

The Shooters Manual
TEST 5

1. What is Shooting Progression?
2. Why is Shooting Progression so successful at building great shooters?
3. List 8 steps of Shooting Progression-
 - A.
 - B.
 - C.
 - D.
 - E.
 - F.
 - G.
 - H.
4. Explain Partner Shooting
5. Explain Rapid Fire Shooting
6. Explain 3 man Shooting rotation
7. Explain Hot Shot Shooting
8. Explain Beat Micheal Jordan game
9. What are 3 things needed to become a great shooter
 - A.
 - B.
 - C.
10. Shooting is not a skill you are born with. Great shooters are made through hours and hours of _____.