



Lewis Basketball Academy Schedule

Saturday, September 10

- 8:30am Registration
- 9:00am Open Remarks & Introduction
- 9:15am Warmup
- 9:30am Stations (6 15-minute stations. Give 5-minute break after the 3rd station)
 - Ball Handling & Passing – Ricky & Dre
 - Moves Off the Bounce – Tyler
 - Scoring – Kenneth
 - Shooting – Timario & John
 - Playing Off 2 Feet – Kody
 - Ball Screen Setup & Pullup Jumpers – Colby
- 11:05am Break
- 11:15am Ball Screen Scoring Options – teach everyone together then split up
 - Reject
 - Beat the hedge
 - Split
 - Snake
 - Rescreen
 - Shoot behind the ball screen
- 12:00pm Lunch
- 12:20pm Speaker / NCAA Recruiting
- 12:40pm Warmup
- 12:50pm Playing Off Penetration – teach everyone together then split up
 - 3 Lines – Baseline Drive & Kick
 - Drift Pass
 - Pitch Back
 - Middle Drive Spacing
- 1:35pm Break
- 1:40pm 3 on 3 Live – Playing Off Penetration
 - Start in 3 on 3 Shell spots, reverse the ball, then live on the 2nd reversal
- 1:55pm Break
- 2:05pm Shots Off Screens – teach everyone together then split up
 - Wide Pin Downs – straight cuts, curls, flares, flare to rip
- 2:50pm Break
- 2:55pm 3 on 3 Live – Shots Off Wide Pin Downs
 - Defense can't switch the pin down (we want the cutter to make a read)
- 3:10pm Break
- 3:15pm Shell Defense
- 3:40pm 4 on 4 Live
 - Play from shell spots
- 4:00pm Closing Remarks & Dismissal



Lewis Basketball Academy Schedule

Sunday, September 11

- 9:00am Introduction & Warmup
- 9:15am Stations (6 15-minute stations with a 5-minute break halfway through)
 - Ball Handling & Passing – Ricky & Dre
 - Moves Off the Bounce – Tyler
 - Scoring – Kenneth
 - Shooting – Timario
 - Playing Off 2 Feet – Kody
 - How to Get Open / Pivots & Playing vs Pressure – Colby
- 10:50am Break
- 11:00am 1 on 1 / 2 on 2 Live (6 Stations of 10-minute stations of competition)
 - 1 on 1 – V Cut
 - 2 on 2 – Dribble at Stunt & Recover
 - 1 on 1 – Chair Drill
 - 2 on 2 – Wide Pin Downs
 - 1 on 1 – Long Closeout
 - 3 on 3 – Post Entry Split Action / Floppy Pin Down
- 12:00pm Lunch
- 12:20pm Film Study
- 12:40pm Warmup
- 12:45pm Transition Drills
 - 3 on 2, 2 on 1 (15 minutes)
 - Baseline Touch (30 minutes)
 - 3 on 3, 4 on 4, 5 on 5
 - At least 2 coaches per court. One coach offense and the other defense.
- 1:30pm Break
- 1:40pm Ball Screen Passing Reads – 3 Man Ball Screen Drill
 - Pocket Passes & Back Action
- 2:20pm Break
- 2:25pm 3 on 3 Live Ball Screen
- 3:00pm Closing Remarks & Dismissal