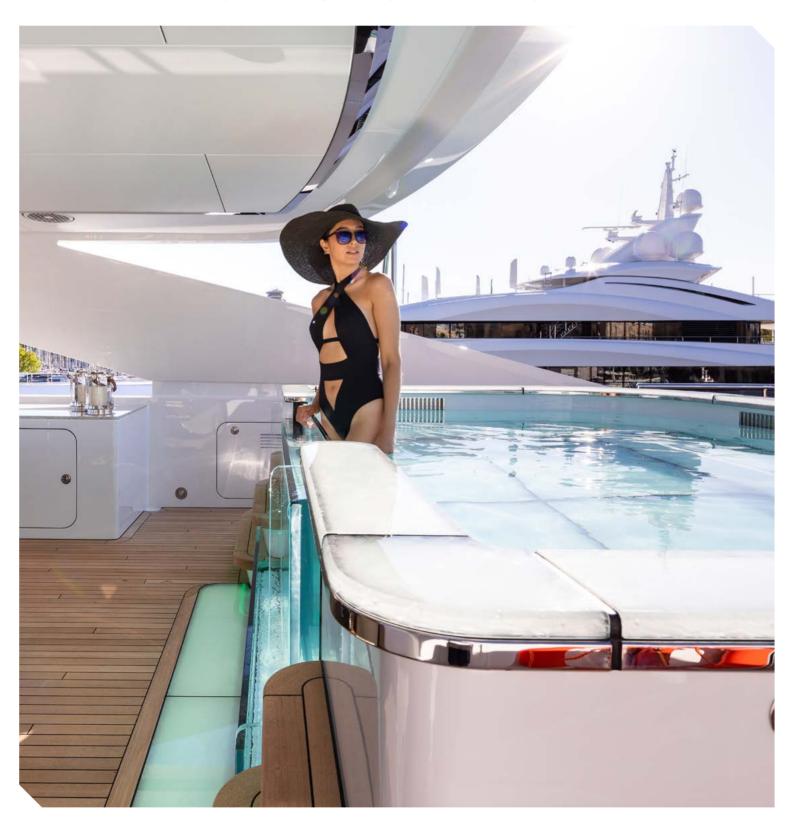
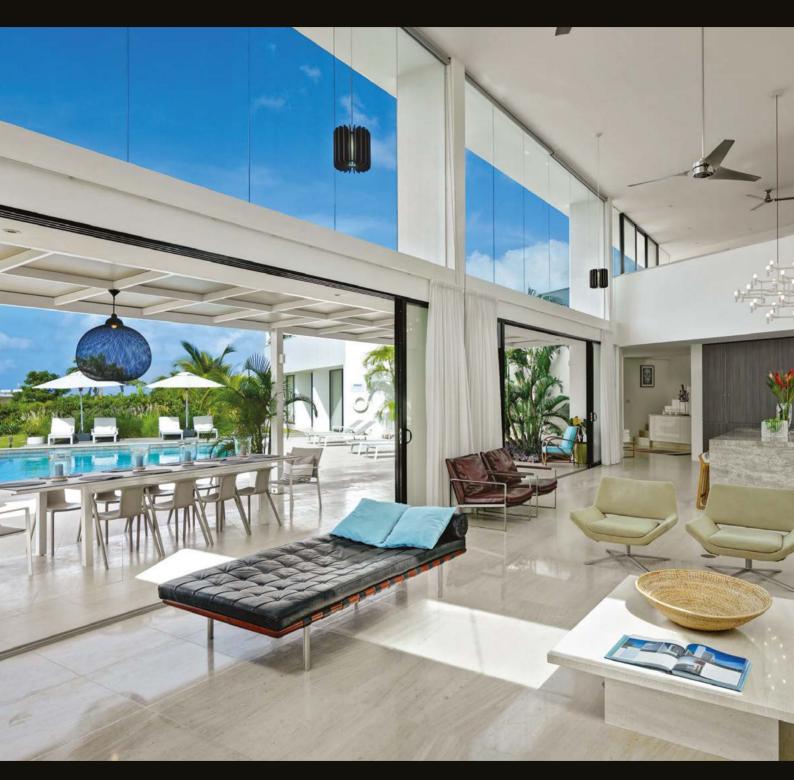
# The Art of UXURAL DESCRIPTION OF ART OF ART

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#### " Defining luxury lifestyle "

The Art of Luxury magazine is a bi-monthly publication available both in printed and digitial formats.

The aim of the publication is to connect an array of unique brands with suitable buyers and offer a unique editorial reading experience. The digital versions can be read on three major Digital Publishing platforms: Readly, Joomag & Issuu.

