

Group Class Presenters with their zoom links

Neil Young
Monday's **10am UK time**
11am South African Time



https://zoom.us/j/6201467286

No password

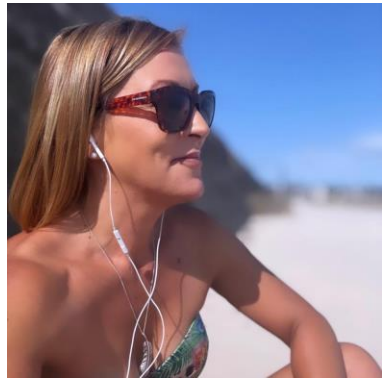
Debra Williams
Tuesday's **6pm UK time**
7pm South African Time



https://zoom.us/j/6977395897

Password: **12345**

Kerry Fernandez
Wednesday's **12 NOON UK time**
1pm South African Time



https://zoom.us/j/7539332765

Password:**loveoils**

Pete Rea
Friday's **12 NOON UK time**
1pm South African Time



https://zoom.us/j/6959470658

No password

On Sun, 26 Oct 2025 UK clocks go back one hr. UK specified class times remain the same, however the time difference UK and South Africa changes. For example: 12 nook UK time is 2pm South African time!