

P I S T O L W I N G T

QB Cheat Sheet

PLAY	SHUFFLE FEET	FAKE TO TB	READ		PLAY	SHUFFLE FEET	FAKE TO TB	READ
26 / 45 G.O.	Back to defense	No	None		33 / 34 Belly	Two shuffles into LOS	Give	Playside OLB
GO 32 / 31 G	Back to defense	Give	None		Belly 47 / 28 G	No	Yes	None
GO 43 / 24 Counter	Back to defense	No	None		Belly 22 / 41 Trap	No	No	Weakside DE
17 / 18 GO Pass	Back to defense	No	None		33 / 34 Belly Pass	No	Yes	None
26 / 45 G-Lead	Move towards Wing	No	Backside DE		Down 35 / 36-O	Two shuffles into LOS	Give	Playside OLB
Criss Cross 43/24 Counter	Move towards Wing	No	None		Down 47 / 28-O	No	Yes	None
					Down 43/24 Counter	No	No	Strongside DE
Liz / Rip 28 / 47-0	Lateral shuffle	No	Playside ILB		35/36 Down Pass	No	Yes	None
Liz / Rip 28 / 47 Reach	Lateral shuffle	No	Playside DE					
Liz / Rip 32 / 31 G	Lateral step	Give	None		11 / 12 Army *	One shuffle into LOS	Yes	First man past A gap
Liz / Rip Down 36/35-0	Lateral shuffle	Give	Playside OLB		33 / 34 Baylor *	Two shuffles into LOS	Yes	First man past B gap
Liz / Rip 34 / 33 Belly	Lateral step	Give	Playside OLB		35 / 36 Cal *	Two shuffles into LOS	Yes	First man past C gap

**QB steps should put ball in front of double team.*

If TB is having trouble remembering what hole to fake to

Say "33-47 G" instead of "Belly 47-G"

Say "33-22 Trap" instead of "Belly 22 Trap"

Say "35-47-O" instead of "Down 47-O"

Say "35-24 Counter" instead of "Down 24 Counter"

P I S T O L W I N G T

Hiding the Ball

PLAY	INSTRUCTIONS
26 / 45 G.O.	Pivot off midline on the playside foot. Back to Defense. Keep ball in the belly. Do NOT fake to TB, who fakes first and is ON the midline. Quickly give to motion wing and fake GO Pass in opposite direction. Grab far hip.
GO 32 / 31 G	Pivot off midline on the playside foot. Back to Defense. Keep ball in the belly. Quickly give to TB who is on midline. Do NOT fake to motion wing, let him make the fake by "Swim, Rock, & Pump" rule. Fake GO Pass in opposite direction. Grab far hip and pump inside arm.
GO 43 / 24 Counter	Pivot off midline on the playside foot and turn 270 ⁰ degree so he is running towards sideline. Hide ball on far hip & quickly give to wing who runs inside the QB. The TB fakes on midline and replaces the TE. TB "splits" the pulling TE and Wing getting the ball by running between them. QB continues faking option with other wing.
17 / 18 GO Pass	Pivot off midline on the playside foot. Back to Defense. Keep ball in the belly. Do NOT fake to TB or Wing...let them make the fake by "Swim, Rock, & Pump" rule. Count "1,001" before booting out to 7yds.
26 / 45 G-Lead	Move towards Wing getting ball and handoff to the inside. This play sets up Criss Cross Counter.
Criss Cross 43/24 Counter	Move towards Wing (LW on 43 counter and RW on 24 Counter). Inside handoff. This wing then makes an inside handoff to the wing that is in the play call. (LW handoffs to RW on 43 counter).
Liz / Rip 28 / 47-0 *	Motion in front of QB. Lateral shuffle with motion man, putting ball in belly & reading ILB.
Liz / Rip 28 / 47 Reach *	Motion in front of QB. Lateral shuffle with motion man, putting ball in belly & reading DE.
Liz / Rip 32 / 31 G	Lateral step but do NOT fake to motion man. Just turn & give TB ball then QB fakes boot opposite the motion.
Liz / Rip Down 36/35-0	Do not fake to motion man. Open pivot as motion runs in front of QB. Crossover & Plant so give to the TB is at outside leg of tackle. QB reads the OLB and can keep ball. If keep, follow the motion man who lead blocks.
Liz / Rip 34 / 33 Belly	Do not fake to motion man. Open pivot as motion runs in front of QB. Do all the belly steps.
33 / 34 Belly *	Open pivot & read OLB. Put ball in TB belly. vs NG: Step backwards off the midline and do not shuffle (Army steps). Vs playside 1-tech: Open on the midline and do not shuffle. Still read the OLB. Vs 2-tech: Small playside step off midline and shuffle while reading the OLB.
Belly 47 / 28 G	Do Belly steps above, put ball in TB belly, ride as long as possible, pull it out and step back to handoff to wing (who was not in motion) over the top.
Belly 22 / 41 Trap	Open pivot & move towards the wing, hiding ball on back hip. Do not fake to the TB. Read the DE. If keeping ball, do not fake to the wing, keep ball on back hip before running option with motion man.
33 / 34 Belly Pass	Open pivot. Put ball in TB belly. No shuffle. Sprint out after the fake. Do not jog!!! Put the OLB in conflict.
Down 35 / 36-O *	Open, crossover, plant. Exchange happens at outside leg of tackle. Shuffle while reading OLB.
Down 47 / 28-O	Open, crossover, plant. Long Ride fake to TB at outside leg of tackle but do not shuffle. Pull ball out of TB belly and reach back to handoff to wing (who was not in motion).
Down 43/24 Counter	Open, crossover, plant. Keep ball on back hip & do NOT fake to TB. Read the DE. If keeping ball, do not fake to wing but keep ball on that back hip before running option with motion man.
35/36 Down Pass	Open, crossover, plant. Put ball in TB belly. No shuffle. Sprint out after the fake. Do not jog!!!
11 / 12 Army *	We do not run Army at a NG. Step back off the midline vs backside 1-tech or 2-technique DT. Open on midline vs playside 1-tech. Put ball in belly and shuffle one time while reading 3, 4i, or 5 tech. Do not pitch. This play is probably a QB keep play.
33 / 34 Baylor *	Run Baylor to 4, 5, 6i, or 6 tech. Open so that the ball is in front of the man being double teamed. Shuffle as long as possible while reading the DE. If keep, then pitch decision is based on the OLB/SS reaction.
35 / 36 Cal *	We run Cal at odd fronts. Steps are same as Down. Meet TB at outside leg of Tackle and shuffle as long as possible while reading the OLB (first man past TE). If keep, then pitch decision is based on the CB/SS reaction. This play is 50/50 keep or give.

***QB-TB exchange:** If keeping the ball, violently jerk it out of TB belly. If giving, then only take front hand off the ball and leave the hand that is between ball & TB belly. Let that back hand naturally disengage as TB clamps down to take the exchange.