

# February

# BREAKFAST

Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Corn chex/educational snacks</p>	<p>4</p> <p>French toast muffin Cinnamon chex 2oz</p>	<p>5</p> <p>Blueberry muffin yogurt w/ honey grahams</p>	<p>6</p> <p>Lemon muffin Cinnamon chex/educational snacks</p>	<p>7</p> <p>Cornbread &amp; egg omelet Multigrain cheerios/giant goldfish</p>
<p>10</p> <p>Corn chex/educational snacks</p>	<p>11</p> <p>Pancakes w/syrup Cinnamon crumble Cinnamon chex 2oz</p>	<p>12</p> <p>Lemon muffin yogurt w/ cinnamon grahams</p>	<p>13</p> <p>Blueberry muffin Cinnamon chex/educational snacks</p>	<p>14</p> <p>Plain bagel Multigrain cheerios/giant goldfish</p>
<p>17</p> <p>No School (Staff Workday)</p>	<p>18</p> <p>Cinnamon chex 2oz</p>	<p>19</p> <p>Waffle w/syrup French toast muffin</p>	<p>20</p> <p>Cinnamon toast bagel Yogurt parfait strawberry Cinnamon chex/educational snacks</p>	<p>21</p> <p>Cornbread &amp; egg omelet Multigrain cheerios/giant goldfish</p>
<p>24</p> <p>Zeezee cinnamon crisp bar Corn chex/ educational snacks</p>	<p>25</p> <p>Pancakes w/syrup Cinnamon chex 2oz</p>	<p>26</p> <p>Bagel w/cream cheese yogurt w/ honey grahams</p>	<p>27</p> <p>Mini cheese omelet w/French toast stick Cinnamon chex/educational snacks</p>	<p>28</p> <p>Yogurt/ granola Multigrain cheerios/giant goldfish</p>

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolution foods.

This institution is an equal opportunity provider.  
All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

Dairy-Free (DF)

Vegetarian (V)

Student Favorite ★

# February



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Crispy chicken sandwich (DF)</p> <p>Salad Bar</p>	<p>4</p> <p>Pretzel dog (DF)</p> <p>Panada pie (V)</p> <p>Salad Bar</p>	<p>5</p> <p>Pepperoni pizza</p> <p>Cheese pizza (V)</p> <p>Salad Bar</p>	<p>6</p> <p>Hot meatball sub</p> <p>Cheesy beef &amp; salsa nacho dip w/scoops</p> <p>Salad Bar</p>	<p>7</p> <p>Five cheese lasagna (V)</p> <p>Turkey&amp;cheddar sandwich</p> <p>Salad Bar</p>
<p>10</p> <p>Chicken bites</p> <p>Panada pie (V)</p> <p>Salad Bar</p>	<p>11</p> <p>Cheesy beef&amp;salsa nacho w/scoops</p> <p>Salad Bar</p>	<p>12</p> <p>Pepperoni pizza</p> <p>Cheese pizza (V)</p> <p>Salad Bar</p>	<p>13</p> <p>Beef cheeseburger</p> <p>Salad Bar</p>	<p>14</p> <p>Hot dog (DF)</p> <p>Salad Bar</p>
<p>17</p> <p>No School (Staff Workday)</p>	<p>18</p> <p>Chicken potstickers</p> <p>Salad Bar</p>	<p>19</p> <p>Pepperoni pizza</p> <p>Cheese pizza (V)</p> <p>Salad Bar</p>	<p>20</p> <p>Spaghetti&amp;meatballs (DF)</p> <p>Panada pie (V)</p> <p>Salad Bar</p>	<p>21</p> <p>Sloppy joe's (DF)</p> <p>Salad Bar</p>
<p>24</p> <p>Mama's tamale (V)</p> <p>Salad Bar</p>	<p>25</p> <p>Smothered burrito</p> <p>Salad Bar</p>	<p>26</p> <p>Pepperoni pizza</p> <p>Cheese pizza (V)</p> <p>Salad Bar</p>	<p>27</p> <p>Chicken and Waffles</p> <p>Salad Bar</p>	<p>28</p> <p>BF for lunch: pancakes w/sausage</p> <p>Salad Bar</p>

Did you know?

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Student Favorite ★

Vegetable of the Day

Dairy-Free (DF) Vegetarian (V) options available daily – if not listed on the menu, available upon request

# February

# SUPPER

Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GNG cinn grahams/sunbutter/string cheese <b>3</b>	Goldfish pretzel, sunflower seeds, string cheese <b>4</b>	Rev crackers, string cheese <b>5</b>	GNG ham slider <b>6</b>	<b>7</b>
GNG ham slider <b>10</b>	GNG pesto turkey roll up <b>11</b>	Rev crackers, string cheese <b>12</b>	GNG cinn grahams/sunbutter/string cheese <b>13</b>	<b>14</b>
No School (Staff Workday) <b>17</b>	GNG pesto turkey roll up <b>18</b>	Rev crackers, string cheese <b>19</b>	GNG cinn grahams/sunbutter/string cheese <b>20</b>	<b>21</b>
GNG ham slider <b>24</b>	Goldfish pretzel, sunflower seeds, string cheese <b>25</b>	Rev crackers, string cheese <b>26</b>	GNG cinn grahams/sunbutter/string cheese <b>27</b>	<b>28</b>

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daily except when fruit  
juice is offered.

**Dairy-Free (DF)**

**Vegetarian (V)**

**Student Favorite** ★