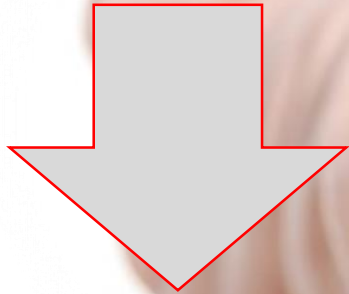


# So what's so SPECIAL about our doTERRA products?

dōTERRA<sup>®</sup>  
INDEPENDANT PRODUCT CONSULTANT



*Let's ask some of our Customers...*



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.”  
These are the personal experiences of our customers who have kindly agreed to us sharing them with you.



**Natalie Evans** Copaiba and Frankincense taken internally! When my Husband was diagnosed with Terminal Pancreatic Cancer, and as a lot of people know this cancer is so aggressive and by the time you are diagnosed you may only have weeks. These oils are a force of Nature. My husband took them internally 4 times a day. It helped with his pain and I am sure that I got another 18 months because of these oils. Copaiba is amazing for pain and Frankincense has the amazing properties to get into each cell of our bodies and start protecting them. We cherished each day and had quite a bit longer to enjoy . I will be eternally grateful for the extra time they gave me to spend with my gorgeous Husband 💜💜 xx

Love · Reply · 1w



**Nicola Hodkinson** On guard for immunity and always helps with coughs, colds, sore throats \*nobody is ill in our house for more than 2 days! Peppermint for headaches, preventing mosquito bites when the husband is out on exercise and to feel more alert. Lavender for skin rashes/ irritations (it's worked wonders for my daughters eczema along with melaleuka) oh and love melaleuka for getting rid of coldsores and spots! (I have teenagers). I also take lemon daily to gently detox. 🌱💧💛

Love · Reply · 1w · Edited



**Shaun Lee** Peppermint, to assist with headaches. Deep Blue Rub and Oil to relieve pain from a damaged Rotator Cuff injury in left shoulder, Lemon and Peppermint in water two to three times a day, Lavender to assist with sleeping, Motivate, Cheer, Orange, Citrus Bliss to help with PTSD, Zengest for gut problems. 😊

Love · Reply · 1w



**Steven Glew** Breathe/Air absolutely amazing and our son no longer needs an inhaler, also amazing before a workout 🍌💪🏋️‍♂️

Love · Reply · 1w



**Elaine Moffat** I'd say the lavender has been a god send with helping me sleep.. wouldn't be without it now



Love · Reply · 1w



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**Angi Doy** Frankincense is no 1. I'd ordered my oils but we were buying and selling houses so the unopened Home Essentials Kit was in the top of my wardrobe waiting for when I had time to start the business. Partner got diagnosed with skin cancer - so ran to doTerra - looked at the online resources - and started using neat Frankincense around the perimeter of the aggressive, angry, growing lesion. 14 days later the surgeon saw it on operation day - and looked back at the photo on diagnosis day - and said This is much improved. I'd already looked up the next steps on doTerra and am anointing him with Helichrysum to prevent scarring. They said we will not know the results of what they have taken away and whether or not it will have spread for 4-6 weeks. I would be pacing the floors waiting if it were not for doTerra - I make John a Frankincense and Lemon Oil capsule every day as a preventative and we started the LifeLong Vitality pack for him to support his body and for me, to support me, supporting him!! We feel empowered to do what's best and be proactive for our own health, rather than just wait for 6 weeks. I take lemon oil every day in water and it's helping me to cut down on coffee - as I have high blood pressure - and the lemon oil water is a nicer drink! I had a massive outbreak of Roascea, probably a stress response to John being diagnosed and the house move and it was prickling and painful. I dabbed on Lavender and the prickling and pain stopped instantly. If I had to pick one favourite oil\_ I'm gonna cheat and say doTerra oil!! 🍷🍷🍷🍷🍷🍷

Love · Reply · 1w



**Liesl Pollock** Deep blue rub has been excellent for a longstanding neck problem with my husband, we have found it works better after a bath or hot tub when he's warm.  
Air for sinuses in diffuser and also in water when steaming.  
I have escaped 4 bouts of nasty cold /flu when our house has been the house of doom.. Ongaard in diffuser, internally in vege cap and also in water with lemon oil.  
Zengest for my sons stomach acid, works quickly every time in a vege capsule.  
And lavender and vetiver for sleep along with serenity sometimes.  
Always on bottoms of feet and in nighttime diffusers.  
Blend of lavender, cypress, maleluca and frankincense diluted in FCO for varicose veins, really reduced the pain and swelling.  
The list is huge xx

Love · Reply · 1w



**Susanna Bailey** Hey, for me it is Balance, citrus bliss for stress and clary calm for PMT 😊 Also, past tense is my new go to for headaches and neck tension. I'm just starting to use console, peace and forgive for emotional challenges too. They are all super effective!

Love · Reply · 1w · Edited



**Hazel Dallas Rudolph** Digestzen (Zengest) for me, after a nexium (Esomeprazole) tablet every day for 10 years not one more tablet since starting on Digestzen! So many for different reasons! The home essentials kit is a must!! 💧

Love · Reply · 1w · Edited



**Karen Glew** breath / air has been amazing Our son Joshua no longer needs his inhaler and when hubby was in hospital with pneumonia it was the only remedy that could stop his coughing and give him rest !! AMAZING !! LVP if I am allowed to add this was my life saver to control all symptoms from my Lymes Disease LOVE IT !!!!! 🍷

Love · Reply · 1w



**Helene Yearsley** It's very hard to choose just one oil but lavender for its calming and stress reducing properties has had the biggest impact in our home whereas my mum who suffers terribly with her joints loves the deep blue.

