BREAKFAST Pre-K

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------------------|--------------------------|------------------------------------|--|---|
| 3 Corn chex | French toast muffin | 5 Blueberry muffin | 6 Lemon muffin | 7 Cornbread & egg omelet |
| 1(Corn chex |) 11 Pancakes w/syrup | 12 Lemon muffin | 13 Blueberry muffin | 14 Turkey, cheddar cheese & omelet gordita |
| 17 No School (Staff Workday) | Cinnamon crumble | 19 Waffle w/syrup | 20 Yogurt parfait strawberry | 21 Cornbread & egg omelet |
| 24 Corn chex | Pancakes w/syrup | 26 Yogurt with honey Grahams | 27 Mini cheese omelet w/French toast stick | 28 Yogurt/ granola |
| | | | | |

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!



This institution is an equal opportunity provider. All grains offered are whole-grain rich. Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Dairy-Free (DF)

Vegetarian (V)



BREAKFAST Elementary School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| 3 Corn chex/educational snacks | 4 French toast muffin Cinnamon chex 2oz | 5 Blueberry muffin yogurt w/ honey grahams | 6 Lemon muffin Cinnamon chex/educational snacks | 7 Cornbread & egg omelet Multigrain cheerios/giant goldfish |
| 10 Corn chex/educational snacks | 11 Pancakes w/syrup Cinnamon chex 2oz | 12 Lemon muffin yogurt w/ cinnamon grahams | 13 Blueberry muffin Cinnamon chex/educational snacks | 14 Plain bagel Multigrain cheerios/giant goldfish |
| 17 No School (Staff Workday) | 18 cinnamon crumble Cinnamon chex 2oz | 19 Waffle w/syrup French toast muffin | 20 Yogurt parfait strawberry Cinnamon chex/educational snacks | 21 Cornbread & egg omelet Multigrain cheerios/giant goldfish |
| 24 Corn chex/ educational snacks | Pancakes w/syrup 25 Cinnnamon chex 2oz | 26 Bagel w/cream cheese yogurt w/ honey grahams | Blueberry muffin 27 Cinnamon chex/educational snacks | Yogurt/ granola 28 Multigrain cheerios/giant goldfish |
| | | | | |

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Vegetarian (V)





| MONDAY | TUESDAY | WEDNESD | ۹Y | THURSDAY | FRIDAY |
|--|--|--|----|---|---|
| 3 Cheese enchiladas (V) Glazed carrots | 4 Panada pie (V) Seasoned green beans | Pepperoni pizza Broccoli florets w/ranch | 5 | 6 Cheese tamale (V) Steamed corn | 7 Chicken sandwich Carrot,corn&peas |
| 10 Chicken bites island glazed carrots | 11 Cheesy ravioli (V) Seasoned green beans | Pepperoni pizza Pinto beans | 12 | Spaghetti marinara w/mozzarella (V) Chopped lettuce&sliced tomatoes | 14 BF for lunch: pancakes w/omelet Steamed corn |
| 17 No School (Staff Workday) | 18 Chicken potstickers Seasoned green beans | Pepperoni pizza Broccoli florets w/ranch | 19 | 20 Chicken tamales Steamed corn | 21 Five cheese lasagna (V) Carrot,corn&peas |
| 24 Mama's tamale (V) Glazed carrots | 25 cheeseburger Seasoned green beans | Pepperoni pizza Steamed corn | 26 | 27 Chicken and waffles(DF) Chopped lettuce&sliced tomatoes | 28 BF for lunch: pancakes w/omelet (V) Pinto beans |
| | | | | | |

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients that are always **kid-inspired**, **chef-crafted AND student-approved!**

Learn more about us on our website at www.revolutionfoods.com



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Student Favorite 🔶

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V)

options available daily – if not listed on the menu, available upon request



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| 3 Cheese enchiladas (V) Crispy chicken sandwich (DF) Salad Bar | 4 Pretzel dog (DF) Panada pie (V) Salad Bar | 5 Pepperoni pizza Cheese pizza (V) Salad Bar | 6 Hot meatball sub Veggie chef salad (V) Salad Bar | 7 Five cheese lasagna (V) Chicken potstickers Salad Bar |
| 10 Chicken bites Panada pie (V) Salad Bar | 11 Cheesy beef&salsa nacho w/scoops Egg salad sandwich (V) Salad Bar | 12 Pepperoni pizza Cheese pizza (V) Salad Bar | 13 Beef cheeseburger Veggie chef salad (V) Salad Bar | 14 Hot dog (DF) Salad Bar |
| 17 No School (Staff Workday) | 18 Chicken potstickers SW veggie wrap (V) Salad Bar | 19 Pepperoni pizza Cheese pizza (V) Salad Bar | 20 Spaghetti&meatballs (DF) Panada pie (V) Salad Bar | 21 Five cheese lasagna (V) SI Salad Bar |
| 24 Mama's tamale (V) Salad Bar | 25 Smothered burrito SW veggie wrap (V) Salad Bar | 26 Pepperoni pizza Cheese pizza (V) Salad Bar | 27 Chicken and Waffles Veggie taco salad (V) Salad Bar | 28 BF for lunch: pancakes w/sausage Salad Bar |
| | | | | |

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Vegetable of the Day

Dairy-Free (DF) Vegetarian (V)

options available daily – if not listed on the menu, available upon request



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------------------------------|--|----------------------|--|--------|
| Turkey, cheese, crackers | 3 Goldfish pretzel, yogurt, string cheese | 5 GNG BBQ slider | 6 Rev cracker, string cheese | 7 |
| 1 Turkey, cheese, crackers | 0 11 Goldfish pretzel, yogurt, string cheese | 12 GNG BBQ slider | 13 Rev cracker, string cheese | 14 |
| 1 No School (Staff Workday) | 7 18 Goldfish pretzel, yogurt, string cheese | 19 GNG BBQ slider | 20 Rev foods crackers, string cheese | 21 |
| 2 Turkey, cheese, crackers | 4 25 Goldfish pretzel, yogurt, string cheese | 26 GNG BBQ slider | 27 Rev foods crackers, string cheese | 28 |
| | | | | |

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Vegetarian (V)

Student Favorite ★



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--------------------------------------|---|--------|
| 3 GNG cinn grahams/sunbutter/strin g cheese | 4 Goldfish pretzel, sunflower seeds, string cheese | 5 Rev crackers, string cheese | 6 GNG ham slider | 7 |
| 10 GNG ham slider | 11 GNG pesto turkey roll up | 12 Rev crackers, string cheese | 13 GNG cinn grahams/sunbutter/strin g cheese | 14 |
| 17 No School (Staff Workday) | 18 GNG pesto turkey roll up | 19 Rev crackers, string cheese | 20 GNG cinn grahams/sunbutter/strin g cheese | 21 |
| 24 GNG ham slider | 25 GGoldfish pretzel, sunflower seeds, string cheese | 26 Rev crackers, string cheese | 27 GNG cinn grahams/sunbutter/strin g cheese | 28 |
| | | | | |

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Student Favorite

