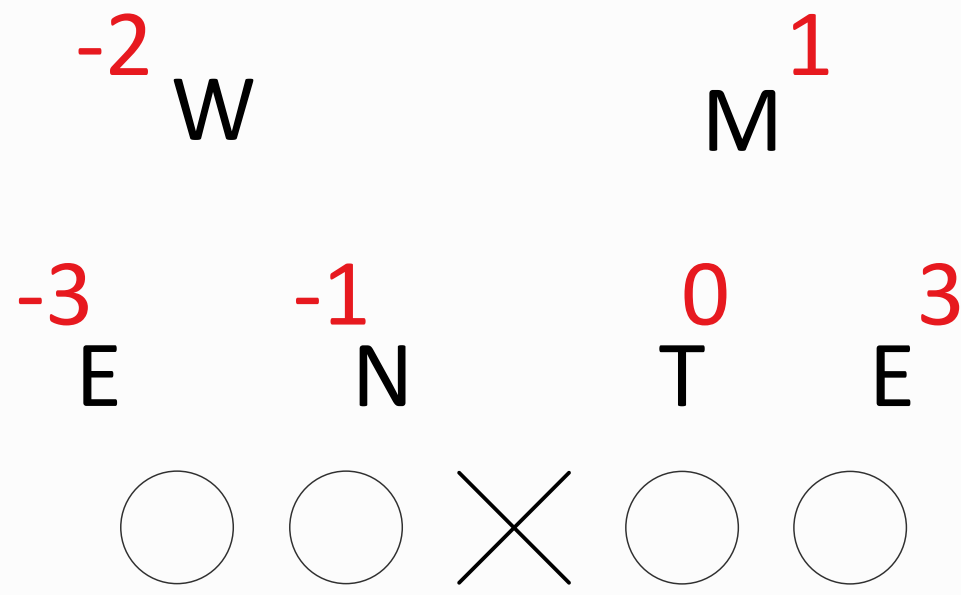


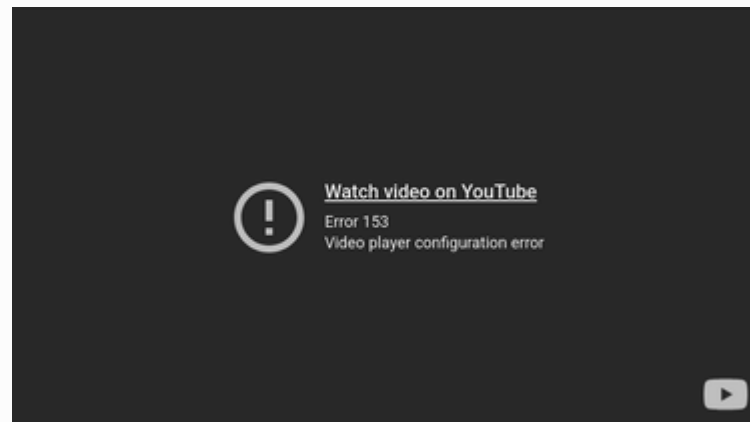
ZONE BLOCKING RULES

I COACH ZONE BLOCKING BASED ON TWO SCHOOLS OF THOUGHT

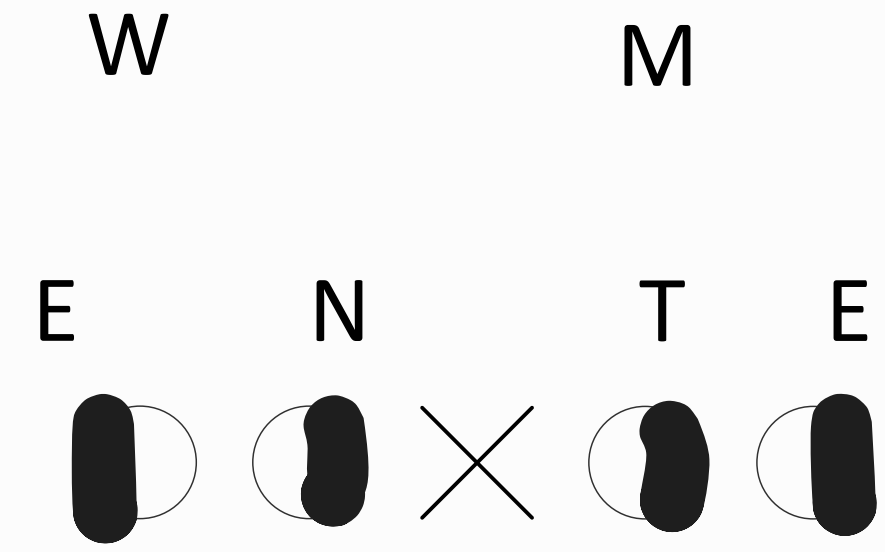
1 - Count System



watch the video below
