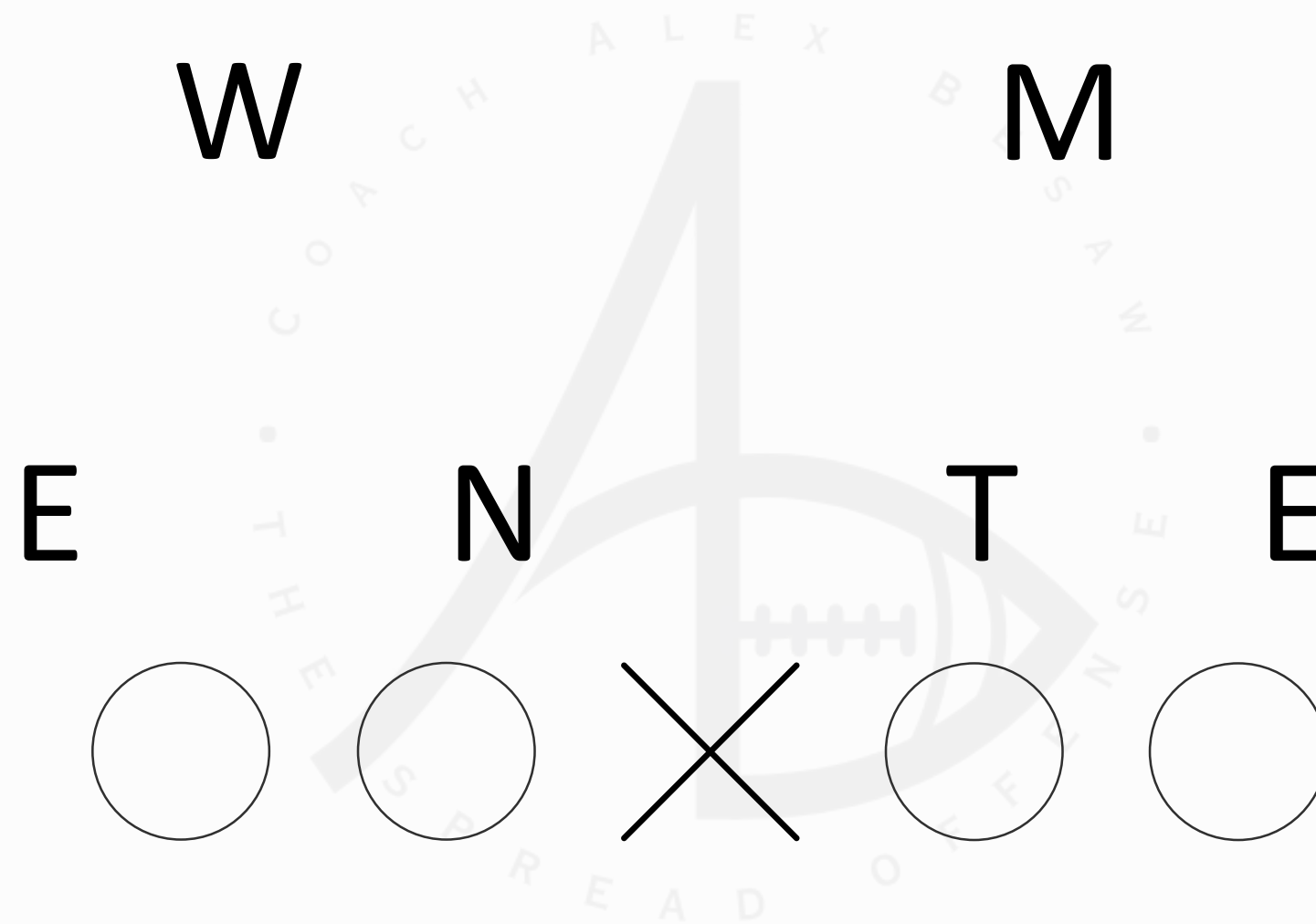


GAP BLOCKING RULES

I TEACH OUR GAP SCHEMES IN TERMS OF “GAP, DOWN BACKER”

