

Amyl Guard Reviews

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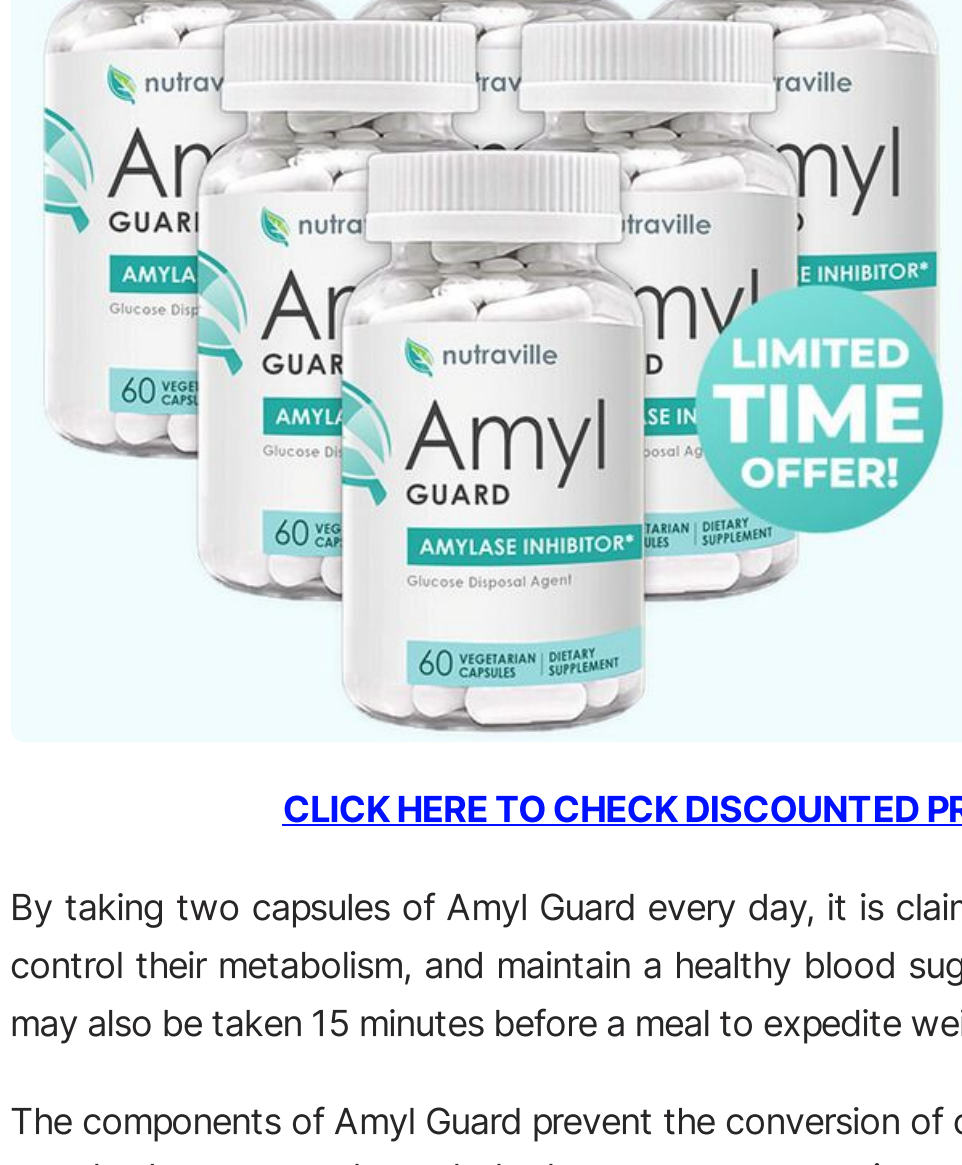
Amyl Guard is a dietary supplement that is available only on [AmylGuard.com](#).

The pill purports to inhibit carbohydrate absorption, hence facilitating weight loss. It functions as an amylase inhibitor, inhibiting the body's fat-storing glucose enzyme and reducing weight gain.

Does Amyl Guard really work properly? Or is it simply another overhyped weight reduction aid? Please continue reading to learn all you need to know about the effects of Amyl Guard.

What exactly is Amyl Guard?

Amyl Guard is a dietary supplement that inhibits amylase and is available on AmylGuard.com. The supplement contains four substances that block amylase, making it more difficult for the body to store carbohydrates as fat.



