

# The Swimming Pool Timetable

Monday - Friday (Non School Holidays)
Adult Swim (16 years+ only) 6:30am - 11:30am
Pool Closed 11:30am - 12pm
Family Swim 12pm - 1:30pm
Pool Closed 1:30pm - 2pm
Adult Swim (16 years+ only) 2pm - 3:30pm
Pool Closed 3:30pm - 4:30pm
Family Swim 4:30pm - 6pm
Adult Swim (16 years+ only) 6pm - 8pm Last Admittance 7:30pm Pool Closed 8pm
* Callout time will be 15 minutes before the end of all swim sessions

Monday - Friday (School Holidays)
Adult Swim (16 years+ only) 6:30am - 10am
Family Swim 10am - 11:30am
Pool Closed 11:30am - 12pm
Family Swim 12pm - 1:30pm
Pool Closed 1:30pm - 2pm
Family Swim 2pm - 3:30pm
Pool Closed 3:30pm - 4:30pm
Family Swim 4:30pm - 6pm
Adult Swim (16 years+ only) 6pm - 8pm Last Admittance 7:30pm Pool Closed 8pm

Saturday and Sunday
Adult Swim (16 years+ only) 6:30am - 10am
Family Swim 10am - 11:30am
Pool Closed 11:30am - 12pm
Family Swim 12pm - 1:30pm
Pool Closed 1:30pm - 2pm
Family Swim 2pm - 3:30pm
Pool Closed 3:30pm - 4pm
Family Swim 4pm - 5:30pm
Adult Swim (16 years+ only) 5:30pm - 7pm Last Admittance 6:30pm Pool Closed 7pm
* Callout time will be 15 minutes before the end of all swim sessions

## Important Information:

- **Adult Swim Sessions** – Maximum 20 people. Booking is not required. (if the pool has reached capacity, please wait for someone to leave the pool before entering.)
- **Family Swim Sessions** – Maximum 20 people. Booking is mandatory. Sessions open for booking 2 days in advance, to book please call 01964 632045.
- **Whirlpool Capacity** – Maximum 2 people.
- **Social Distancing** – Please respect social distancing at all times in both the changing rooms and swimming pool .
- **Swim Circuit** – please observe and follow the guidance of the dedicated swim circuit.
- **If you are experiencing COVID-19 symptoms or are in close contact with anyone who is showing symptoms, you must leave / not enter the premises immediately.**