

# January

# BREAKFAST

## High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		HOLIDAY 1	HOLIDAY 2	HOLIDAY 3
No School (Staff Workday) 6	shelf stable cinnamon chex w/ honey grahams Breakfast Tacos 7	Breakfast Tacos plain bagel w/ cream cheese 8	Breakfast Tacos blueberry muffin 9	Breakfast Tacos strawberry yogurt parfait 10
multigrain cheerios w/ educational snacks Breakfast Tacos 13	HOT cheese omelet w/ french toast stick cinnamon crumble Breakfast Tacos 14	HOT waffles & syrup french toast muffin Breakfast Tacos 15	HOT cinnamon toast bagel blueberry bagel w/ cream cheese Breakfast Tacos 16	HOT cornbread & egg omelet strawberry yogurt parfait Breakfast Tacos 17
No School 20	HOT pancakes w/ syrup Breakfast Tacos 21	Breakfast Tacos plain bagel w/ cream cheese lemon muffin 22	HOT cheese omelet w/ french toast sticks blueberry muffin Breakfast Tacos 23	Breakfast Tacos yogurt granola cinnamon chex/ zac attack apple 24
corn chex/ educational snacks Breakfast Tacos 27	HOT strawberry pancake bowl Breakfast Tacos 28	HOT waffles w/ syrup mini lemon muffin & string cheese Breakfast Tacos 29	HOT cinnamon toast bagel lemon muffin Breakfast Tacos 30	Breakfast Tacos strawberry yogurt parfait 31

### Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

**revolution**foods.

This institution is an equal opportunity provider.  
All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

**Dairy-Free (DF)**

**Vegetarian (V)**

**Student Favorite** ★

# January



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HOLIDAY	2 HOLIDAY	3 HOLIDAY
6 No School (Staff Workday)	7 chicken gumbo cheeseburger <b>Salad Bar</b>	8 pepperoni pizza cheese pizza (V) <b>Salad Bar</b>	9 chicken jambalaya (DF) beef burger (DF) <b>Salad Bar</b>	10 bfast for lunch: pancakes w/ omelet(V) hot dog (DF) <b>Salad Bar</b>
13 chicken taco trio pasta alfredo (V) <b>Salad Bar</b>	14 mac & cheese w/ chicken sausage Chicken Gumbo <b>Salad Bar</b>	15 pepperoni pizza cheese pizza(V) <b>Salad Bar</b>	16 spaghetti marinara (V) chicken chili tamales (DF) <b>Salad Bar</b>	17 cheese lasagna (V) sloppy joe(DF) <b>Salad Bar</b>
20 No School	21 smothered beef burrito chicken jambalaya (DF) southwest veggie wrap (V) <b>Salad Bar</b>	22 pepperoni pizza cheese pizza (V) <b>Salad Bar</b>	23 fiesta scoops layer dip (V) beef burger (DF) veggie taco salad (V) <b>Salad Bar</b>	24 kickin chicken melt <b>Salad Bar</b>
27 cheese enchiladas(V) crispy chicken sandwich (DF) <b>Salad Bar</b>	28 pretzel dog cheese pizza panada pie (V) <b>Salad Bar</b>	29 pepperoni pizza cheese pizza (V) <b>Salad Bar</b>	30 hot meatball sub cheesy beef nacho <b>Salad Bar</b>	31 chicken & waffles <b>Salad Bar</b>

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always kid-inspired, chef-crafted AND student-approved!

Learn more about us on our website at [www.revolutionfoods.com](http://www.revolutionfoods.com)

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Student Favorite ★

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V)  
options available daily – if not listed on the menu, available upon request

# January

# SUPPER

High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		HOLIDAY 1	HOLIDAY 2	HOLIDAY 3
No School (Staff Workday) 6	GNG pesto turkey roll up 7	GNG rev cracker, string cheese, celery 8	GNG cinnamon grahams, sunbutter, string cheese, celery 9	10
GNG goldfish, sunseeds, string cheese 13	GNG pesto turkey roll up 14	GNG rev cracker, string cheese, celery 15	GNG cinnamon grahams, sunbutter, string cheese, celery 16	17
No School 20	GNG goldfish, sunseeds, string cheese 21	GNG rev cracker string cheese, celery 22	GNG cinnamon grahams, sunbutter, string cheese, celery 23	24
GNG goldfish, sunseeds, string cheese 27	GNG goldfish, sunseeds, string cheese 28	GNG rec cracker, string cheese, celery 29	GNG cinnamon grahams, sunbutter, string cheese, celery 30	31

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