

Rise Supplement Review

RISE SUPPLEMENT: OFFICIAL WEBSITE

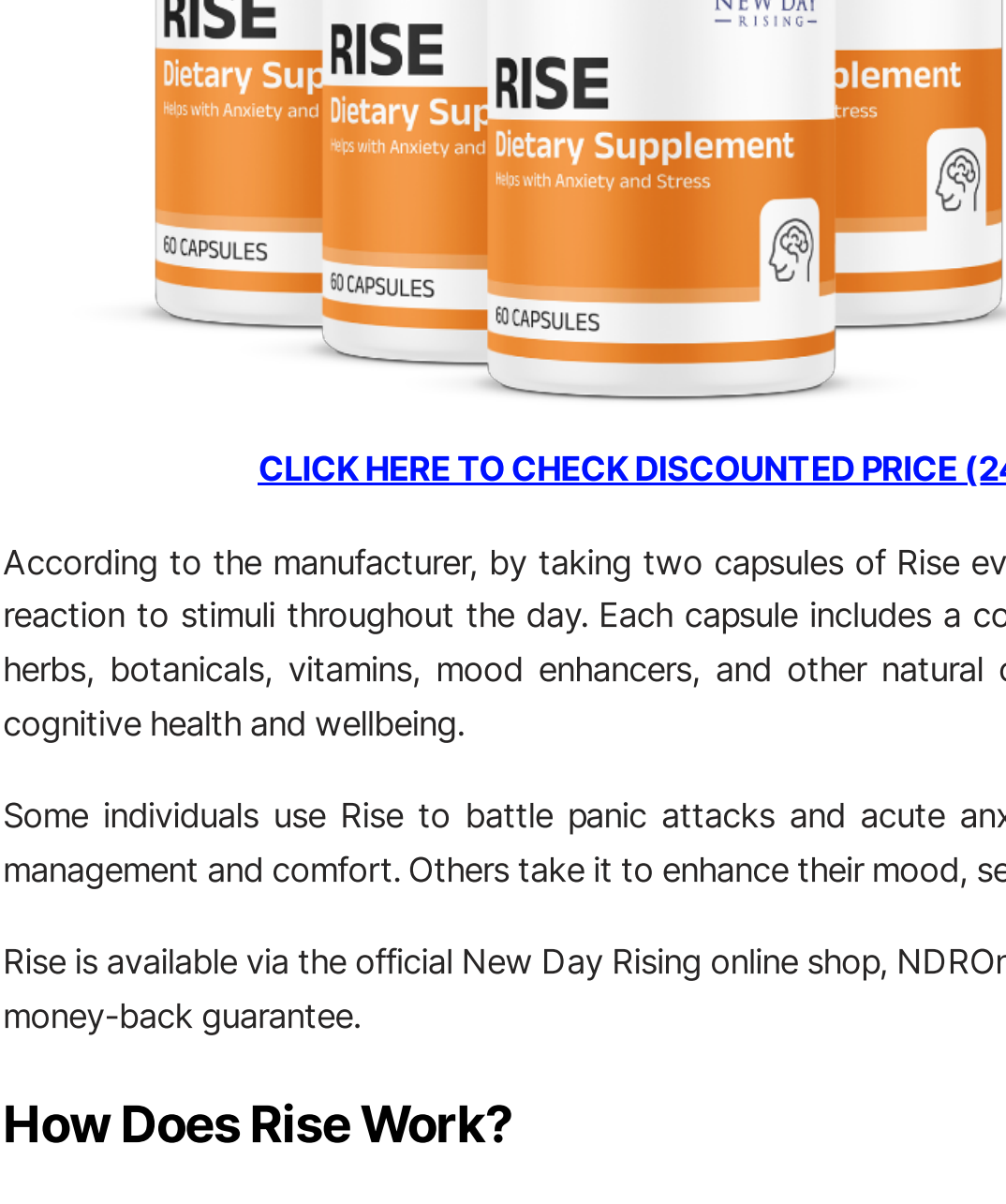
Rise is a dietary supplement intended to reduce anxiety and tension.