You can subscribe to The Art of Luxury publication for just £27.00 a year. This grants you access to six digital and printed editions of the magazine plus exclusive access to luxury news, events and special offers.

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Website: www.heesenyachts.com

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The May Fair Spa offers a meticulously tailored experience, enhancing wellbeing and health. Our treatments are carefully structured to put time on hold, creating a discreet, healing inner sanctuary, far from the whirl of central London that sits above us.

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#### Beyond exclusivity.



#### The secret is in the water. An oasis of well-being.

The spring waters of Fontsanta Hotel are legendary, discovered and first used by the Romans. This 5star Hotel is nowadays a magical place for digital detox & mindfulness experience, the thermal waters and

much more are waiting for you.

Fontsanta also invites you to discover the Es Trenc Beach in a different way.



#### Art & Urban life.

The convent was built during the 17th century with the aim of educating missionaries.

Now an exclusive hotel where elegance blends with serenity, resulting in a unique space, full of beauty and immersed in art.

The restaurant Marc Fosh, with one Michelin Star since 2015, together with the Art Bar, the Spa and the rooftop pool completes the experience given by the concierge team, always taking care of you.

FONTSANTA HOTEL THERMAL SPA & WELLNESS \*\*\*\*\*

HOTEL CONVENT DE LA MISSIÓ





#### A sea of exclusivity.

Can Simoneta is a five-star hotel located on the northeast coast of Majorca in Canyamel.

This beautiful haven is made up of lovingly restored 140-year-old buildings has to be visited at least once in life.

The breathtaking views over the Mediterranean will tell you all you need to know about this hidden gem, gastronomy, sea, golf... and pure relax.

#### Luxury by nature.

The Hotel Pleta de Mar is a five-star hotel, located just 650ft from Can Simoneta.

Completely surrounded by nature and overlooking the sea, this is the perfect place to experience a back-to-theessence-of-the-land trip, surrounded by silence and the smell of the forest.

Experience the pleasure of ultra relaxation and disconnection with a background of sea and nature in which to pamper your body and soul.

HOTEL CAN SIMONETA

HOTEL PLETA DE MAR \*\*\*\*\* gl







### **THE NAUTILUS** BECOMES MALDIVES' ONLY MEMBER OF RELAIS & CHATEAUX

Bohemian luxury hideaway The Nautilus has been unveiled as the only Maldivian member of Relais & Châteaux, one of the world's most prestigious hotel and restaurant associations and a globally recognized signifier of exceptional quality. Coming hot on the heels of its official opening in Spring 2019, The Nautilus' inclusion as one of only 13 new Relais & Chateaux members this year further burnishes its already glowing credentials as one of the Indian Ocean's most immaculate luxury private island experiences. Established in 1954, Relais & Châteaux is an international association of 580 unique hotels and restaurants owned and operated by independent entrepreneurs - often families - who are passionate about their craft and deeply committed to forging warm, lasting relationships with their guests. Established on five continents, Relais & Châteaux invites people across the globe to savour delicious journeys, to discover the inimitable art de vivre engrained in each local culture and to share an incomparable, unforgettable experience.







Philippe Gombert, President of Relais & Châteaux, said: "We are very happy to count The Nautilus as a member of our family. This is a perfect example of what Relais & Châteaux is: properties anchored in their region, ambassadors of their heritage, but also passionate about their craft. The hotel is perfectly located and will offer a delicious Maldivian immersion for our guests."

In his 1870 classic Twenty Thousand Leagues Under the Sea, Jules Verne described his legendary Nautilus as a "masterpiece containing masterpieces"; launched in Spring 2019, The Nautilus Maldives is quickly earning a similar reputation. Located in the UNESCO biosphere reserve of Baa Atoll, The Nautilus is a luxury bohemian hideaway which celebrates freedom and individuality, where guests are encouraged to be themselves and shape their own personal journey.

With a total of only 26 keys, The Nautilus, which can also be taken exclusively as a private island, offers accommodation perfect for groups or families, sleeping anywhere from four up to 12 guests. Each and every House has its own large private pool, ranging in size from 40 to 90 square metres. Throughout the resort, beautiful oneoff collectibles and objets d'art make it feel like the private home of a friend with immaculate taste.



Uniquely for The Maldives, a dedicated private butler is allocated to each House, at every room category. Dining is "unscripted" and is about liberating the palate. There is nothing so pedestrian as dress codes, opening and closing times or tray charges; menus at the overwater fine dining restaurant Zeytoun, beachside grill Ocaso, pool bar Naiboli and relaxed all-day eatery Thyme are for inspiration only.

