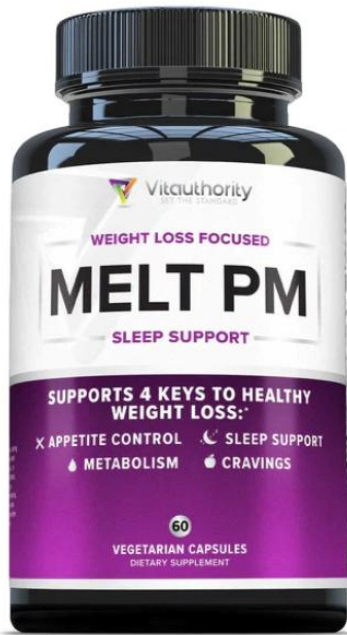


Vitauthority Melt PM Sleep Support



Vitauthority Melt PM Sleep Support is a dietary supplement that claims to help you fall asleep faster and stay asleep longer.






Melt PM - Metabolism Supporting Sleep Aid

★★★★★ 287 Reviews

1. Purchase Type:

One-time Purchase \$39.99

or 4 interest-free payments of \$10.00 with  sezzle ^①

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3

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It contains a blend of ingredients that are thought to promote relaxation and sleep, including:

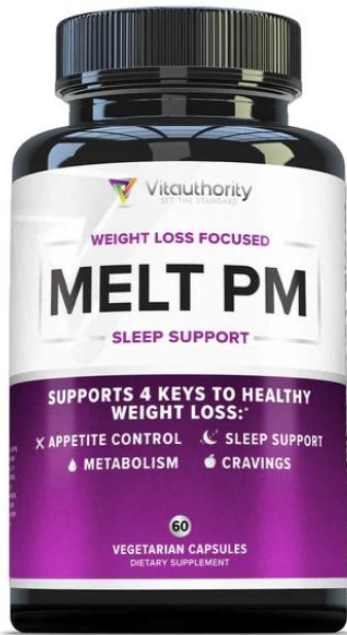
- L-theanine: An amino acid that has been shown to reduce anxiety and improve sleep quality.
- Ashwagandha: An herb that has been used in traditional medicine for centuries to reduce stress and improve sleep.
- Sensoril Ashwagandha: A patented form of ashwagandha that is thought to be more bioavailable and effective.

- GABA: A neurotransmitter that has calming and relaxing effects.
- Melatonin: A hormone that helps to regulate the sleep-wake cycle.

Vitauthority Melt PM Sleep Support is marketed as a safe and effective way to improve sleep quality. However, it is important to note that there is limited scientific evidence to support all of the claims made about the product.

Potential benefits of Vitauthority Melt PM Sleep Support:

- Improved sleep quality: The ingredients in Vitauthority Melt PM Sleep Support are all thought to promote relaxation and sleep.
- Reduced anxiety: L-theanine and ashwagandha have both been shown to reduce anxiety, which can be a barrier to good sleep.
- Faster sleep onset: Melatonin can help to reduce the amount of time it takes to fall asleep.
- Deeper sleep: GABA can help to promote deeper, more restful sleep.




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