

ALIGNMENT

X

Based On Concept and where Ball is on field
Could be Bottom of #s, Top of #s or Split #s and Hash



H
1-2 From Heels of OL

F
Inside or Outside Hash
Never On Hash

Q
Toes at 5 yards

T
6-8 Yards depending on RB

Z

Based On Concept and where Ball is on field
Could be Bottom of #s, Top of #s or Split #s and Hash

Offensive Line

2 Foot splits

G's set toes of inside foot in middle of Center's near foot

T's set toes of inside foot in middle of G's inside foot

H Back

1-2 Yards from heels of OL

Cheat Alignment for Success.

Ex: Split Zone = B Gap, Outside Zone = C Gap