A beautiful overwater spa (using products by Maison Caulières and Omorovicza), a liveried fleet of yachts and a seaplane, beautiful 'boho-luxe' interiors and a breathtaking house reef complete a quintessential Maldives experience at the highest level, without need for gimmicks.

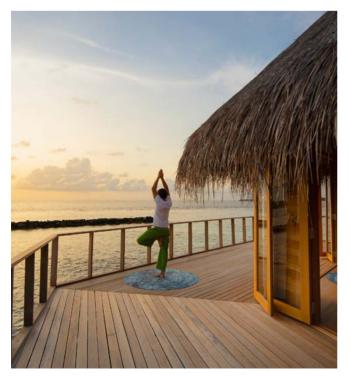




#### **TRAVEL & RESORTS**









Relais & Châteaux (www.relaischateaux.com/nautilus; 020 3519 1967) offers Ocean House with Private Pool accommodation at The Nautilus Maldives from GBP3,190 per night, including breakfast, based on travel from 11 January – 30 April 2020.

www.thenautilusmaldives.com www.instagram.com/thenautilusisland

### HOTEL CASA 1800 GRANADA SIXTEENTH CENTURY PALACE



Hotel Casa 1800 Granada is located in the charming luxurious house typical of the sixteenth century, located in the Miguelete's house just in the centre of Granada, in the neighbourhood of Albaicin.

Being a protected historic building, originally preserved façade with Renaissance -style murals and charm of a building with a unique design, which makes all the rooms very different.

It also has a unique situation, being at the foot of the Alhambra, and has a fantastic view of the monument from some of its rooms and public areas.

In the decoration chandeliers, frescos, cupolas and luxurious furnishing predominate, always respecting the noble wood of the building and highlighting the classicists and Mudejar elements of the original house. The rooms are elegant and cozy, some enjoy view of the Alhambra, inner courtyard, coffered ceilings and all kinds of amenities. The House is organized around central courtyard where each morning breakfast is served and an afternoon tea is offered to the hotel guests, who are treated to a family atmosphere and making the stay special and unforgettable.

#### Rooms

25 rooms spread across six categories. The decors has been designed for you to enjoy all the amenities we offer: fine wood furniture decorated by hand, wrap cotton sheets Cairo tissue micro, warm wooden floors, marble bathrooms and amenities complete.

Fresh flowers, our kettles with a wide range of teas will make you enjoy a quest and unique moment. From its origin (XVI Century) we have retained balconies, carpentry, shutters, coffered ceilings, domes, fresh and original walls. Free wireless internet access and complimentary water in the room.

#### www.hotelcasa1800.com

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### HOTEL CASA 1800 SEVILLA NINETEENTH CENTURY PALACE



Hotel Casa 1800 Sevilla is a mansion-palace located in the historic centre of Seville. The history of the mansion-palace of Seville dates back to the early nineteenth century, the Golden Age of Seville, with great romantics. The heroes of legend, Don Juan Tenorio, Carmen La Cigarrera, Lord Byron, Becquer.

This house was built in 1864 following a traditional layout its studded solid wood doors allow entry to the palace with a horsedrawn carriage, from which when on-foot could them accesses a central courtyard from all rooms were distributed.

The three-storey house, flooded with light from the central courtyard and because of its central location in the city, offers you spectacular panoramic views for you to enjoy from the terrace: not only imposing Cathedral and its famous bell tower, La Giralda which stands out but, extending along all the roofs and steeples of the old Jewish quarter of Santa Cruz, turrets and trees in the gardens of Real Alcazar, up until the towers of La Plaza de Espana in the Parque de Maria Luisa.

After two years of meticulous restoration that has enhanced the most original architectural elements, and has respected the spirit of the

time in its sumptuous décor, it has succeeded in transforming this mansion-palace into a unique charming hotel where one can relive the splendour of the past combined in a perfect balance with the latest technology of today.

#### Rooms

33 rooms spread across six categories. The décor has been designed for you to enjoy all the amenities we offer: fine wood furniture decorated by hand, wrap cotton sheets Cairo tissue micro, warm wooden floors, marble bathrooms and amenities complete.

Fresh flowers, our kettles with a wide range of teas will make you enjoy a quiet and unique moment. From its origin (XIX century) we have retained balconies, carpentry, shutters, coffered ceiling, domes, fresh and original walls.

Each day, the Hotel offers an afternoon tea for the guests as a courtesy. Free wireless internet access and complimentary water in the room.

