked good heart being misappropriated through wearing rose coloured glasses, we end up illuminating the images of strangers into being those nice, good hearted, people we dream for. Lost in a pantomime of pure fantasy, all we are really doing is kidnapping the vessels/lives of strangers so we can impersonate them throughout the relationship we've formed with them. We have turned them into fictitious, good hearted characters that we are performing in the trauma of our fantorgasmic dreams that we have used to escape from reality since early childhood when the attacks of trauma began on us. Being sensitive and constantly vulnerable to imaginary sleights, we have practiced metamorphosing reality into pure fantasy because reality is just too painful to deal with. We end up in fucked up relationships where we try to rescue others because we are playing the part of the characters of heroes and heroines in these dreams of pure fantasy that make us feel better. We are compensating for all the harm, ridicule, abuse,



put downs, self-esteem, etc, issues, we've been wrestling with from so very young, and sadly, many of us will never wake up from this traumatic deep sleep - the fairytale is everything we have used to survive "system" life, and so the fear of loss and death is massive and we go to our graves without ever really waking up.

We are the heroes and heroines to our careers, our mortgages, our skills, our athletic prowess, our good causes, our benevolence and our relationships and system life just keeps rolling along and nothing ever changes. We are the heroes and heroines of our cosy lifestyles and we huddle and cling to them amongst the war zone of our chaotic "system" lives. We manage the chaos brilliantly and therefore need the chaos to be able to manage it brilliantly so that we can continue being the heroes and heroines that we need to be to feel good about ourselves. This is why we are constantly being fed hero stories by Hollywood so that we can identify with the heroes and be the heroes in our stories while we are used, abused, raped, pillaged and plundered. The follow through for us is that we get to be the heroes when in fact we are just pawns. Most of our relationships are fake, full of good-hearted sentiment though they may be. Most of us are not yet capable of really loving someone without conditions, barriers, expectations, aspirations and the illumination of our fantasy projected over each other. No wonder we cannot work together peacefully.

Below is an example of this good-hearted trauma in practice.

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5<sup>th</sup> March 2019

Link: <https://www.facebook.com/arthurcristian/posts/10218424954163242>

Can you thread the camel through the eye of the needle?

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Arthur

How is your garden?

We're now heavily into the transplanting while finishing off the clean-up. Have to convince confused brothers and sisters to not change the locks on the garage until later this week.

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Sanitised

Well the garden is dead and its fruits rotting. Trying to have no attachments. Will simply ask why no one watered. Evidently not a higher priority.

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Arthur

The kindom dream is beyond them. Their "sustainability" is all to do with keeping all the good bits of "The System" and you know where that leads. When I heard her voice talking to you the other day. I could feel that she is not where your heart is going. Having good hearts with good sentiments is just not enough. To get where we all need to be with Kindom is going to raise the bar beyond just wanting the good bits of "The System" - the self-obsession with all its dramatic performances will shun the Kindom dream. It's the way of the beast still prowling amongst the good hearted.

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Sanitised

Sadly true...

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Arthur

Carrying the load on your own is not the kindom dream - each of us committed to being the load of the wind raising each other up to Kindom is where it's all at and this requires complete sacrifice of the delineated boxes of the narratives of self-obsession running the fake persona. Move on from the confusion, the confused (the lost) have no passion for the Kindom dream - the doubt, uncertainty and the fear etc, still runs their lives all-the-while believing its their good heart leading out front. The beast is so very cunning - the guile is brutal.

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Sanitised

Will wander across the broken lands to network and plant for the abundance we all dream for. I aspire for this network of Wo/Men to become established so that I can have this stability. By doing this for the last 8 years + it's already granted this stability through relations of good will...

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Arthur

We cannot rescue anyone - we must find those kindomers amongst us and work together to build the Kindom dream out of the raising of the bar that goes far beyond just latching on to the good bits of "The System" and resting there - the deep asleep will never face all the bad bits that come with all the good bits of "The System", this includes all the TRAUMA of their "self-obsession" - the shit attitudes keeps on keeping on while they survive with fake smiles and laughter releases but the beast still has them by the balls - the grip remains very tight.

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Sanitised

Indeed.

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Arthur

Let's get a real Kindom of the ground and when it's done you can be a food forest nomad for the rest of your life cultivating food forests in the hearts of others as you create one with them to get them started. If we don't break the back of "The System", most will continue to flock into the arms of the beast believing it's the calling of their good hearts.