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By taking two capsules of Amyl Guard every day, it is claimed that anybody may lose weight, keep it off, control their metabolism, and maintain a healthy blood sugar level, among other advantages. Amyl Guard may also be taken 15 minutes before a meal to expedite weight reduction outcomes.

The components of Amyl Guard prevent the conversion of carbohydrates into fat-storing sugars. Normally, your body converts the carbohydrates you consume into sugars. If these sugars are not burned, the body stores them as fat for future use.

Amyl Guard promises to suppress this process, hence promoting weight reduction by stopping the body from accumulating fat. According to the website AmylGuard.com, you may continue to consume carbohydrate-rich meals without gaining weight. Just take two Amyl Guard pills daily. The producer, Nutraville, refers to Amyl Guard as a "glucose disposal agent."

Amyl Guard is available only at AmylGuard.com. Each bottle costs around \$49

How Does Amyl Guard Work?

Amyl Guard is sold to those who want to reduce weight rapidly and securely. According to AmylGuard.com, the supplement may help anybody lose weight rapidly and safely, regardless of age, shape, body type, or number of previous diets attempted.

The firm further claims that Amyl Guard is effective without a tight diet or rigorous workout regimen. Follow a regular diet and exercise regimen, and then take Amyl Guard on a daily basis to reduce considerable weight.

To activate Amyl Guard, consume two capsules fifteen minutes before to moderate and high carbohydrate meals. This is how AmylGuard.com describes the subsequent events:

"Take one serving of Amyl Guard 15 minutes just before high and moderate carbohydrate meals, and the ingredients will prevent carbohydrates from being stored in your cells, hence preventing weight gain."

Some individuals use Amyl Guard daily to prevent carbohydrate absorption. Some take Amyl Guard before to eating.

What is Amyl Guard's Work?

Amyl Guard inhibits an enzyme known as amylase. This enzyme normally converts carbohydrates into fat-storing sugars. Amyl Guard prevents this breakdown, resulting in a one-way flow of carbohydrates.

Amylase is an enzyme for digestion. Similar to other digestive enzymes, amylase aids in the digestion of food. Protease, for instance, is an enzyme that aids in the breakdown of protein, while lactase aids in the breakdown of dairy products. Amylase is a main enzyme that aids in carbohydrate digestion.

Amyl Guard limits the functioning of the amylase enzyme, preventing your body from ever breaking down the carbohydrates you consume.

Normally, amylase converts carbohydrates into sugars by degrading them. These sugars are quickly used by your system. Otherwise, they are stored as fat. This is why many diets advise avoiding carbohydrates: unless you promptly burn off the sugar via activity, your body will store the carbohydrates as fat, leading you to gain weight.

Amyl Guard Ingredients

Several products claim to be amylase inhibitors, yet only a few substances have been shown to inhibit the amylase enzyme.

Amyl Guard comprises four substances that prevent carbohydrates from entering cells and producing fat growth in order to limit amylase activity. The four components are extracts of bitter melon, white kidney bean, chromium, and berberine.

This is how the manufacturers of Amyl Guard describe the advantages and effects of each ingredient:

- Bitter Melon Extract

Bitter Melon Extract is a frequent ingredient in diabetic supplements. Historically, it has been used to help regulate blood sugar. Meanwhile, Amyl Guard employs the chemical to aid with weight loss. As evidence, the manufacturers of Amyl Guard reference a research in which bitter melon reduced by 69% the activity of fat-storing sugar enzymes. In fact, the designer of Amyl Guard says that he shed 31 pounds of abdominal fat after consuming bitter melon extract. He described it as a "strange vegetable" and "one of nature's most effective amylase inhibitors."

- White kidney bean extract

White Kidney Bean Extract is a natural component present in most weight reduction supplements. Many studies have shown that white kidney bean extract may significantly reduce body fat. In one research referenced on AmylGuard.com, individuals who took white kidney bean extract for 12 weeks dropped 14.8 pounds. The placebo group gained 7 pounds throughout this time frame. In another research, individuals consuming white kidney bean extract shed 553% more body fat than a placebo group, according to AmylGuard.com.