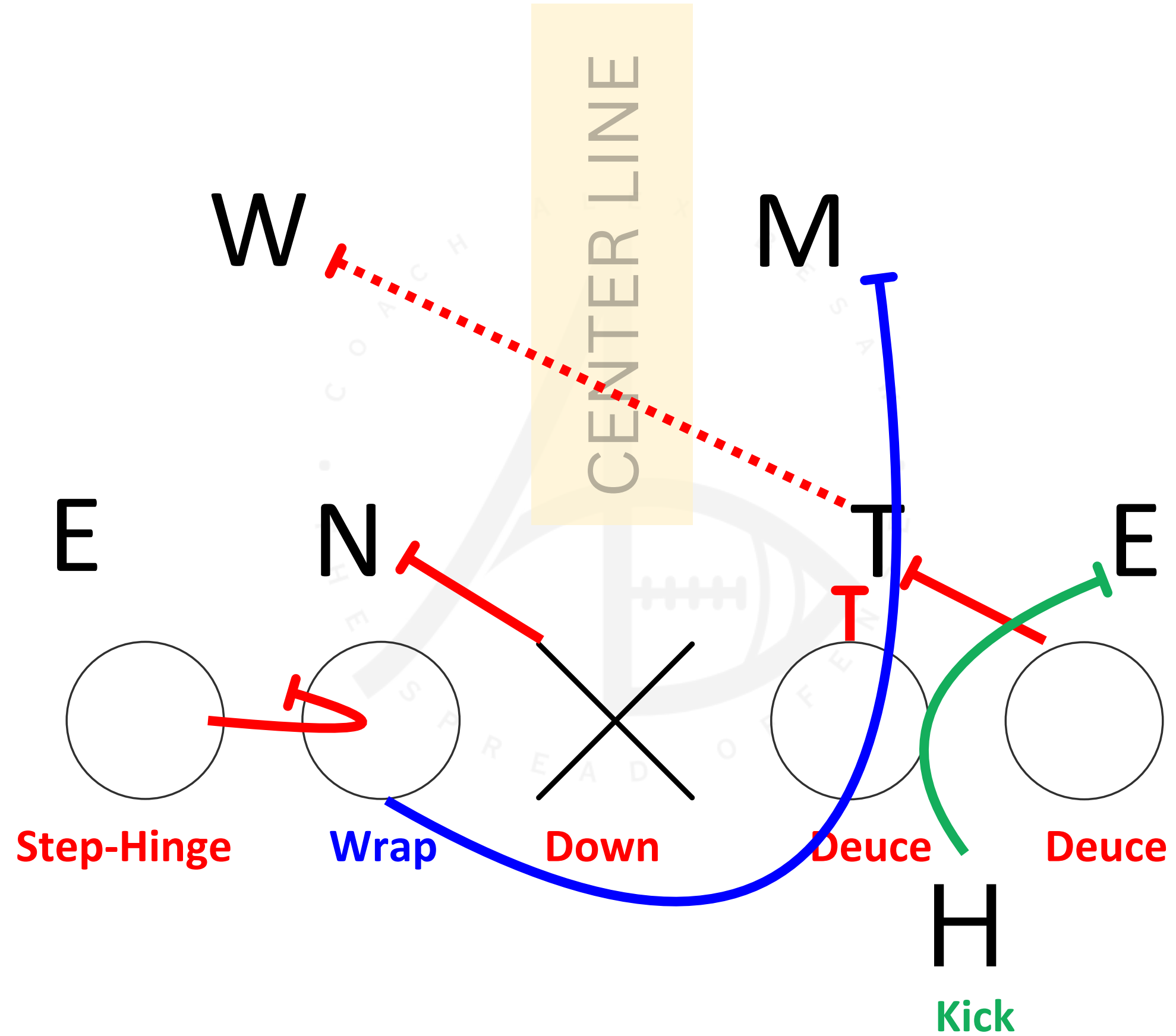


The rule prioritizes blocking defenders in a specific sequence:

First, the player looks for a defender in their inside gap; if none is found, they block a defender down (head up or outside the adjacent lineman); if there's still no defender, they proceed to block the nearest backer (linebacker).