Love · Reply · 1w



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**Delene Sim Burckardt** Migraines, IBS, Acid Reflux : as migraines are quite a complicated one and is inter connected to the rest of the bodies ability to cope, it was a staged approached. Zengest, Frankincense and Lemon daily ... using peppermint and deep blue when migraines hit! I then added LLV + copaiba daily in month 2/3 [gut health : adding Terrazyme, ProBiotic & Digestzen as and when needed, was crucial for sorting out my GUT. Taking LLV had a huge effect on the aggression of my migraines as my body had a chance to balance itself. Essential Oils : Peppermint + Copaiba + Frankincense daily. I then use Serenty combo at night to deal with the stress and Balance in the morning with Aromatouch to set me on the right path. Air i use regularly, and started adding the touch range & whisper for daily emotional support. I still get migraines but the intensity and duration are grealy reduced, and my bloating, food allergies, IBS, acid reflux a thing of the past. very grateful for doTERRA

Love · Reply · 1w



**Beth Keytel** Frankincense removed a growth on my husbands face. He applied one drop daily and within six weeks it was gone. This was after the skin specialist told him they would have to cut it out. I also use 2 drops lemon in my water every morning. I feel this gives me the cleanse I need in the morning. I also feel lighter and refreshed afterwards. I also use 1-2 drops of frankincense mixed with my day cream every morning. My complexion is more radiant.

Love · Reply · 1w



**Sharryn Harris** My husband has suffered with reflux for a long time and he has been drinking the lemon oil daily and has not had any problems since x I have been taking it daily to detox and its amazing xxxx We love the lavender for a good nights sleep in our diffuser and under our feet and I blend the lavender with coconut oil for under my doggies paws helps them to stay calm xxxx

Love · Reply · 1w



**Karen Lucas** Having stupidly broken my ankle last week I have massaged deep blue and helichrysum in to my leg and the swelling has almost gone after a week 😊



**Tina Parker** Lemon has helped lower my cholesterol and Deep blue is a must everyday to manage my pain of my fibromyalgia. 🙌

Love · Reply · 1w



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**Kayannie Cee** gastro-oesophageal reflux disease (GORD) was on 2 different types of medication for 15 years, sometimes 3. If i missed a dose, i would be in severe discomfort to the point of tears and unable to function with daily tasks. Got worse during pregnancy but medication had to be decreased due to the risks to pregnancy. Discovered dōTERRA and ZenGest and now take 1 prescription tablet every 3 to 4 days

Love · Reply · 1w



**Donna Phinn** ClaryCalm for hot flushes. I roll it on the back of my neck. Wintergreen for a knee joint injury I had. Lavender. Rosemary. Peppermint mixed with castor oil for hair loss..

Love · Reply · 1w



**Katrina Ivy Meek** As a doula who supports women in pregnancy and childbirth for me peppermint is my go to help with nausea and also to uplift the client as well as myself ★★

Love · Reply · 1w



**Sheila Welch** I use Clary Sage in my diffuser at night and don't have night sweats from my medication anymore. Air also stopped snoring. Frankincense on my face, Rosemary in my bath, cinnamon assisted my hair growth after chemo.

Love · Reply · 1w



**Jutta Kennedy** I use Deep Blue essential oil with our favourite emollient against back pain. I have got arthritic knees and I used it to ease pain.

Love · Reply · 1w




**Kevin Thomas** Generally pretty healthy, except for family history of heart disease and a complete lack of energy after work prior to doterra. LLV is my life saver and energy giver! Along with lemon in water, have detoxed and given the energy for exercise and a much healthier lifestyle and lowered probabilities of a heart attack. Use so many oils these days that's it difficult to name a favourite but I couldn't be without LLV !!

Love · Reply · 1w



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 **Alison Thomas** Balance had given my 7 year old adopted daughter a way to balance her emotions. Prior to using this oil, she often showed real emotional extremes and in particular became easily angered and sometimes violent. Now she uses the oil on her feet and wrists daily, we are no longer experiencing the extreme emotional outbursts as frequently as before. Overall, she is a much happier and more grounded young lady 🙏

Love · Reply · 1w · Edited



**Janet Ewens** Peppermint and Frankincense, super duo to stop migraine and headaches and Deep Blue rub is magic in a tube for any muscle pain.x

Love · Reply · 1w



**Alison Thomas** Lavender means that my youngest daughter can now sleep soundly at nighttime. Before we discovered the therapeutic grade lavender oil she was experiencing 4 or 5 nightmares about her emergency medical interventions every night. Now she sleeps through the night. Life changing 🙏

Love · Reply · 1w · Edited



**Adele Marais Muller** We love peppermint and Deep Blue for aches and pains. Actually I love ALL the oils 💧

Love · Reply · 1w



**Michael Reynolds**

7 hrs

Thought I should share this approx 1 year ago I was diagnosed with osteoarthritis of the hip. The doctor prescribed the usual co-codamol 4 times per day 8tablets. I could barely walk, especially stairs and was in severe pain. I decided to treat this with natural medicine namely oils. My treatment consisted of LLV I heard that omega oils were good for this. I also used frankincense internally and topically with wild orange and FCO. From time to time also used deep blue rub. The results have been miraculous. I can no run for 30minutes. And no pain going upstairs. Do Terra was the best decision ever. Thank you Debra and Peter this is an awesome team. Just wanted to share this



You, Debra Williams, Daniel William Marshall and 31 others · 1 Comment

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Like to find out more about sharing our oils with others to  
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*'FREE Online Class'*

*\*allow up to 1 hour*

# READY TO DISCOVER THE POWER OF ESSENTIAL OILS?



What is an essential oil?

How to take control of your health naturally



Why doTERRA products?

How to get discount prices



How do I use essential oils?

How to generate an income by sharing our oils