Rise, created by New Day Rising, claims to treat the fundamental cause of anxiety and stress using a combination of natural, non-addictive substances.

Continue reading our review to learn all you need to know about New Day Rising Rise and how it works today.

How is New Day Rising Rise Defined?

Rise is a nutritional supplement developed by New Day Rising to assist those with anxiety and stress.



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According to the manufacturer, by taking two capsules of Rise everyday, you may moderate your body's reaction to stimuli throughout the day. Each capsule includes a combination of adaptogens, antioxidants, herbs, botanicals, vitamins, mood enhancers, and other natural compounds connected to physical and cognitive health and wellbeing.

Some individuals use Rise to battle panic attacks and acute anxiety. Others use it for everyday stress management and comfort. Others take it to enhance their mood, self-assurance, and general optimism.

Rise is available via the official New Day Rising online shop, NDROnline.us, for \$69 per bottle with a 60-day money-back guarantee.

How Does Rise Work?

Rise is formulated with a combination of natural components. These components control the body's reaction to physical and mental stimuli in various ways.

Spirit mineral is one of the most crucial components in Rise. This spirit mineral addresses the underlying causes of worry and stress.

According to studies, worried brains contain less energy than normal brains. Consequently, many individuals with stress and worry prefer to sleep.

Rise's creator, Scott Paglia, devised a technique to combat low energy levels in the brain. This formula was derived from a 10-second Native American ceremonial. Scott had observed the effectiveness of this ritual on a number of patients, and he wanted to share his accomplishment with the world.

Who Made the Rise?

Scott Paglia is the creator of the show Rise. Over the last two decades, Scott has created a variety of strategies to assist individuals in overcoming stress and anxiety.

Scott is an expert in using old medicine to heal contemporary ailments. In fact, according to Scott, certain ancient medical practices are "years ahead" of current medical advances. He employs a combination of traditional medicine and time-tested natural methods to treat a variety of ailments in his patients.

After treating a patient called Anna, Scott was inspired to develop Rise. Anna struggled with acute anxiety, extreme stress, recurrent panic episodes, and other problems. She struggled to fulfill her roles as a mother and wife. She asserts, "Every day was a living nightmare" as her thoughts rushed to the next impending catastrophe.

Despite her serious anxiety difficulties, Anna overcame them in a matter of weeks by doing a 10-second Native American ceremony prescribed by Scott. Scott created Rise based on Anna's successful therapy, which inspired him. Today, anybody may use Rise to get equally powerful advantages.

Who Should Ascend? Checklist of Seven Items for Mitochondrial Dysfunction

If your brain has mitochondrial malfunction, you may suffer a variety of symptoms, such as memory loss, muscular weakness, depression, and others.

New Day Rising has issued a seven-point criteria to assess who is eligible to take Rise:

- You have difficulty with your short-term memory and occasionally forget talks.
- You exhibit indications of despair and melancholy.
- Your body becomes fatigued and weaker more quickly.
- You have a more irritable disposition and feel irritated more often.
- You have difficulty sleeping at night or suffer from a sleep problem.
- You experience mental agitation or suffer from a panic or anxiety condition.
- You have an elevated heart rate and a quicker pulse.

If you experience four or five of these symptoms, you may have mitochondrial dysfunction impacting your brain, body, and stress and anxiety levels. Therefore, Rise may be the appropriate supplement for you.

How Spirit Mineral from Rise Targets Mitochondrial Dysfunction

The primary component of Rise is a "spirit mineral." According to New Day rising, this spirit mineral has been used by Native American traditional healers for millennia to target and reduce mitochondrial dynamics in order to treat the fundamental cause of stress and anxiety.

The name of the spirit mineral is litio. Litio reduces anxiety and tension in three simple steps. New Day Rising seems to relate to lithium orotate, one of Rise's active components. Low-dose lithium orotate is associated with brain function.

The spirit mineral / litio / lithium orotate reportedly aids in the management of stress and anxiety in three ways:

Acts as a Guardian for Mitochondria: The spirit mineral protects your mitochondria against toxicity, free radicals, inflammation, and more by acting as a guardian.

