

Cancer Assist Protocol

1. LLV (as recommended on the bottles), bone nutrient, terrazyme, zendocrine (pills), zendocrine oil, slim and sassy pills, ddr prime (1 capsule 3x a day) doTERRA products
2. GX Assist, PB Assist (doTERRA products)
3. Two drops of each of the following oils in a capsule - every morning and every night: frankincense, lemongrass, cinnamon, Rosemary (doTERRA products)
4. Drink tons of water, at least 64 ounces a day (everything you're doing is eliminating toxins. If you don't drink enough water, your body does not have a way to get rid of them – plus 2 drops of lemon into water and drink this will assist with detoxing)
5. Get eight hours of sleep each night or more (use doTERRA Lavender to help)
6. Eliminate stress as much as possible (use a diffuser and add Serenity – doTERRA product)
7. Serious! Drink 12 ounces two times a day of the five on five drink (fruit and vegetable drink).
8. Eliminate anything from your diet that you can that has hormones, pesticides, antibiotics, preservatives, processed foods etc. (this frees up your immune system to take care of the cancer instead of being overloaded with lots of other work.)
9. Eliminate all sugar! No joke. Cancer feeds on sugar so just until you're out of the woods. If your cancer is pretty serious, you will be doing this for a while before you can relax. If your cancer isn't as Advanced, you may not have to do it for as long. A good alternative for sugar in case they just can't say no to sugar is Stevia. As far as I can find in my research, it does not process in your blood the same way so the cancer can't feast on it. (Worst sugars for health and cancer too. And in this order; corn syrup, white sugar, white breads)
10. Apply any of the above listed oils (with coconut oil) at cancer site. Note: The oil's help fight the cancer and even kill it, but everything else takes a huge load off of your immune system and then your immune system can take care of more of the cancer than you can imagine.

Create a Special Drink

This drink is nothing but fruits and vegetables! It's a recipe that comes from a famous Chinese book with recipes that are designed to fight unhealthy cell growth. It's not even available in English.

You'll need a really good blender so you don't burn up the motor. Make enough for 3-5 days depending on how much you drink each day. All of the ingredients should be fresh and with no chemicals or pesticides. You can either buy organic vegetables or make sure you have a great vegetable wash that gets the chemicals and pesticides off. If you are not using organic vegetables, make sure you wash them well. I told you I like my food to taste yummy and I like this drink sweeter. It's kind of thick too. When I add the optional juice it makes it perfect!

You Will Need

- 1 Apple (chopped into chunks. Keep everything but the stem.)
- 1 Cup Strawberries (With the greens)
- 1 Cup Grapes (no stems)
- 1 Cup Pineapple
- 1/2 Cup Gogi Berries (The best I can find are dried at Winco in the bulk section. Find a store near you where they are available.)
- 1 Beet with the greens
- 1 Cup Celery (with tops)

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- 1 XL Carrot
- 1 Large Tomato
- 1 Cucumber
- (Optional) Pure Pineapple Juice or Apple Juice (with nothing added - especially sugar) NOTE: This is not included in the original recipe.

Directions:

1. Put the juiciest ingredients in first and fill the blender up about half way. This will allow the blender to blend without getting stuck.
2. Add additional ingredients a little at a time to allow the blender to blend as you go.
3. Add water if you'd like your drink thinner. Add Pineapple or Apple Juice if you like your drink sweeter - this will also thin it down.
4. Drink 8-12 oz. once or twice daily. Refrigerate remaining drink in a tightly covered container.