- Chromium

Chromium is an essential element for blood sugar regulation and other bodily activities. Blood sugar fluctuations wreak havoc on your metabolism, food cravings, hunger, and weight gain. Many studies have linked chromium to blood sugar regulation. According to several research, patients with diabetes tend to have lower chromium levels than the general population. In one research, those who supplemented with chromium picolinate (the exact form of chromium included in Amyl Guard) lost much more weight and had less abdominal fat than those who took a placebo.

- Berberine

According to the manufacturer of Amyl Guard, berberine "triggers the metabolic master switch" in the body, hence promoting constant weight reduction. Moreover, Berberine prevents the development of new fat cells at the molecular level. In addition, it is featured in several diabetic supplements because it inhibits insulin spikes.

Together, the four components in Amyl Guard are said to inhibit amylase activity, preventing the body from breaking down and storing carbohydrates.

Supplement Facts		
Serving Size:	1 Capsule	
Servings Per Container:	60	
	Amount Per Serving	% DV*
Chromium (as chromium picolinate)	400mcg	1143%
White Kidney Bean (Phaseolus vulgaris L.) (seeds)	300mg	**
Bitter Melon Extract 4:1 (Momordica charantia) (fruit)	200mg	**
Berberine Hydrochloride (Berberis aristata) (root, stem, & bark)	100mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Other Ingredients: Vegetable Cellulose (Titanium Dioxide), Magnesium Stearate

Recommended use: As a dietary supplement, take 1 (one) capsule, 15 (fifteen) minutes before meals.

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Using Amyl Guard

The manufacturers of [Amyl Guard](#) suggest taking two capsules 15 to 30 minutes before a meal high in carbohydrates.

Some individuals use Amyl Guard everyday to block carbohydrates throughout the day. Others take two capsules of Amyl Guard before consuming dishes with moderate to high carbohydrate content, such as lasagna, pizza, and desserts.

How Much Weight Loss Is Possible With Amyl Guard?

The Amyl Guard sales website is replete with testimonials from consumers who have lost large amounts of weight while using the product. According to AmylGuard.com, the pill does more than prevent fat storage in the body; it also aids in major weight loss without dieting or exercise.

These are some of the weight reduction promises made on the website for Amyl Guard:

After taking Amyl Guard, the formula's developer said he shed 31 pounds of "thick, unattractive belly fat" and kept it off "for good," saying the supplement "changed my life."

This individual says he dropped 3 to 5 pounds per week on average while using Amyl Guard, with the strongest benefits occurring between days 14 and 21.

According to AmylGuard.com, participants in a 12-week research on white kidney bean extract (one of Amyl Guard's main constituents) dropped 14.8 lbs while using the supplement, while a placebo group gained 7 lbs.

In another trial on white kidney bean extract, individuals lost much more body fat than in a placebo group, 553 percent more.

One lady says that after purchasing Amyl Guard, she can "eat carbohydrates guilt-free"; she also claims to have shed three pounds in only one week and to have more energy than ever before.

Some diet pill websites are loaded with implausible weight reduction promises, including photographs of using the diet pill. The manufacturers of Amyl Guard adopt a more realistic approach, promoting respectable weight reduction outcomes connected with the product.

List of Ingredients for Amyl Guard

Nutraville publishes the whole Amyl Guard ingredients label on its website, making it simple to determine what is included inside each capsule. This allows you to compare Amyl Guard with other amylase inhibitors, diet medications, and scientific research.

The whole ingredient list includes:

- 400 mcg of chromium (1,143 percent of the daily value)
- 300 mg of extract of white kidney bean
- 200 mg of extract of bitter melon 100 mg of berberine
- Additional components, such as vegetable cellulose (used to produce the capsule), titanium dioxide, and magnesium stearate, are also included.

Evidence supporting Amyl Guard

Nutraville really hasn't published any clinical studies on [Amyl Guard](#) in a publication with peer review or revealed any online research. Nonetheless, the company's thorough references page supports individual Amyl Guard components.

In latest days, bitter melon extract has become one of the most famous pill components within the community of weight loss supplements. In this 2015 study, researchers examined the data on bitter melon extract and its weight reduction effects. In animal and human studies, bitter melon extract shown potential therapeutic effects, including improvements in diabetes and metabolic dysfunction associated to obesity. Researchers think bitter melon extract works by promoting the expression of genes involved in cholesterol and fat metabolism and boosting the activity of AMPK and PPARs. This is a fancy way of explaining that bitter melon extract aids in increased fat burning.

