February

BREAKFAST

High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Tacos	4 Soyrizo Breakfast Tacos French toast muffin Cinnamon chex 2oz	5 Pancake bowl strawberry Blueberry muffin yogurt w/ honey grahams Breakfast Tacos	6 Lemon muffin Cinnamon chex/educational snacks Soyrizo Breakfast Tacos	7 Cornbread & egg omelet Blueberry bagel w/cream cheese Multigrain cheerios/giant goldfish Breakfast Tacos
10 Corn chex/educational snacks Breakfast Tacos	11 Pancakes w/syrup Cinnamon crumble Soyrizo Breakfast Tacos	12 Buenos dias breakfast burrito Lemon muffin yogurt w/ cinnamon grahams Breakfast Tacos	13 Blueberry muffin Cinnamon chex/educational snacks Soyrizo Breakfast Tacos	14 Turkey, cheddar cheese & omelet gordita Plain bagel Multigrain cheerios/giant goldfish Breakfast Tacos
17 No School (Staff Workday)	18 cinnamon crumble Cinnamon chex 2oz Soyrizo Breakfast Tacos	19 Waffle w/syrup French toast muffin Breakfast Tacos	20 Cinnamon toast bagel Yogurt parfait strawberry Soyrizo Breakfast Tacos	21 Cornbread & egg omelet Blueberry burst bagel Multigrain cheerios/giant goldfish Breakfast Tacos
24 Breakfast Tacos	25 Pancakes w/syrup Cinnnamon chex 2oz Soyrizo Breakfast Tacos	26 Bagel w/cream cheese yogurt w/ honey grahams Breakfast Tacos	27 Mini cheese omelet w/French toast stick Blueberry muffin Soyrizo Breakfast Tacos	28 Yogurt/ granola Multigrain cheerios/giant goldfish Breakfast Tacos

Did you know?

hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Dairy-Free (DF)

Vegetarian (V)



February



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Crispy chicken sandwich (DF) Cheese enchiladas (V) Salad Bar	4 Pretzel dog (DF) Salad Bar	5 Pepperoni pizza Cheese pizza (V) Salad Bar	6 Hot meatball sub Cheesy beef & salsa nacho dip w/scoops Salad Bar	7 Five cheese lasagna (V) Chicken potstickers Salad Bar
10 Chicken bites Panada pie (V) Salad Bar	11 Cheesy beef&salsa nacho w/scoops Salad Bar	12 Pepperoni pizza Cheese pizza (V) Salad Bar	13 Beef cheeseburger Salad Bar	14 Hot dog (DF) BF for lunch: pancakes w/omelet (V) Salad Bar
17 No School (Staff Workday)	18 Chicken potstickers SW veggie wrap (V) Salad Bar	19 Pepperoni pizza Cheese pizza (V) Salad Bar	20 Spaghetti&meatballs (DF) Panada pie (V) Salad Bar	21 Five cheese lasagna (V) Salad Bar
24 Mama's tamale (V) Salad Bar	25 Smothered burrito SW veggie wrap (V) Salad Bar	26 Pepperoni pizza Cheese pizza (V) Salad Bar	27 Chicken and Waffles Salad Bar	28 BF for lunch: pancakes w/sausage BF for lunch: pancakes w/omelet (V) Salad Bar

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always **kid-inspired**, **chef-crafted AND student-approved!**

Learn more about us on our website at www.revolutionfoods.com



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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V)

options available daily – if not listed on the menu, available upon request

February



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 GNG cinn grahams/sunbutter/strin g cheese	4 Goldfish pretzel, sunflower seeds, string cheese	5 Rev crackers, string cheese	6 GNG ham slider	7
10 GNG ham slider	11 GNG pesto turkey roll up	12 Rev crackers, string cheese	13 GNG cinn grahams/sunbutter/strin g cheese	14
17 No School (Staff Workday)	18 GNG pesto turkey roll up	19 Rev crackers, string cheese	20 GNG cinn grahams/sunbutter/strin g cheese	21
24 GNG ham slider	25 GGoldfish pretzel, sunflower seeds, string cheese	26 Rev crackers, string cheese	27 GNG cinn grahams/sunbutter/strin g cheese	28

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Dairy-Free (DF)

Vegetarian (V)

Student Favorite

