ADVANTAGE VOLUME 1

FILM ROOM 04

MICHIGAN BASKETBALL

TRADITION FUELS TOMORROW

ZOOM → PUT THE DEFENDER BEHIND

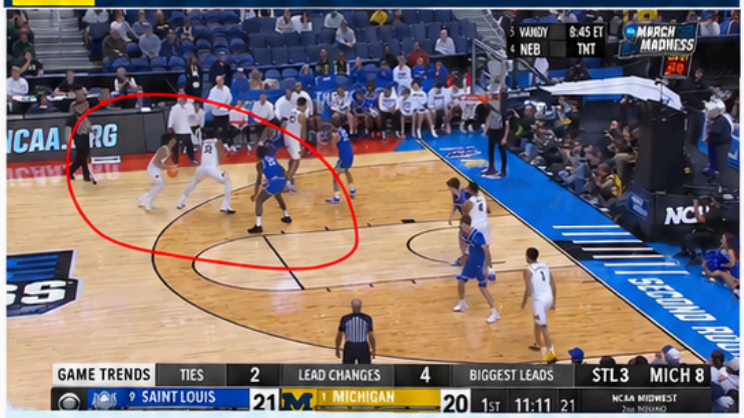
CREATE

SIMPLE ACTIONS BIGGER ADVANTAGES

Michigan vs Saint Louis | Clip ID: ADV-024

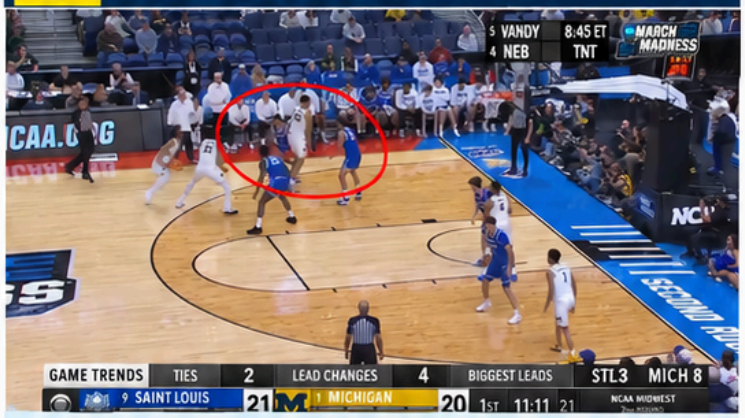
RESULT: OPEN 3

1 ZOOM SETUP



Michigan flows into Zoom action on the left side.

2 X1 FIGHTS OVER

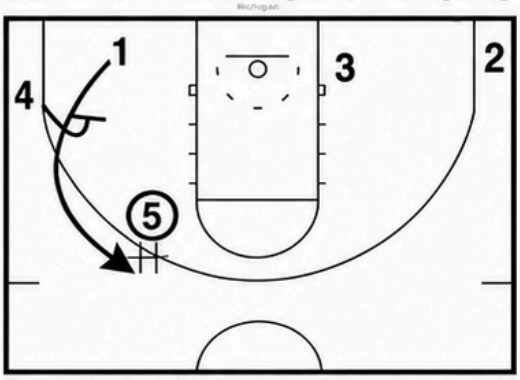


The defender chases over the screen and gets stuck behind the play.

PLAY DIAGRAMS *(From FastDraw – pg. 116)*

Advantage Offense Final

 # 1 Zoom Action- Attacking Defenses Fighting Over



Zoom action for 1, X1 chases over the screen and gets hit by 4. 1 gets an open 3 from 5's handoff

TEACHING POINTS

1. Use the pindown-to-DHO connection to put the defender behind the play before the catch.
2. Make the defender chase over the screen and into the handoff.
3. If X1 trails, 1 has clean space coming off the handoff.
4. The first advantage is the defender behind the play.
5. This creates a clean catch-and-shoot 3.

ADVANTAGE CREATED

Defender Behind / Guard Stuck Fighting Over

KEY TEACHING CUE

"Screen him into the handoff."

WHY IT WORKS

The Zoom action blends the pindown and the handoff so the defender has to chase through two connected actions. When X1 fights over and gets stuck behind the screen, 1 comes free off 5's handoff with clean shooting space.

PRACTICE LAB IDEA

Zoom Trail Read 2v2

- Start with the Zoom alignment.
- Flow from pindown into the handoff.
- Live defense: make X1 chase over.
- Read whether the defender is behind.
- Shoot the open 3.