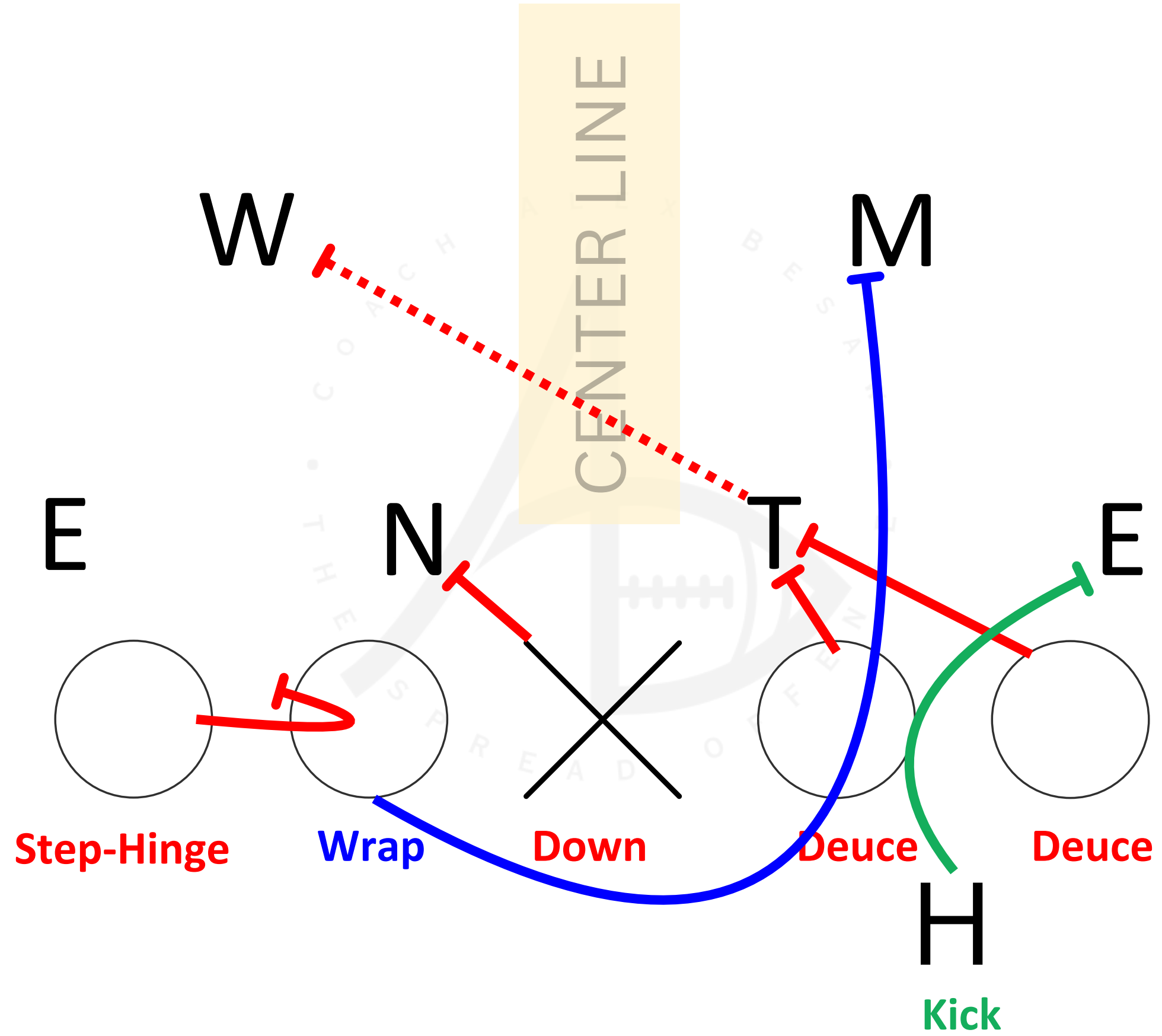
Gap Blocking Rules for Power

Even Split