We must collapse "The System" before the eyes of the lost and confused and this happens when a living Kindom example set amongst "The System", the light brought into the immense darkness, is thriving and the lost and confused can directly experience no man being underneath another man, no money, no commerce, no barter, no brainwashing, etc, etc, just men and womben and their children of MAN thriving in a living dream of (live in the dream of Kindom they hold that is) paradise where the heart rules supreme and no traces of the beast (self-obsession - what's in it for me, etc)) lingers amongst them, anywhere - it was all murdered in the mud room and their hearts is the community immunity spreading out its aura of Kindom as far and as wide as they can hold the Kindom dream.

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Sanitised

Still waiting for the unvitiated, unfettered space to co-create this profusion for everything else to blossom from.

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Arthur

It comes from the group dream making it happen here and now in this life instead of waiting for it to come and then going there. Kindom is the living dream we hold and live for and its amongst those committed where Kindom blossoms out of - all else, no matter where they are across earth are those good hearted still deeply entangled with the beast. They will only drag you down as you've again experienced it.

Discipline and focus is a huge part of co-creating Kindom.

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Sanitised

Those renting/holding the rights of ownership are most bound hence why no one has offered you and those among you the space to have the basics of land/water...

I must develop the relationships and rapport before I can get the unfettered space to create what I want to create/build. This will come from a soul who's grown enough to have a reason to trust me and my potential follow through. You're in the same "boat"...

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Arthur

Exactly, and Kindom comes from the good heart gifting what they have of "The System" to support the Kindom dream. It's the ONLY way Kindom can blossom out of "The System". We must be the light of Kindom for those lost in the darkness to return to and they return as they gift of their good hearts no matter what it is they are gifting but those of us of Kindom must have the discipline, focus, strength, etc, to say NO when NO is required and Yes when Yes is required. so that Kindom is never compromised long term or short term.

You need to sense/know what is coming at you from out of "The System" and be diligent, discerning and vigilant as to what comes through into the Kindom dream of our hearts and what must be locked out, this includes friends, marriage, things, etc, etc, none of which is spoken demonstratively because this is not about an us and them scenario and all to do with being fully responsible for holding the big picture of the Kindom dream so that the beast is unable to entangle itself into the Kindom dream we hold.

Those infected, all have good hearts and must never pass through the gates into Kindom - they remain entangled in the mud room and from there they flee of their own accord because there is no light for the moth to dance with. The fantasy wears out real fast with the lost.

If you can't rout out all the beastly crap entangled with the good hearted, Kindom will be destroyed before your eyes, just as our ancestors pre the fall into fantasy, believing fantasy is reality, destroyed paradise for all of them "long-ago".

When we are truly awake/conscious we can thread the camel through the eye of the needle ALWAYS. You will learn all about this from us down-the-line. :) <3

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Sanitised

(Y)

How long until, out of necessity, we have to just walk onto the land and start the process. How long do we wait for others to gift us this space through these arbitrary systems of scarcity and ownership. An 'unalienable right' is access to what is Wo/Man - which is land - yet here we're in this predicament of displacement and misappropriation denying ourselves what's meant to be.

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Arthur

<3 <3 <3 <3 <3 <3 <3 <3 (Y) :)

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Sanitised

Our unfaltering adherence to the system will always render our dream nothing other than a dream -- not a reality for others to partake in and life to flourish from...

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Arthur

It's what we do IN THIS LIFE and NOT what they do.

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Sanitised

Indeed it is. Yet what we do is denied and impaired because of this 'rule of law' 99% uphold.

So many feel it to their core - yet there's still no community with the diligence to oversee the process bar the ones in the displacement predicament. The ones with their heart in custodianship and 'self-reliance' are few and far in between, let alone those willing to delegate the space for others to build it from the ground for us all to enjoy...

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Arthur

Truck and excavator coming soon. Catch up later bro. 😊 ♡ (Y)

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Sanitised

They 'forgot' to water the garden as they were expecting me to be gone for just a 'few days'. Which is true - I left for longer than I initially stated. I told them to forget the desire for bigger annual systems if we can't manage this one.

Cya dude best of luck!

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Arthur

The heart steps in always where the dream of the heart is being held.

The opposite applies too.

There is no excuse no matter the circumstances.

If the sun got an invitation to go to a party at galaxy 56478wevy7 and turns to life (planets, moons, nature, MAN, etc) and says... "guys, I'm going away for a few days - see you when I get back" and off it goes.....

What happens to all of life in relationship with the sun if the sun is gone for just one moment, yet alone weeks or months because the party kept on going and going. and fun was had by all???

Where were those of life to carry the responsibility the sun gave up??

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Sanitised

Should be held by all the sons of the original son of Man.

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Arthur

Get past all the bullshit. Catch up later.

Does the mother give up the child because the child stayed away and went off the rails???

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Sanitised

Happens both ways doesn't it?

(Y)

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For more Love For Life insights go here: <http://loveforlife.com.au>