For a thorough breakdown on using the count system



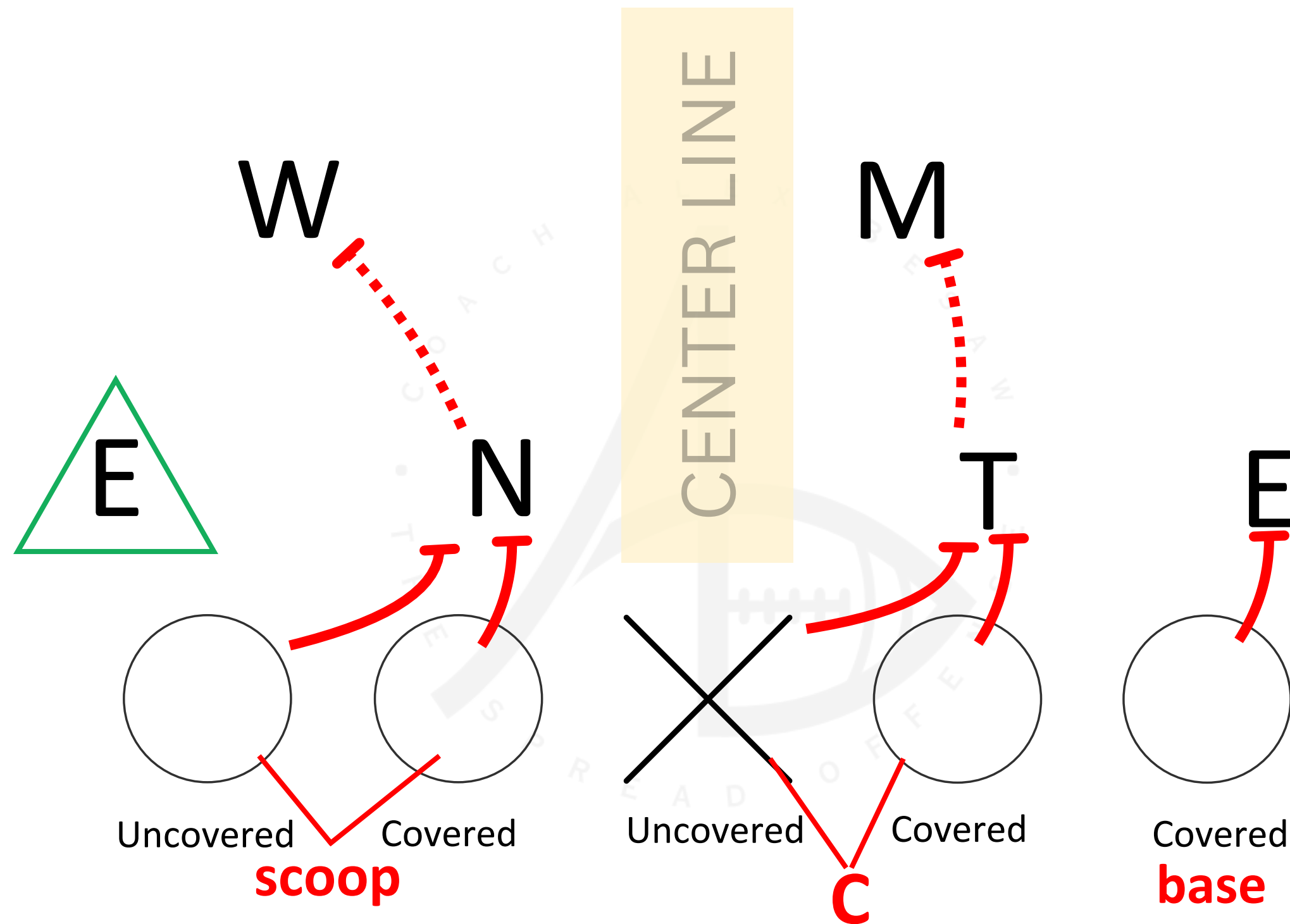
2 - Covered / Uncovered Principles



The next slide will address the covered / uncovered blocking responsibilities for Inside Zone & Outside Zone