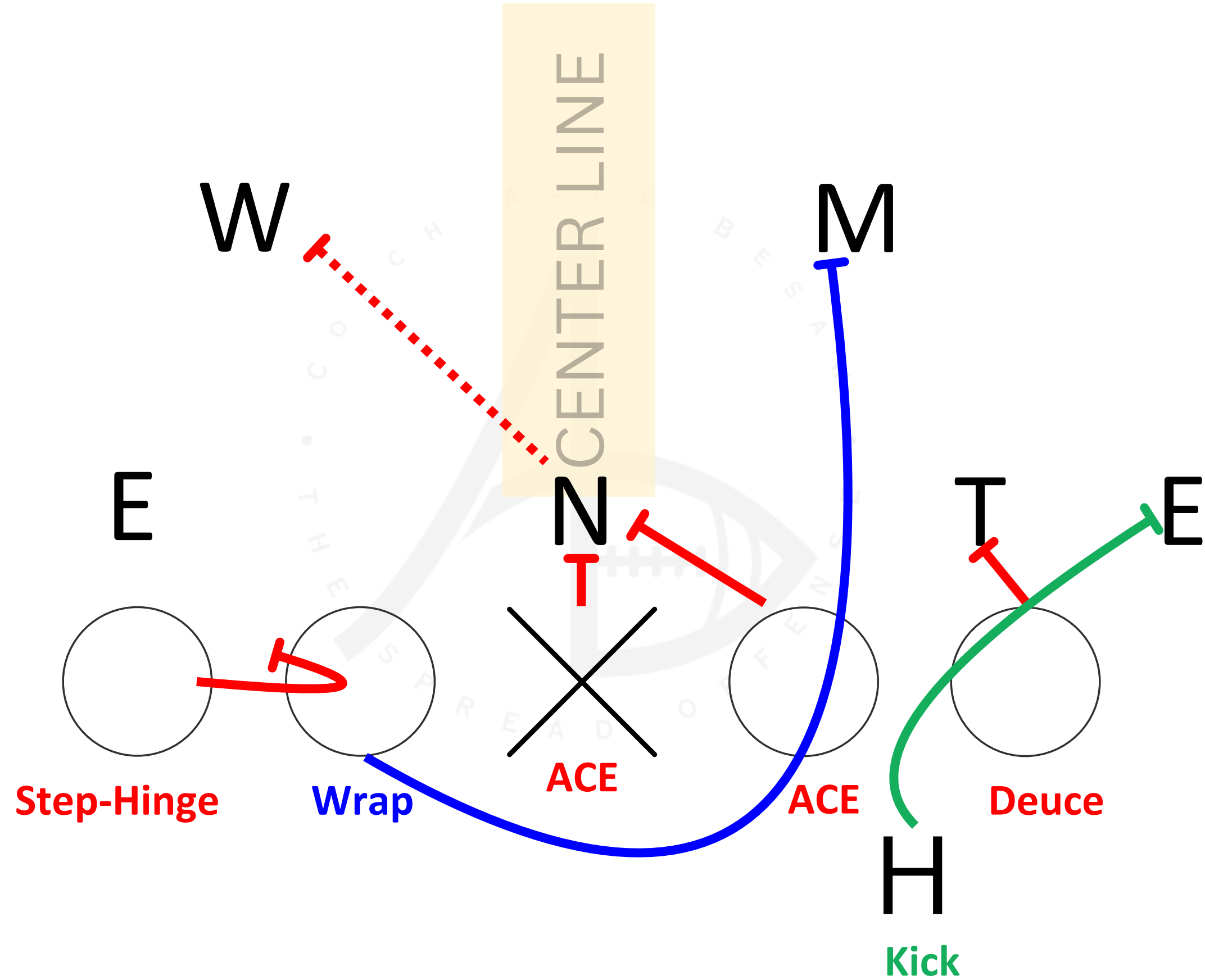
Gap Blocking Rules for Power

Even Split



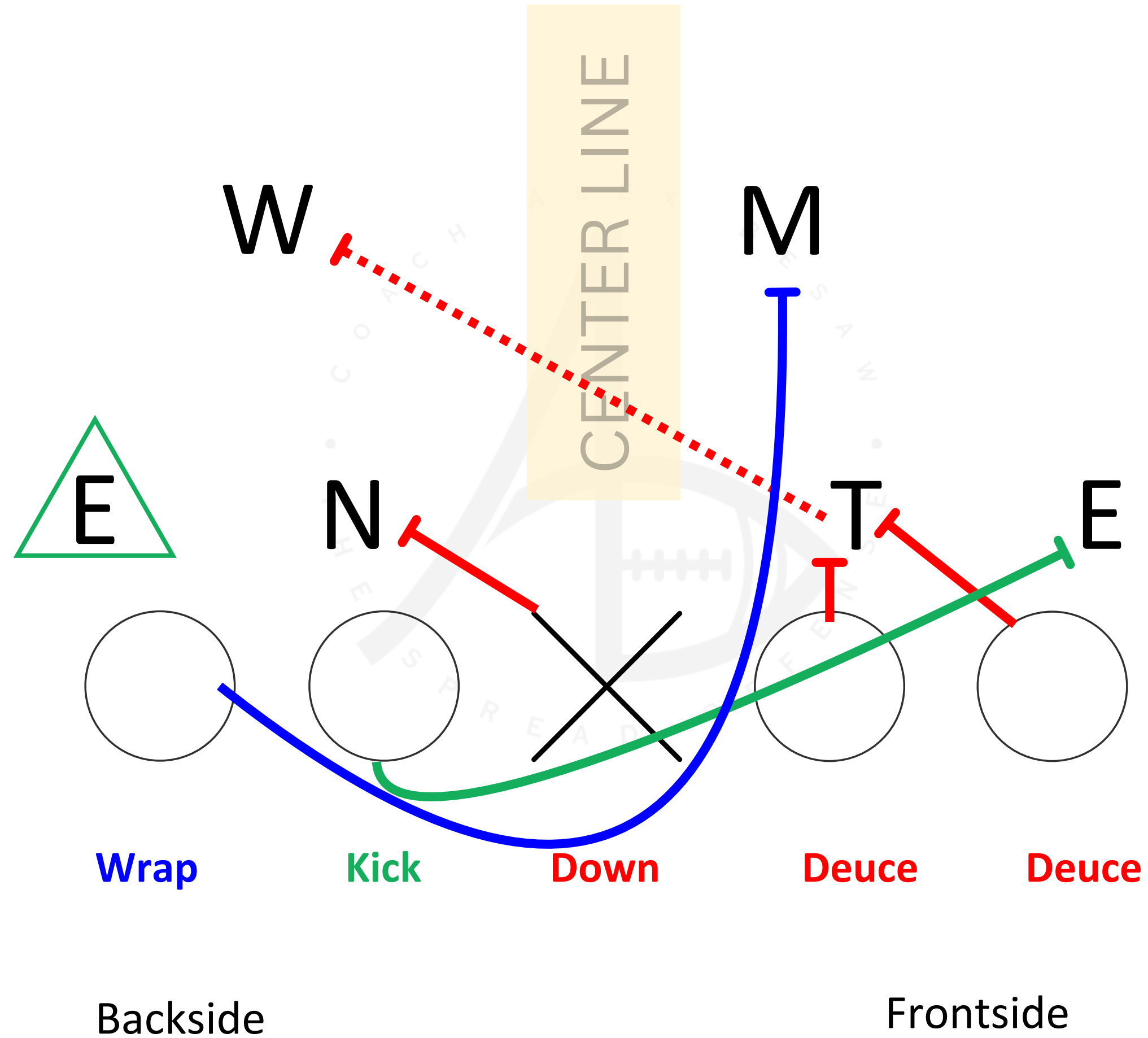