Step 2: Prevents and Heals the Formation of Free Radicals The spirit mineral may also supposedly prevent free radical damage and cure free radical damage, allowing the brain to recuperate from stress and oxidative damage.

Step 3: Promotes Mitochondrial Regeneration Litio also promotes mitochondrial regeneration by enhancing the activity of existing mitochondria and increasing the overall number of mitochondria. You may benefit from more active mitochondria – and more mitochondria in general – to enhance brain energy.

Rise Supplement Ingredients

In addition to the spirit mineral stated above, Rise includes a combination of complementing substances that attack stress and anxiety in various ways, including three mixes including numerous components.

Supplement Facts	
Serving Size: 2 Capsules (60 Capsules Per Bottle)	
Amount Per Serving	
Vitamin B6 (as pyridoxine hydrochloride)	10mg 100%
Magnesium (as magnesium oxide)	400mg 100%
L-Theanine	200mg **
American Skullcap Herb Powder (Scutellaria latifolia)	150mg **
Albicanthol Powder (root)	140mg **
Holy Basil Extract (Echinopsaceae) (Hemid. 2. 18. urtic. acid)	140mg **
Lemon Balm Extract (Melissa officinalis) (Lamiaceae, Mint)	140mg **
Lithium Orotate	5mg **

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Additional complementing components included in each serving of Rise are:

- Blend No. 1: The Shaman's Secret Hormone Stabilizer

Rise promises to influence your hormones via the use of a "hormone stabilizer combination." This mixture comprises an assortment of natural components. Numerous individuals with stress and anxiety have hormonal imbalances. This imbalance may exacerbate anxiety and stress. Hormonal imbalances are characterized by uncontrolled sobbing, unexpected weight gain, mood changes, and fatigue.

Rise includes three substances classified as "hormone-stabilizing compounds" to assist restore hormone balance and stability.

Hormone Stabilizer No. 1: GABA GABA is the primary component of Rise. Rise contains 500 milligrams of GABA per serving. According to New Day Rising, GABA controls serotonin, hence optimizing levels of the brain's feel-good neurotransmitter. Low GABA levels may cause low serotonin levels, which can contribute to mood disorders, sadness, anxiety, and other problems.

Hormone Stabilizer #2: Lemon Balm: According to New Day Rising, Rise includes a considerable amount of lemon balm, which "acts as a manager for GABA." Lemon balm may modulate GABA levels in the brain, maximizing the mood-boosting effects of GABA.

Vitamin B6 is the third hormone stabilizer. Deficiencies in B vitamins induce worry and tension in many individuals. Rise contains a substantial amount of vitamin B6 to counteract this impact. Vitamin B6, when coupled with GABA and lemon balm, may facilitate the synthesis of GABA and serotonin, therefore balancing mood, hormones, and the stress response.

- Second Booster Blend: Ancient Brain Restoration

The second component of Rise is a formula meant to target, heal, and restore the brain. This mixture contains a variety of brain-repair, brain-restoration, and brain-rejuvenation natural substances, such as:

Brain Restorative Agent No. 1: L-Theanine L-theanine is a naturally occurring amino acid found in green tea and other substances. It is most well-known for counteracting the negative effects of coffee, such as jitters and anxiety. Studies have shown that L-theanine has anxiolytic (anti-anxiety) qualities that may make it useful for rest, relaxation, and general health. According to New Day Rising, L-theanine is the "first and most essential component" in their brain regeneration mix.

MG12 is associated with a decreased chance of developing cognitive impairment, improved recovery from traumatic brain injuries, and general cognitive health, among other advantages. It is a magnesium formulation developed for optimal absorption and efficiency.

Holy Basil is Brain Rejuvenator #3 According to New Day Rising, holy basil has been demonstrated to increase cognitive performance and protect against cognitive decline. Numerous individuals with mitochondrial malfunction also suffer neurodegenerative disorders, and holy basil may help you regain control of your brain.

