

# SEPTEMBER

# BREAKFAST

Pre-K

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 • No School	3 • HOT french toast sticks	4 • HOT cornbread & egg omelet ○ orange juice available	5 • banana muffin	6 • yogurt/granola ○ orange juice available
9 • Cheerios	10 • breakfast cinnamon crumble	11 • HOT pancake bowl strawberry	12 • HOT cheddar cheese & omelet gordita	13 • HOT french toast sticks
16 • corn chex	17 • HOT pancakes w/ syrup	18 • cinnamon raisin bagel	19 • blueberry muffin	20 • HOT cornbread & egg omelet
23 • Cheerios	24 • HOT pancake bowl peach	25 • HOT sausage & cheddar biscuit	26 • french toast muffin	27 • HOT chicken sausage & omelet gordita
30 • corn chex				

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

**revolution**foods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

**BREAKFAST:** choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

**STUDENT FAVORITE** ★

# SEPTEMBER

# LUNCH

Pre-K

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>NO SCHOOL</li> </ul>	<ul style="list-style-type: none"> <li>italian calzoni (VG)</li> <li>pinto beans</li> </ul>	<ul style="list-style-type: none"> <li>pepperoni pizza</li> <li>sliced cucumber</li> </ul>	<ul style="list-style-type: none"> <li>classic chicken parm pasta</li> <li>steamed corn</li> </ul>	<ul style="list-style-type: none"> <li>burger (DF)</li> <li>blanched broccoli florets w/ ranch</li> </ul>
<ul style="list-style-type: none"> <li>bean &amp; cheese quesadilla (VG)</li> <li>seasoned green beans</li> </ul>	<ul style="list-style-type: none"> <li>chicken bites</li> <li>cheeseburger</li> <li>glazed carrots</li> </ul>	<ul style="list-style-type: none"> <li>pepperoni pizza</li> <li>blanched broccoli w/ ranch</li> </ul>	<ul style="list-style-type: none"> <li>penne pasta w/ meat sauce (DF)</li> <li>chopped lettuce &amp; sliced tomatoes w/ ranch</li> </ul>	<ul style="list-style-type: none"> <li>pancakes w/ omelet (VG)</li> <li>steamed corn</li> </ul>
<ul style="list-style-type: none"> <li>bean &amp; cheese pupusa (VG)</li> <li>seasoned green beans</li> </ul>	<ul style="list-style-type: none"> <li>mac &amp; cheese &amp; chicken bites</li> <li>green peas</li> </ul>	<ul style="list-style-type: none"> <li>)</li> <li>pepperoni pizza</li> <li>diced carrots w/ ranch</li> </ul>	<ul style="list-style-type: none"> <li>spaghetti marinara w/ mozzarella (VG)</li> <li>green beans</li> </ul>	<ul style="list-style-type: none"> <li>chicken caesar wrap</li> <li>broccoli &amp; carrot salad</li> </ul>
<ul style="list-style-type: none"> <li>tamale (red chile chicken) (DF)</li> <li>chili citrus corn</li> </ul>	<ul style="list-style-type: none"> <li>cheeseburger</li> <li>glazed carrots</li> </ul>	<ul style="list-style-type: none"> <li>pepperoni pizza</li> <li>steamed corn</li> </ul>	<ul style="list-style-type: none"> <li>bean &amp; cheese quesadilla (VG)</li> <li>chopped lettuce &amp; sliced tomatoes w/ ranch</li> </ul>	<ul style="list-style-type: none"> <li>pancakes w/ omelet (VG)</li> <li>coleslaw</li> </ul>
<ul style="list-style-type: none"> <li>cheese enchiladas (VG)</li> <li>diced carrots w/ ranch</li> </ul>				

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:  
 Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients  
 Learn more about us on our website at [www.revolutionfoods.com](http://www.revolutionfoods.com)

**revolution**foods.

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DAIRY-FREE (DF) VEGETARIAN (V)  
 options available daily – if not listed on the menu, available upon request.

VEGETABLE  
 OF THE DAY

STUDENT  
 FAVORITE ★

# SEPTEMBER

**GRAB N GO**  
**SUPPER**  
Pre-K

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> <li>GNG scoops w/ cheddar &amp; salsa <b>2</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG sweet garlic noodles <b>3</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken ranch slider <b>4</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG BBQ chicken pizza chef <b>5</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken salad slider <b>6</b></li> </ul>
<ul style="list-style-type: none"> <li>GNG turkey &amp; cheese crackers <b>9</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken picnic pasta <b>10</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG bbq chicken pizza chef <b>11</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken salad slider <b>12</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG sweet garlic noodles <b>13</b></li> </ul>
<ul style="list-style-type: none"> <li>GNG scoops w/ cheddar salsa <b>16</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken ranch slider <b>17</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG turkey &amp; cheese crackers <b>18</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG sweet garlic noodles <b>19</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken salad slider <b>20</b></li> </ul>
<ul style="list-style-type: none"> <li>GNG turkey &amp; cheese crackers <b>23</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG bbq chicken pizza chef kit <b>24</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken picnic pasta <b>25</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken ranch slider <b>26</b></li> </ul>	<ul style="list-style-type: none"> <li>GNG chicken salad slider <b>27</b></li> </ul>
<ul style="list-style-type: none"> <li>GNG scoop w/ cheddar &amp; salsa <b>30</b></li> </ul>				

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**VEGETARIAN (V)** options available daily – if not listed on the menu, available upon request.

**SUPPER:** choice of 1% or fat-free milk; fresh fruit available daily.

**STUDENT FAVORITE**