Gap Blocking Rules for Power

Odd Split — 1 BS



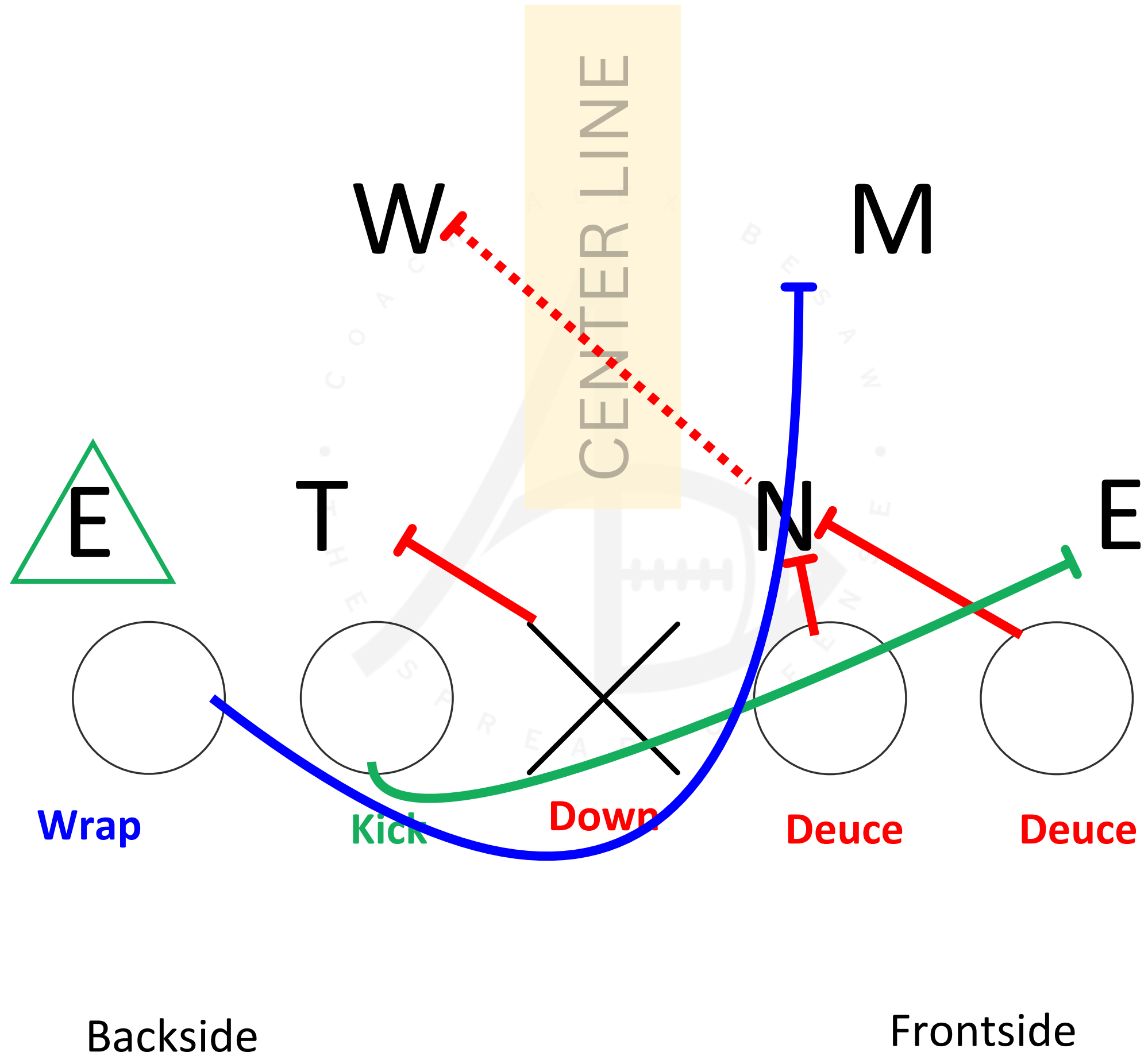