- Blend Enhancer No. 3: Native American Sleep Blend

The Native American sleep mix is the third and final component of the Rise blend. This mix contains numerous substances that have been utilized for millennia in traditional Native American medicine for sleep, calm, and relaxation. Today, research has shown that several of these components may aid with sleep, nightly regeneration, and more. The components consist of:

Ancient Sleep Remedy #1: Skullcap: Skullcap has been used as a sedative in traditional herbal medicine for generations. Native Americans also valued it for its capacity to induce slumber. According to New Day Rising, skullcap "remains one of the greatest sleep aids available today" since it is 100% natural and has proven results.

Ancient Sleep Aid Number Two: Ashwagandha Ashwagandha is one of the most well-known adaptogens in the world. As with other adaptogens, ashwagandha may assist in regulating the body's reaction to physical and mental stimuli. According to studies, ashwagandha contains anxiolytic effects, sleep-inducing characteristics, and other advantages that may help calm your restless, nervous mind.

What to Anticipate After Using Rise

Anna, a mother who had significant stress, anxiety, and panic attacks, is profiled on the official Rise website. According to New Day Rising, Anna's health improved rapidly after taking Rise.

Here's what occurred shortly after Anna began taking Rise:

Anna felt "more calm" and "the fog began to lift" within an hour after taking Rise. She also noted that her mood had improved and that she was breathing a little better. She no longer felt as if she was breathing through a straw.

The morning after taking Rise for the first time, Anna "had a great sense of serenity sweep over her" and that "everything was well with the world." Anna was unable to recall the last time she felt this way.

Anna's head was no longer locked in a fight-or-flight mode, she no longer suffered mood problems, and her body no longer trembled from excessive anxiety after two weeks of taking Rise for the first time (and continuing to take Rise everyday). She now felt as if she had total command over her body and thoughts. In addition, she felt secure and confident leaving the home with her children.

A few weeks after continuing to take Rise on a regular basis, Anna suffered a traumatic emotional situation that earlier would have crushed her. Anna did not experience tension, anxiety, or a panic attack as a result of the occurrence.

According to Scott Paglia, who suggested Rise to a number of his patients, other anxiety sufferers "had their own life-changing changes" For instance, one patient said, "It's fantastic to feel normal again," while another stated, "I'm back in charge of my head."

One user says he was able to "half his prescription" because to Rise, lowering his need on to manage his illness.

Scott suggests taking Rise for three months to receive the full benefits of the supplement, or six months for best outcomes, based on his experience treating patients. However, he believes that many patients feel alleviation within hours of using Rise, with the drug's benefits becoming obvious within days or weeks.

After taking Rise, Anna "felt like an entirely new person" Anna recovered control of her severe anxiety, stress, and panic attack issues and found great relief within days of using Rise for the first time.

Scientific Proof of Rise

Rise has a combination of substances that, among other advantages, promote peace, relaxation, and anxiolytic (anti-anxiety) effects. Additionally, the formula was established by a professional with direct patient care expertise, as well as decades of knowledge with conventional medicine. We'll examine the supporting evidence for Rise to explain how the supplement works.

GABA is the primary component of Rise. A research published in the journal Frontiers in Neuroscience in 2020 analyzed hundreds of human experiments on GABA and stress response, including placebo-controlled human trials. Researchers discovered evidence supporting GABA's stress-relieving and sleep-inducing benefits in 14 clinical experiments. Researchers, however, regarded these findings as "limited" or "extremely restricted."

L-theanine is the second most abundant element in Rise, and it is supported by more research than GABA. A 2019 research published in Nutrients, for instance, used L-theanine in a placebo-controlled, double-blind context. Thirty participants consumed 200 mg of L-theanine or a placebo everyday for four weeks. At the conclusion of the trial, researchers discovered that participants in the L-theanine group had improved verbal fluency, indicating that L-theanine has the potential to increase mental health in individuals with stress-related illnesses and cognitive problems.

Lithium orotate is one of the most distinctive and essential components of Rise. There are several sleep aid pills and relaxation formulae that include GABA, L-theanine, and skullcap. However, lithium orotate is uncommon in dietary supplements. Orotate lithium is a dietary supplement component that functions as a low-dose source of lithium.