Covered / Uncovered Rules in Our Zone Blocking Scheme

Even Split

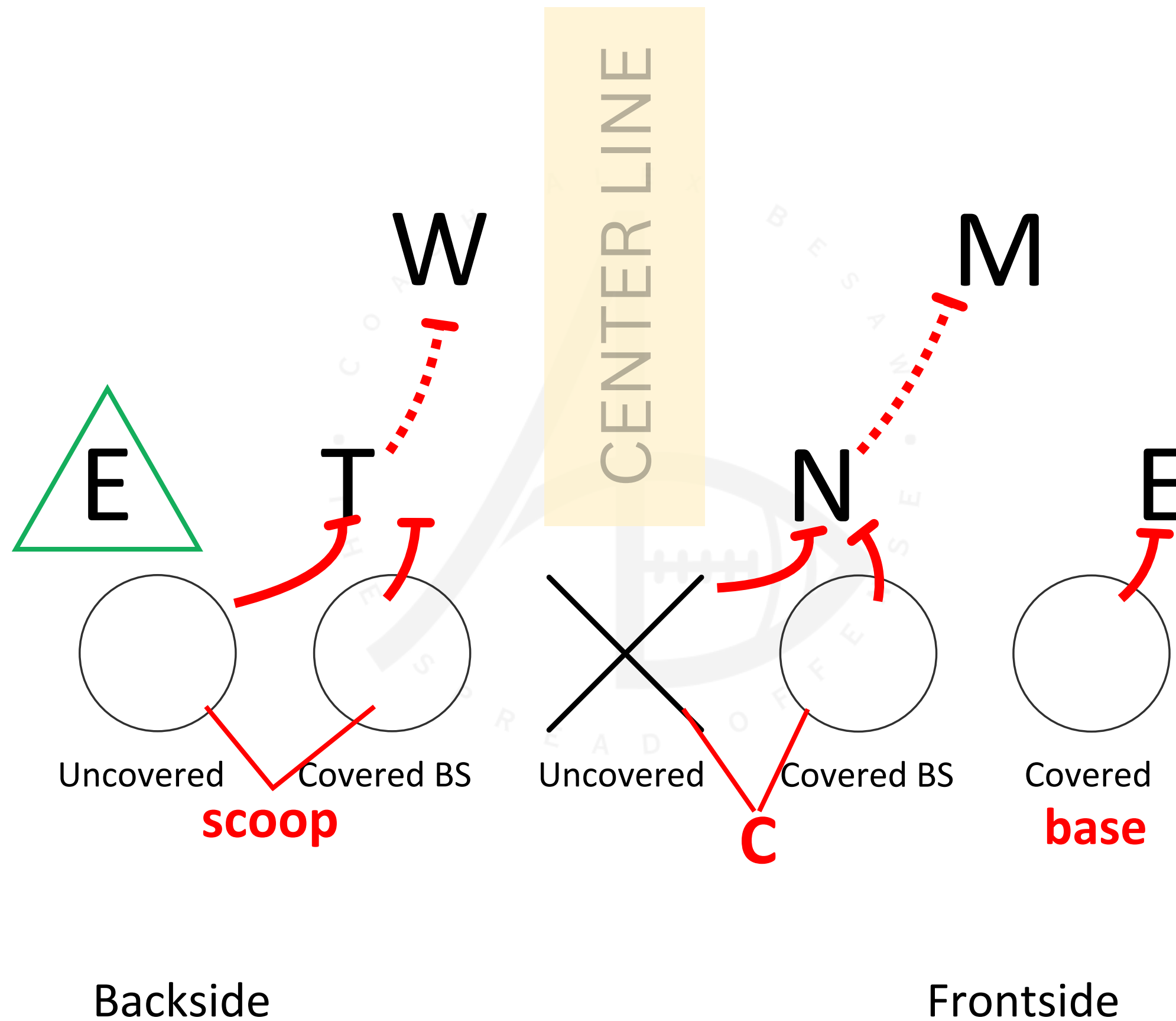


