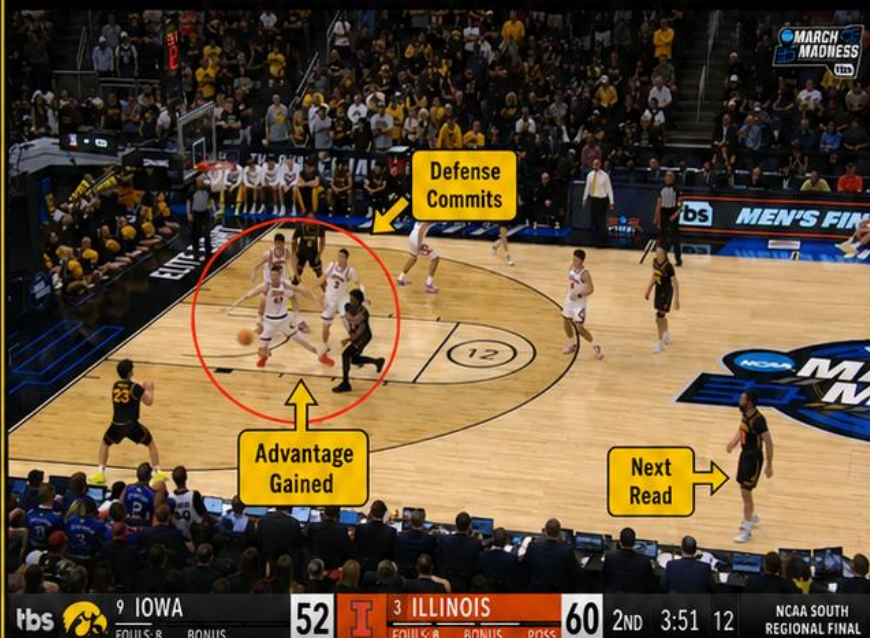




THE ADVANTAGE DNA™

1. 4 and 5 set a double ball screen for 1.
2. 4 pops to the wing while 5 rolls to the ball-side block.
3. 1 passes to 4 and sprints for the toss back.
4. 4 throws the ball back to 1.
5. 4 flips to set the next ball screen for 1.
6. Illinois loads up to stop the chase action.
7. Iowa gains the advantage and finds the next open shooter.

ADVANTAGE FRAME — 3:51 2ND HALF



PAUSE HERE

Illinois has loaded multiple defenders into the chase action, and that is exactly where Iowa creates the advantage. The double ball screen flows into the toss-back and second screen, forcing the defense to shift twice and crowd the ball. Once Illinois commits extra help to the action, Iowa has created the next read and can move the ball to the open shooter before the defense recovers.

ACTION BREAKDOWN

1. TRIGGER



1. 4 and 5 set double ball screen for 1.
2. 4 pops to wing and 5 rolls to ball side block.

4 and 5 set the double ball screen for 1. As 4 pops and 5 rolls, the defense has to sort out two different movements right away.

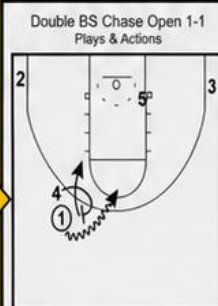
2. TOSS BACK



1. 1 pass to 4 the sprints for toss back.

1 hits 4, then sprints into the toss-back. This quick return keeps the chase action flowing and forces the defense to shift a second time.

3. ATTACK THE ADVANTAGE



1. 4 flips to set ball screen for 1.
2. 4 rolls

4 flips into the next ball screen for 1. When Illinois crowds the chase action, Iowa gains the advantage and can spray the ball to the next open shooter.

COACHING INSIGHTS



WHY IT WORKS:

The double-screen entry and toss-back action force multiple defensive shifts in quick succession. That movement creates the advantage window.



DEFENSIVE REACTION:

Illinois crowds the chase action and sends extra help toward the ball, shrinking the floor around the second screen.



OFFENSIVE READ:

Recognize when the defense commits to the action, then make the next simple pass to the open perimeter player.



COACHING POINT:

Keep the timing tight. Sprint into the toss-back, stay on balance, and be ready to make the simple on-time read.



STEAL THIS IDEA:

Use a double ball screen into a toss-back chase action to make the defense shift twice before it can recover. The best shot often comes from the next pass.



DNA TAKEAWAY:
THE FIRST SCREEN
STARTS THE SHIFT.
THE SECOND ACTION
CREATES THE ADVANTAGE.