



ACTION #2

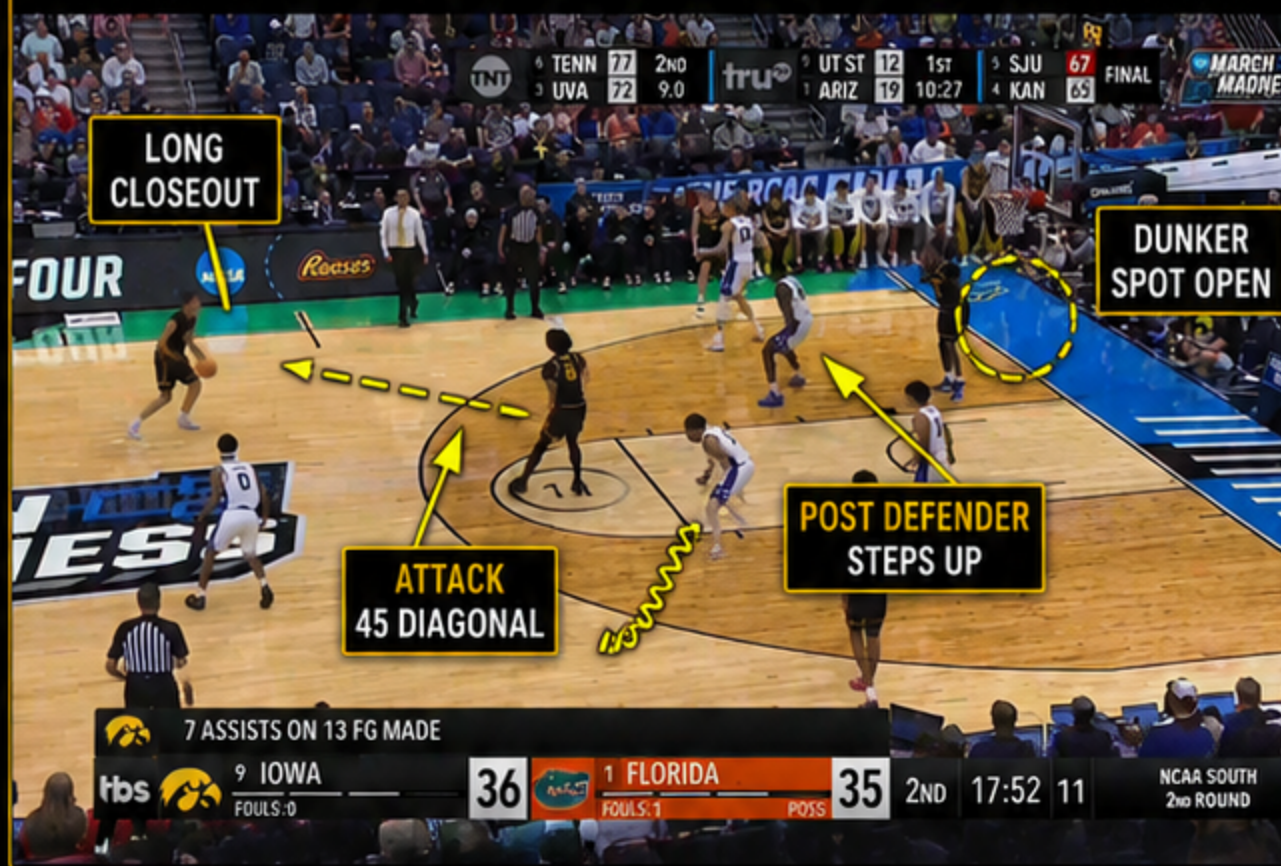
DROPPING TO DUNKER SPOT 2

SERIES: PENETRATION & POST OFFENSE | **DNA CATEGORY:** CREATE AN ADVANTAGE

ADVANTAGE DNA™

- 1 High ball screen creates the short-roll catch.
- 2 Kick-out produces a long closeout to 1.
- 3 1 attacks the 45 diagonal.
- 4 The post defender steps up to help.
- 5 5 drops to the dunker spot.
- 6 Drop-off creates the layup.

ADVANTAGE FRAME — 17:52 2ND HALF



COACHING INSIGHTS

✓ WHY IT WORKS
The long closeout gives 1 a clear driving angle. Attacking the 45 diagonal forces the post defender to help, which opens the dunker spot.

🛡️ DEFENSIVE REACTION
Florida's closeout is long, the shell shifts late, and the post defense steps up to stop the interior touch.

👁️ OFFENSIVE READ
Attack the closeout, play downhill, feed the post, and hit the dunker drop when the help commits.

📢 COACHING POINT
Teach the guard to recognize the long closeout, attack the 45 diagonal, and play off the post defender's help.

1. LONG CLOSEOUT

Penetration & Post Offense
Dropping to Dunker Spot-2
Iowa Penetration & Post Offense



1. Possession starts with high ball screen and short roll.

The short roll and kick-out create a long closeout to 1 on the left wing.

2. ATTACK THE 45

Penetration & Post Offense
Dropping to Dunker Spot-2
Iowa Penetration & Post Offense

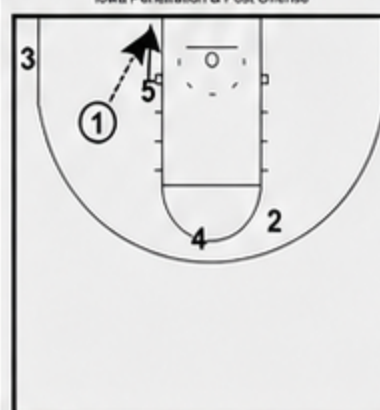


1. On kick out to 1. 1 attacks rim at the 5

1 attacks the 45 diagonal and enters the post as the help steps up.

3. PLAY THE DUNKER

Penetration & Post Offense
Dropping to Dunker Spot-2
Iowa Penetration & Post Offense



1. On drive towards player on the block the player(5) drops to dunker spot for drop off.

As the post defender helps, 5 drops to the dunker spot for the layup.



STEAL THIS IDEA

Use the kick-out to create a long closeout. Attack immediately so the defense has to help before it can flatten out.

DNA TAKEAWAY

ATTACK THE LONG CLOSEOUT.
HIT THE POST.
DROP TO THE DUNKER.