Backside

Frontside

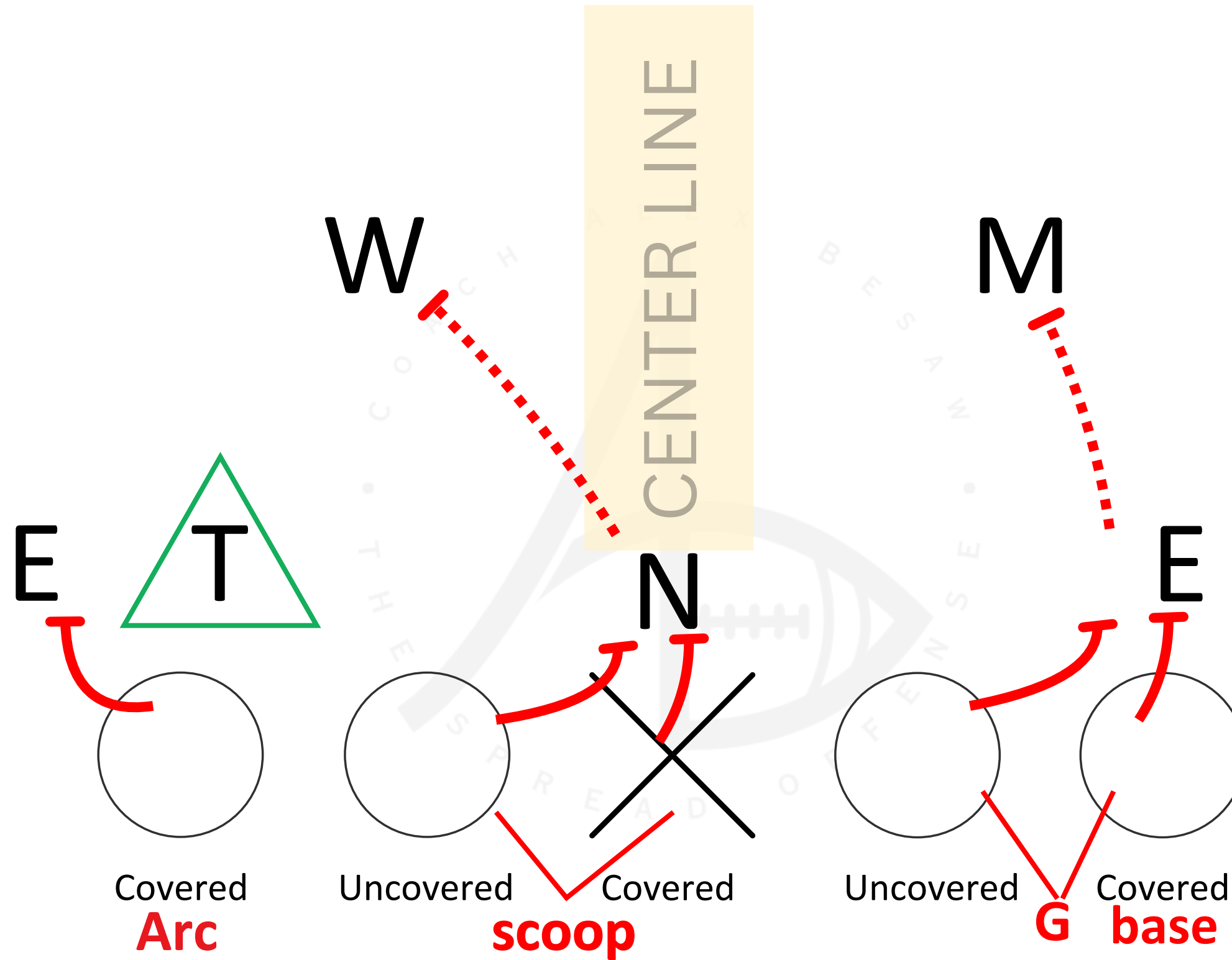
Covered / Uncovered Rules in Our Zone Blocking Scheme

