



REDWOLVES FOOTBALL

DATE: TH 11/13/25

400-530
Stadium

DRESS:
FULLS

Per	Time	Theme	OL	RB	WR	TE	QB	
1	355	STRETCH 5	Dynamic Stretch				Warmup	
	400							
2	405	INDY 7	Indy	Double Cut (Piser)	Smoke/Bub			
	407							
3	409	SWAT 2	Pride x2					
4	409	GROUP 10	T/TE/WR Perimter	G/C/RB/QB Zone Drill	T/TE/WR Perimter		Guard/RB/QB Zone Drill	
	414 419							
5	421	SWAT 2	Game Changers x2					
6	421	GROUP 7	Screen		Cinco	Screen		
	426 428							
7	430	SWAT 2	PAT x2					
8	430	GROUP 8	P Pro v Scout	Specials + Ford v Air				
	435 438							
9	440	SWAT 2	Hunters x2					
10	440	TEAM 5	Team Slice & Perimeter					
	445							
UNION BREAK								
DEFENSE			DL	ILB	OLB	DB	K/P	
11	450	TEAM 6	Formation Recognition & Gaps					
	456							
12	458	SWAT 2	Predators x2					
	458							
13	503	TACKLE 8	Down the Line Tackle LOW	Scrape Tackle Drill LOW		Tackle in Space LOW	Indy	
	506							
14	508	SWAT 2	FG Block x2					
15	508	INDY 8	Indy				Indy	
	513 516							
16	518	SWAT 2	Predators x2					
	518							
17	523	TEAM 12	vs Scout				Indy	
	530							

NOTES