

45 CUTS 1



IOWA HAWKEYES

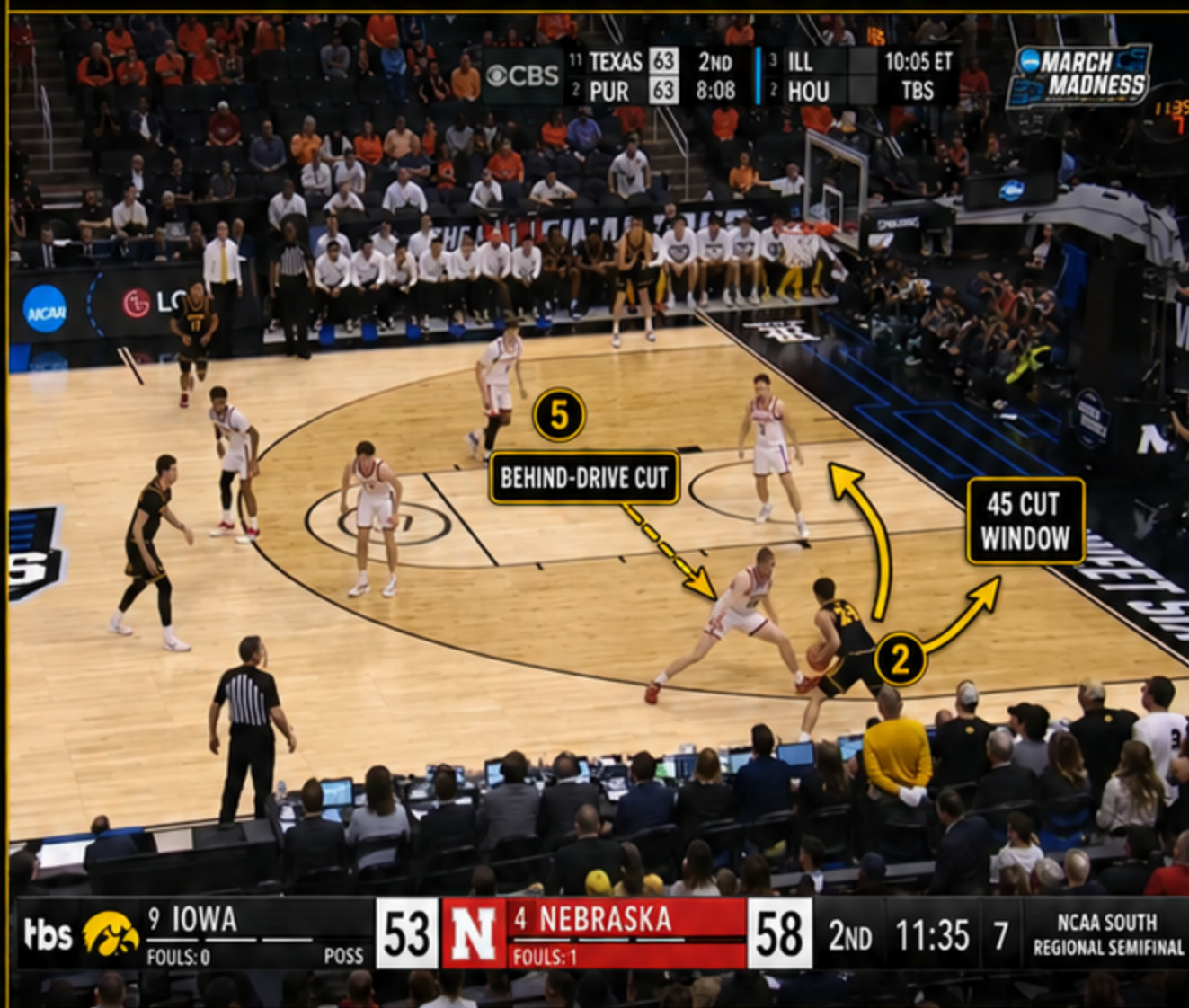
SERIES: CUTTING & 3PT OFFENSE

DNA CATEGORY: CREATE AN ADVANTAGE

ADVANTAGE DNA™

- 1 3 attacks baseline.
- 2 The shell shifts to the ball.
- 3 5 cuts behind the drive.
- 4 Backline help reacts to the cutter.
- 5 2 45-cuts into the open window.
- 6 Finish the layup.

ADVANTAGE FRAME — 11:35 2ND HALF



PAUSE HERE

Notice how the baseline drive pulls help to the ball and opens space for the late 45 cut.

COACHING INSIGHTS

💡 WHY IT WORKS

The baseline drive shifts the shell. The behind-the-drive cut occupies the backline and opens the 45 window for the layup.

🛡️ DEFENSIVE REACTION

Nebraska collapses toward the drive and the backline rotates to cover the paint.

👁️ OFFENSIVE READ

If the help sinks to the drive and follows the cutter, hit the 45 cutter at the rim.

📋 COACHING POINT

Drive hard baseline, cut behind the drive with timing, and send the 45 cutter once the help commits.

45 CUTS - 1

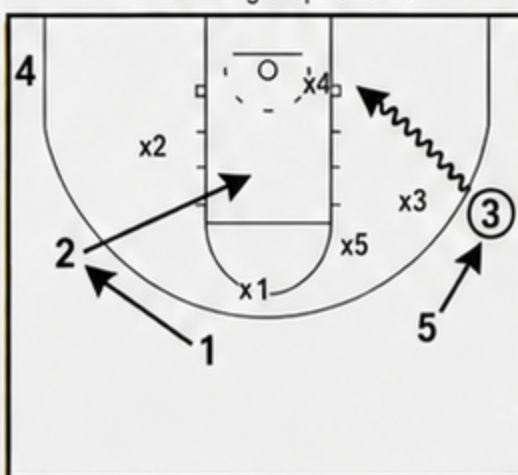
Iowa Cutting & 3pt Offense



5 receives on the wing and hits 3.

45 CUTS - 1

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3 drives baseline. 5 cuts behind the drive. 2 45-cuts.

45 CUTS - 1

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3 finds the 45 cutter for the layup.



STEAL THIS IDEA

Use a behind-the-drive cut to occupy the backline, then send the 45 cutter into the gap created by the baseline drive.



DNA TAKEAWAY

**DRIVE BASELINE.
CUT BEHIND. 45 CUT FOR THE LAYUP.**