Gap Blocking Rules for Counter

Even Split



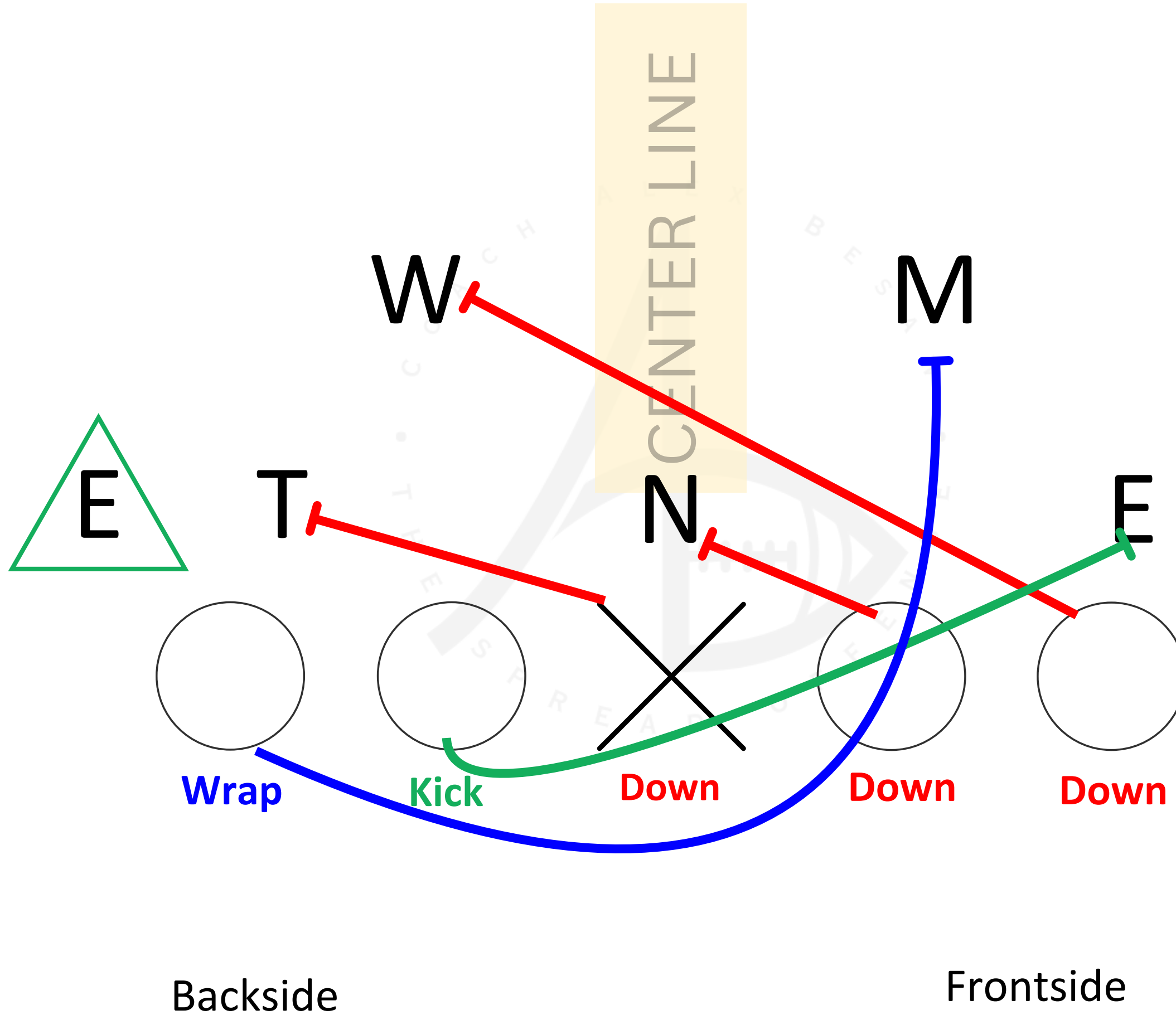
Gap Blocking Rules for Counter