Even Split



Covered / Uncovered Rules in Our Zone Blocking Scheme

Odd Split

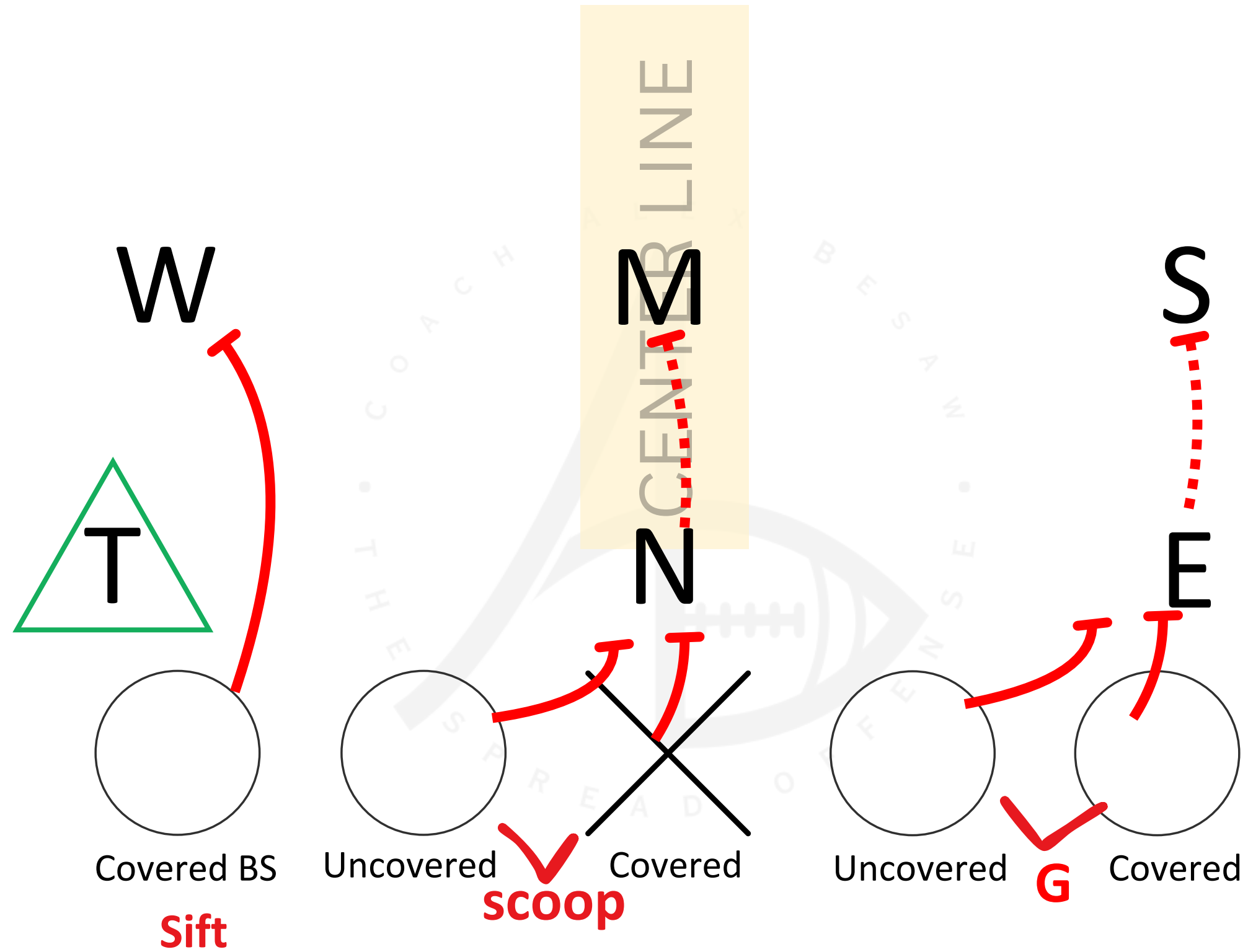


Backside

Frontside

Covered / Uncovered Rules in Our Zone Blocking Scheme

Odd Stack



Backside

Frontside