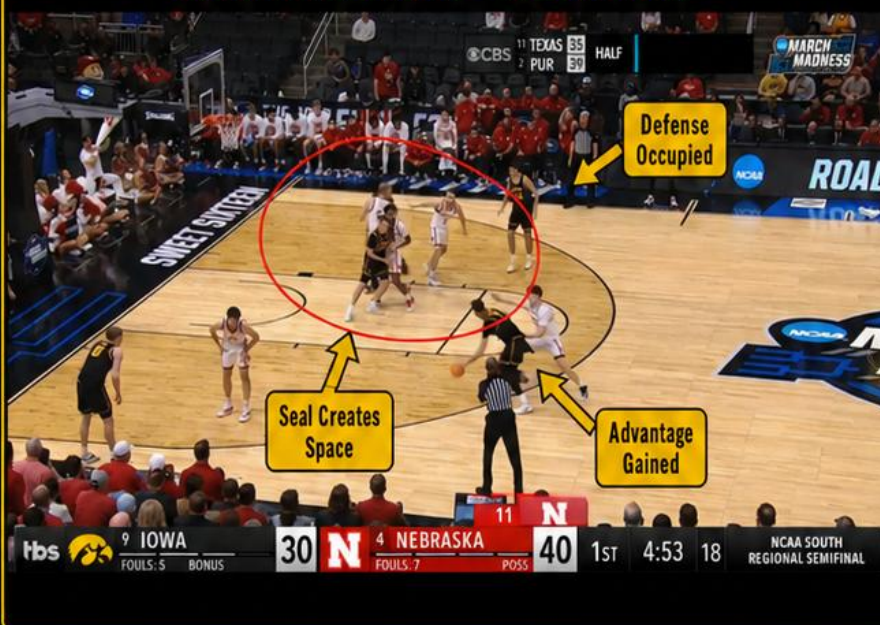




THE ADVANTAGE DNA™

- 1 1 dribbles to slot.
- 2 3 pin downs for 5 entry.
- 3 1 cuts into the paint.
- 4 3 clears to the corner.
- 5 5 passes to 4.
- 6 1 back screens 5 while sealing his own defender.
- 7 5 cuts and clears.
- 8 4 drives hard from the slot.
- 9 Nebraska gets occupied by the screening and sealing action.
- 10 Iowa gains the advantage and attacks the open lane.

ADVANTAGE FRAME — 4:53 1ST HALF



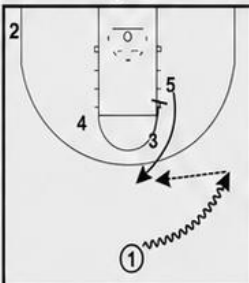
PAUSE HERE

Nebraska is occupied by the fake pin and the seal action, which is exactly where Iowa creates the advantage. As 1 back screens 5 while sealing his own defender, the weak-side defense gets tied up and the lane opens. When 4 catches from 5 and attacks immediately from the slot, Iowa has already created the driving window before the defense can recover.

ACTION BREAKDOWN

1. TRIGGER

Interference Swing Fake Pin Seal & Drive 1
Plays & Actions



1. 1 dribbles to slot
2. 3 pin downs 5 for entry

1 dribbles to the slot and 3 pin downs for 5 to create the initial entry. That movement starts the interference action and forces the defense to react.

2. FAKE PIN / ENTRY

Interference Swing Fake Pin Seal & Drive 1
Plays & Actions

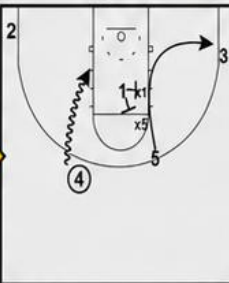


1. 1 cuts into paint.
2. 3 clears to corner
3. 5 passes to 4

1 cuts into the paint, 3 clears to the corner, and 5 passes to 4. The action disguises the next phase and keeps the defense occupied.

3. SEAL & DRIVE

Interference Swing Fake Pin Seal & Drive 1
Plays & Actions



1. 1 back screens 5 while also sealing his own defender.
2. 5 cuts and clears.
3. 4 drives hard from slot.

1 back screens 5 while sealing his own defender, 5 cuts and clears, and 4 attacks hard from the slot. The seal creates the driving window and Iowa plays off the advantage.

COACHING INSIGHTS



WHY IT WORKS:

The fake pin and seal sequence forces the defense to track multiple moving parts at once. That confusion opens the lane for the next attack.



DEFENSIVE REACTION:

Nebraska gets tied up around the screening action and cannot recover quickly enough to cut off the drive.



OFFENSIVE READ:

Recognize when the defense is occupied by the seal, then attack the lane immediately from the slot before the floor resets.



COACHING POINT:

Timing matters. Screen with purpose, seal your defender, clear space, and drive decisively on the catch.



STEAL THIS IDEA:

Use a fake pin into a seal-and-clear action to occupy help defenders before the drive. The best advantage often comes from the space created by the screen, not the first pass.



DNA TAKEAWAY:

**THE SEAL CREATES THE SPACE.
THE DRIVE ATTACKS THE ADVANTAGE.**