

Youdgee Massage Gun Review - Deep Tissue Relief for Muscles

When you are interested in purchasing a massage gun for yourself or for a friend, you will need to know what kind of features to look for. This article will help you by giving you an overview of a popular yet affordable massage gun called the [Youdgee Massage Gun](#).

In order for you to make an informed decision, in this Youdgee Massage Gun review we are hoping to provide you with relevant, accurate information. Afterwards you should be able to decide if the Youdgee Massager is right for you, we take a closer look at it.



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What is the Youdgee Massage Gun?

The Youdgee Massage Gun is a handheld electric body massager designed for a variety of uses. It is ideal for a sedentary office worker, professional athlete, or anyone with sore muscles. It is also great for travelers. Whether you're in the car, train, or airplane, you can use the massage gun to relax and relieve sore muscles.

So you can get a good idea of the benefits you'll receive from using a Youdjee muscle massager, here is a short list:

- relax muscles
- relieve tight muscles
- relieve muscle soreness
- provide comfort for stiff backs
- improves soft tissue health
- reduces inflammation
- increases blood flow
- speeds up recovery

The Youdjee Deep Tissue Massager is available on Amazon. It is a popular product that has over 7,252 customer ratings. 80% of customers rated the product 5 stars - [click to read customer reviews!!](#)

What are the Features of the Youdjee Deep Tissue Massage Gun?

Most massage guns have similar designs but it's the small things that distinguishes one from another. The most important feature with the Youdjee massager is it's affordability but here are other features and specifications you will enjoy with this product:

6 Speed levels: This massage gun deep tissue has a total of 6 speeds (1-2 wake muscles, 3 relieve soreness, 4 deep tissue massage, 5 muscle recovery, 6 suitable for use after high-intensity exercise).

Interchangeable massage heads: Ball head can be used for arms, lower back, hips, thighs and calves; bullet head can be used for meridians, joints, palms, soles of feet; flat head can be used for relaxation and shaping of all muscle groups; u-shaped is available on the shoulders, spine and bilateral muscles.

Lightweight and portable : Cordless deep tissue massager. The muscle gun massager weighs 3.2lbs and has a travel bag to make it easy to carry . We can use this muscle massage gun at home, office, gym or on the go.

Long battery life: It takes 3-4 hours to full charge and can use 5-6 hours. It is only about 45 dB and surely gives you a relaxing massage. Uses a 2500mAh lithium battery.

Noise level 35-55db

How to Use the Youdjee Muscle Massager

The Youdjee massager gun is easy to use. It comes with a variety of head types so you will need to find the one that works best on the muscle group you want to target. Turn the device on then select the speed or vibration level you're comfortable with.

Apply the massager to the sore muscles and allow it to penetrate and vibrate deep into your muscle. There is a guide that comes with the product that instructs users how often to use the massager on their body.



Automatically disconnects every 10 minutes of use to avoid muscle damage caused by prolonged use

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Normally people will use this right after a workout or long day at work. But anytime you're experiencing sore muscles you can use this device.

What Comes in the Box of the Youdjee Massager?

You'll get everything you need to start relieving tension and muscle soreness with the Youdjee cordless muscle massager. The massage gun comes with a charging cable and 5 interchangeable massage head attachments. It also has a users manual and travel bag.

Included with this massage gun are the following attachments:

Ball Head: for arms, lower back, hips, thighs, and calves

Flat Head: for relaxation and shaping of all muscle groups

Bullet Head: for meridians, joints, palms, and soles

U Shaped Head: for shoulder, spine, and bilateral muscles

Thumb Head: for the palm and sole of the foot

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Does Youdgee Massage Gun Really Work?

Youdgee massage gun mini might be the perfect choice if you're looking for an affordable, compact model. With twelve massage heads, you can target the particular muscles that need the most attention. Because it is lightweight, it is very portable.

You can benefit from the Youdgee cordless muscle massager. In addition to soothing sore, stiff, and aching muscles, it is a simple, compact device that can be used anywhere. A rechargeable battery can last up to 15 hours on the handheld design. You might be interested in the Youdgee cordless massager if you're an athlete seeking muscle recovery or suffer from chronic pain.

Regardless whether you choose the Youdgee massage gun or another model, we hope this Youdgee Massage Gun Review provided the insight you needed to make an informed decision.