In current history, white kidney bean extract has gained comparable popularity. Research indicate that white kidney bean extract may aid in weight loss. In a study published in Nutrients in 2020, experts analyzed the available data on white kidney bean extract. Researchers discovered that white kidney bean extract improves in weight reduction, producing modest but significant effects in individuals (with an average weight loss of around 2.6kg or 5.7lbs).

Several products containing white kidney bean extract claim to suppress the enzyme amylase. Nevertheless, it is unknown if white kidney bean extract inhibits the enzyme or promotes weight loss via other mechanisms, such as improving digestion. However, white kidney bean extract resulted in statistically significant weight reduction and other advantages, and it might suppress amylase or block carbohydrates through other methods. In the majority of trials, doses of white kidney bean extract ranged from 750 mg to 1,500 mg, which is more than the 300 mg dosage used in Amyl Guard.

For weight reduction, some individuals use chromium picolinate pills daily. Some use it to regulate their blood sugar levels. In this 2010 study, researchers reviewed the available information regarding chromium and weight reduction. Ingestion of 1,000 mg of chromium picolinate daily for 24 weeks had no effect on weight reduction in obese people compared to a placebo, according to researchers. Some studies, however, have shown that chromium may help regulate blood sugar, making it simpler to manage food and cravings.

Amyl Guard might help you reduce weight by using natural extracts such as bitter melon and white kidney bean. These compounds may stop amylase from inhibiting carbohydrate synthesis, or they may have other effects. Further study is required to confirm the consequences of weight reduction. While the dosages seem to be somewhat lower than what we've observed in previous trials, doses of white kidney bean extract might still aid in weight reduction when combined with a healthy diet and regular exercise.

Who Designed the Amyl Guard?

On AmylGuard.com, you may read about John, the guy who founded Amyl Guard.

John is not a physician nor a health expert. Instead, he is a regular man who got a frightening, life-altering prognosis from his physician. John's physician informed him that he had non-alcoholic fatty liver disease, which was spreading throughout his body. If left untreated, the sickness would destroy John's organs and perhaps kill him.

John chose to make a transition. He had a wife and children whom he did not want to lose.

John had attempted to reduce weight in the past, but nothing had worked. He would repeatedly lose and regain the same 20 pounds. Nothing seemed to adhere.

Determined to discover a genuine weight reduction answer, John began studying natural remedies. He read nutritional publications. He conducted study on herbs and plant extracts from all around the globe. Ultimately, he discovered the four components of Amyl Guard.

John decided to personally test the components. He saw fast weight reduction results very immediately. Even yet, he described the consequences as unintentional: he wasn't actively aiming to reduce weight, nor was he eating or exercising exclusively. Instead, he took the components everyday and lost weight swiftly.

John states that he dropped 3 to 5 pounds every week by using the chemicals in Amyl Guard, resulting in a total loss of 31 pounds of abdominal fat. His physician was pleased, and John lives a happy and healthy life now.

Amyl Guard Costs

[Amyl Guard](#) is priced at \$49 a bottle, but can be purchased for as little as \$31 per bottle when ordered in bulk.

This is how pricing is structured:

- 1 Bottle: \$49.00 plus \$9.95 Shipping
- Three Bottles for \$117 Free Shipping
- Six Bottles: \$186 plus Free Delivery

Each container of Amyl Guard has a 30-day supply, or 60 capsules. To reduce weight, you take two capsules everyday (or two capsules before a carb-rich meal).

About Nutraville

Amyl Guard is manufactured by the business Nutraville. This business is headquartered in Valencia, California. The Amyl Guard package is sent from Valencia's Alpha Logistics, and the firm also seems to have an office in Valencia.

You may reach the Amyl Guard manufacturers through the following:

Email: support@amylguard.com

Last Word

Amyl Guard is a supplement for weight management that suppresses amylase, an enzyme associated with fat accumulation. By taking two Amyl Guard capsules before a meal high in carbohydrates, you might prevent your body from storing part of the carbohydrates as fat, making it simpler to avoid weight gain.

According to AmylGuard.com, the pill may help you lose up to 31 pounds. The product comprises popular weight reduction substances such as white kidney bean extract, bitter melon extract, chromium, and others.

Visit AmylGuard.com to discover further about Amyl Guard and the way its formula works. All purchases are covered by a 365-day return policy.

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