Even Split



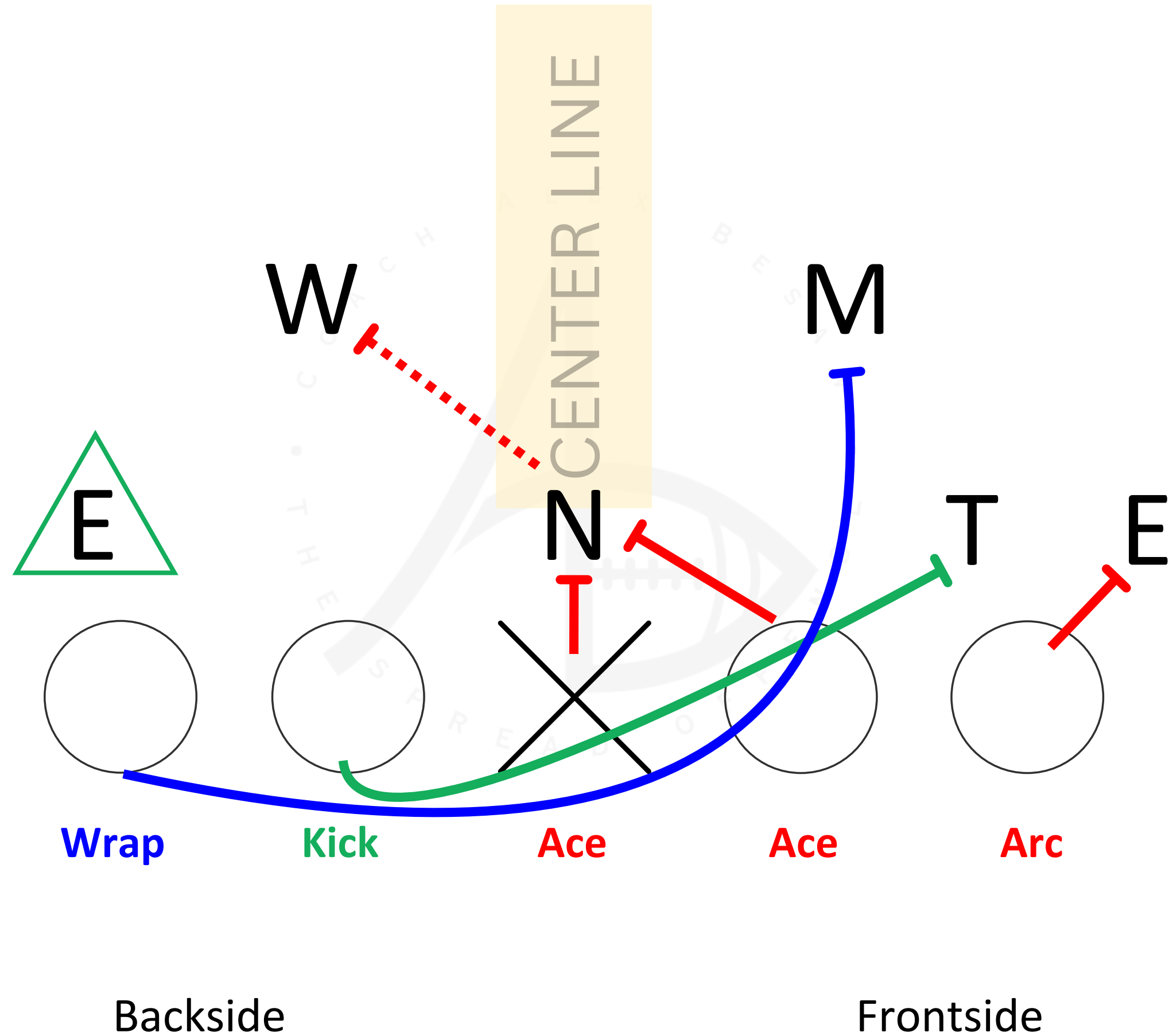
Gap Blocking Rules for Counter

Odd Split — 2 BS



Gap Blocking Rules for Counter

Odd Split — 1 BS



Gap Blocking Rules for Counter

ODD Stack — 1 BS

