

NOVEMBER

BREAKFAST

High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				¹ <ul style="list-style-type: none"> HOT southwest chicken chorizo & cheese bagel yogurt & granola Breakfast Tacos
⁴ <ul style="list-style-type: none"> Breakfast Tacos cheerios w/ educational crackers 	⁵ <ul style="list-style-type: none"> Breakfast Tacos Cinnamon crumble 	⁶ <ul style="list-style-type: none"> Breakfast Tacos plain bagel w/ cream cheese 	⁷ <ul style="list-style-type: none"> Breakfast Tacos Mini French toast muffin & string cheese 	⁸ <ul style="list-style-type: none"> Breakfast Tacos Blueberry muffin
¹¹ <ul style="list-style-type: none"> Breakfast Tacos cinnamon chex w/ mini dipperdoodle bar 	¹² <ul style="list-style-type: none"> Breakfast Tacos Cheerios/educational crackers 	¹³ <ul style="list-style-type: none"> NEW!! waffles Breakfast Tacos 	¹⁴ <ul style="list-style-type: none"> Breakfast Tacos autumn spice muffin 	¹⁵ <ul style="list-style-type: none"> Breakfast Tacos strawberry yogurt parfait
¹⁸ <ul style="list-style-type: none"> Breakfast Tacos cheerios/ educational crackers 	¹⁹ <ul style="list-style-type: none"> Breakfast Tacos lemon muffin 	²⁰ <ul style="list-style-type: none"> Breakfast Tacos plain bagel w/ cream cheese 	²¹ <ul style="list-style-type: none"> Breakfast Tacos Mini French toast muffin & string cheese 	²² <ul style="list-style-type: none"> Breakfast Tacos blueberry burst bagel w/cream cheese
²⁵ <ul style="list-style-type: none"> NO SCHOOL 	²⁶ <ul style="list-style-type: none"> NO SCHOOL 	²⁷ <ul style="list-style-type: none"> NO SCHOOL 	²⁸ <ul style="list-style-type: none"> NO SCHOOL 	²⁹ <ul style="list-style-type: none"> NO SCHOOL

Did you know?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein! Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

revolutionfoods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

BREAKFAST: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered.

STUDENT FAVORITE ★

NOVEMBER

LUNCH

High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <ul style="list-style-type: none"> hot dog (DF) cheesy ravioli (VG) Broccoli florets
4 <ul style="list-style-type: none"> cheesy beef & salsa nacho dip w/scoops cheese pizza panada pie (VG) Seasoned green beans 	5 <ul style="list-style-type: none"> bean & cheese burrito (VG) cheeseburger Glazed carrots 	6 <ul style="list-style-type: none"> pepperoni pizza cheese pizza (VG) Seasoned garbanzo beans 	7 <ul style="list-style-type: none"> penne pasta w/meat sauce (DF) Lettuce & tomatoes w/ranch 	8 <ul style="list-style-type: none"> crispy chicken sandwich (DF) breakfast for lunch: pancakes w/omelet (VG) Steamed corn
11 <ul style="list-style-type: none"> chicken taco trio bean & cheese pupusa (VG) seasoned green beans 	12 <ul style="list-style-type: none"> mac & cheese and chicken bites bbq rib sandwich Green peas 	13 <ul style="list-style-type: none"> pepperoni pizza cheese pizza (VG) Baby carrots w/ranch 	14 <ul style="list-style-type: none"> spaghetti & meatballs (DF) Corn dogs Pinto beans 	15 <ul style="list-style-type: none"> hot dog (DF) cheesy ravioli (VG) Broccoli & carrot salad
18 <ul style="list-style-type: none"> Chicken & waffles chili citrus corn 	19 <ul style="list-style-type: none"> pasta alfredo (VG) cheeseburger Steamed carrots 	20 <ul style="list-style-type: none"> pepperoni pizza cheese pizza (VG) Garbanzo beans 	21 <ul style="list-style-type: none"> HOLIDAY MEAL Green beans 	22 <ul style="list-style-type: none"> bfast for lunch: pancakes w/omelet (VG) beef & cheese burrito coleslaw
25 <ul style="list-style-type: none"> NO SCHOOL 	26 <ul style="list-style-type: none"> NO SCHOOL 	27 <ul style="list-style-type: none"> NO SCHOOL 	28 <ul style="list-style-type: none"> NO SCHOOL 	29 <ul style="list-style-type: none"> NO SCHOOL

Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:
 Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients
 Learn more about us on our website at www.revolutionfoods.com

revolutionfoods.

This institution is an equal opportunity provider. All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily.

DAIRY-FREE (DF) VEGETARIAN (V) options available daily – if not listed on the menu, available upon request.

VEGETABLE
OF THE DAY

STUDENT
FAVORITE



NOVEMBER

High School

GRAB N GO
SUPPER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 • GNG educational snacks/sun seeds/string cheese	5 • GNG goldfish pretzels/string cheese	6 • GNG RF honey wheat crackers/sunbutter/string cheese	7 • GNG cinnamon graham/sunbutter/string cheese	8
11 • GNG goldfish pretzels/sunflower seeds/string cheese	12 • GNG ranch rumbles/string cheese/sun seeds	13 • GNG RF honey wheat crackers/sunbutter/string cheese	14 • GNG cheddar goldfish/sun seeds/string cheese	15
18 • GNG educational snacks/sun seeds/string cheese	19 • GNG goldfish pretzels/string cheese	20 • GNG RF honey wheat crackers/sunbutter/string cheese	21 • GNG cinnamon graham/sunbutter/string cheese	22
25 • NO SCHOOL	26 • NO SCHOOL	27 • NO SCHOOL	28 • NO SCHOOL	29 • NO SCHOOL

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VEGETARIAN (V) options available daily – if not listed on the menu, available upon request.

SUPPER: choice of 1% or fat-free milk; fresh fruit available daily.

STUDENT FAVORITE