One 2021 research published in Brain and Behavior recommended lithium orotate as a preferable alternative to lithium medication, complimenting lithium orotate's decreased toxicity profile and capacity to pass the blood-brain barrier. Numerous individuals use lithium orotate daily to enhance mood, detoxify brain enzymes, and increase neurotransmitter function, among other advantages. According to studies, just 10 to 20 milligrams of lithium orotate are required to have an impact. Per serving, Rise contains 5mg.

Overall, Rise comprises a combination of scientifically supported substances associated with stress response, anxiety reduction, relaxation, and more.

New Day Ingredients: Supplement Facts Label Rise exposes all of its components and doses in advance. There are no proprietary formulae with concealed concentrations or doses. Instead, Rise has a clear list of components, making it simple to compare Rise to other online-available supplements.

According to the Supplement Facts label, the following are the constituents of each two-capsule serving of Rise:

- 500 milligrams of GABA
- 200 milligrams of L-theanine
- 150 milligrams of American skullcap herb powder
- 140mg of powdered ashwagandha root
- 140 mg of an extract of holy basil containing 2.5% ursolic acid
- 100 milligrams of stem, leaf, and blossom extract of lemon balm
- Lithium orotate 5 mg
- 10mg of vitamin B6 (588% of the Daily Value)
- 40mg of magnesium (100% DV)
- Other (inactive) substances, include gelatin (for capsule creation) and brown rice flour.

According to New Day Rising, Rise is "natural, non-GMO, and vegetarian." However, the capsule's label indicates that it is composed of gelatin, which is derived from beef or pig.

Rise Supplement Price

Rise is offered at a reduced price of \$69 each bottle, compared to the typical retail price of \$149 per bottle. When you [purchase numerous bottles of Rise online now](#), you may save even more money and get a free bonus bottle.

The price structure of the New Day Rising online shop is as follows:

1 Bottle: \$69 + Shipping 3 Bottles: \$147 (\$49 Per Bottle) + Shipping 6 Bottles: \$234 (\$39 Per Bottle) + Free Shipping + 1 Bottle of Rise Booster for Free!

Each bottle provides a 30-day supply, or 30 servings, of Rise (60 capsules). To boost anti-stress and anti-anxiety benefits, two capsules are used daily (or one capsule twice day).

Included Bonuses with Rise

As part of a promotion for 2023, New Day Rising is including a free extra bottle of Rise Booster with the purchase of any six bottles of Rise. Today, if you purchase six bottles of Rise, you will get a free bottle of Rise Booster.

Rise Booster is a dietary supplement intended to aid in the reduction of anxiety. The supplement works in conjunction with Rise to accelerate the rate at which anxiety departs the body.

According to peer-reviewed studies, the active component in Rise Booster is a "Indian anxiety herb" that significantly decreases stress, anxiety, and sadness. According to the official website for Rise, the active component is also "equivalent to potent anti-anxiety medicine without the negative effects."

Rise Refund Policy

Every purchase from Rise is guaranteed by a 100 percent, no-risk money-back guarantee.

Within 180 days after purchase, you may seek a refund with no questions asked. Contact the manufacturer to begin the process of a refund.

Regarding New Day Rising

Scott Paglia leads the supplement firm New Day Rising.

Scott Paglia is a practitioner of medicine who treats people. He says that his clinic treats 450 people every month. He stresses the use of old, traditional medicine in the treatment of patients. In fact, Scott claims that he has read "every available book" on traditional medicine in the last 2,200 years. Currently, he effectively treats patients by combining contemporary procedures with old medicine.

Rise is produced at a GMP-certified facility in the United States by New Day Rising. Scott claims that it takes three months to make a single batch of Rise because to the high quality and purity criteria.

You may reach the New Day Rising and Rise customer support teams via the following:

Email: help@ndronline.us

New Day Rising's Final Word

Rise is a nutritional supplement containing a combination of L-theanine, GABA, skullcap, magnesium, lithium orotate, and other natural components to enhance relaxation, stress response, and tranquility.

By taking two capsules of Rise every day, it is claimed that you may boost your body's stress response, get assistance with anxiety, and tackle the core cause of anxiety and mood problems.

[Visit the official website to learn more about Rise and how it works or to purchase Rise online now! >>>](#)