#### www.hotelcasa1800.com



### Eyes on the horizon. Seek your best views. Moment Perfect

#### THE DESTINATION OF ALL SENSES

#### Aeneas Grand Villas

The architects and designers of the stunning Aeneas Grand Villas, have ensured that nothing is overlooked, except the uninterrupted stunning views of the Mediterranean Sea.

Villas offer the discerning buyer 318.30m2 of interior covered living space. A private garden is beautifully landscaped, with a built-in barbecue for alfresco dining and a swimming pool and Jacuzzi with infinity edges.

Interiors have been thoughtfully designed contemporary living. The property features a high-quality Italian-style kitchen, granite worktops and integrated, stainless steel finish appliances, along with Crema Royal Marble shower rooms and marble or parquet flooring throughout. Concealed dual air conditioning, a Lighting Control System allows owners to create the perfect ambience. A Home Automation System offers owners the option of having additional technology pre-installed to meet their personal needs. The Villa also features a versatile basement with utility and storage rooms, a shower room and a further room which could be used as an additional bedroom or playroom.





## - FERRARI GTC4LUSSO



#### Written by Benjamin Dubois

When you think of a thrill-seeking weekend away in Wales to complete 20 miles of downhill singletrack mountain biking, the first car that comes to mind might not necessarily be a Ferrari. Then add a hike to the summit of the tallest peak in the South... I can hear the collective groans... "you must be mad?! Surely you're not going to do that in a Ferrari?". One last thing, I forgot to mention, the vehicle would be occupied by three full grown men, plus equipment for 3 nights away. I'm right there with you, I too wouldn't have ever imagined a Ferrari fitting the requirements!

This is the story detailing the extraordinary adventure The Art of Luxury team experienced when Ferrari offered us the chance to put the GTC4Lusso through its paces. We had a rough plan, to head to the Brecon Beacons purely as an excuse to understand the car intimately. The car was to be fully loaded, three passengers, each with a suitcase along with a sports holdall large enough to carry mountain biking equipment and walking gear. With close to 250 miles to cover before we would reach our accommodation, we set off as the sun was low in the sky.

From the outside, the car looks remarkably similar to the Ferrari 250 GT which raced at Le Mans in the 1960's, more commonly known as the 'Breadvan'. The GTC4Lusso is enormous - the size of the vehicle really must be seen to be appreciated! At just under 5 metres in length, there is ample room to fit the monster 6.3 litre V12 just behind the front wheels, ensuring the car is mid-engine. All this leads to a rather extraordinary silhouette which highlights the seating position being around 50% down the length of the vehicle.



With all 681 horses charging, it felt almost primal to drive. Your senses were sharpened, and your heart rate began to increase. When required, the car is capable of 0-100km/h in just 3.4 seconds.

From conversations with fellow car enthusiasts, one thing kept being mentioned, "Ben, you really need to tell me what the 4WD system is like as it's meant to be really quite revolutionary".

Ferrari have introduced the all new patented 4WD-S system, and I've got to be careful here not to get "too techie". Essentially, when cornering the onboard control system can sense excess speed on your way into corners and will counter this with rear wheel drive. This leads to the rear of the car feeling far nimbler than one might expect with it being 5 meters in length. Not only do the rear wheels turn, the 4WD then maintains 53% of the cars weight at the rear, to ensure the car feels planted. All of this means you are never short of confidence to put your foot down when exiting a corner. Whatever the road condition, bumpy, wet, low-grip, it takes it all in its stride.









The main purpose of our trip was to enjoy a few days hiking and exploring the beautiful Brecon Beacons in South Wales. All three of us are competent mountain bikers so figured we would head to what is easily one of the best bike parks in the UK, Bike Park Wales. They offer a full uplift service taking you the top of the park, with trails ranging from beginner all the way through to pro lines. With 240 meters of elevation to descend, you feel incredibly fortunate for the 7 full time trail builders who maintain the centre. With a total of 20 miles cycled over the day, and the only war wounds being a dented knee and a bruised forearm, we counted ourselves lucky! It was at this moment that it suddenly hit me, here I was in stunning South Wales, sharing an adventure with friends in a way that very few people get to experience. The fact we could share this together was only made possible by the fact our transport had 4 seats, with a boot large enough to hold all our equipment and this is the only Ferrari on the market that currently allows any of this.

The following day our sore legs carried us to the top of Pen y Fan, the highest peak in South Wales. In typical Welsh tradition everything was thrown at us, rain, fog, sun, and even a sprinkling of snow at the top. A few gentlemen who had spent the night wild camping on the summit mentioned the temperature dropped to -10°!

After a long weekend of fresh air and thrills we headed home, and with long journeys home usually being one of the low points of any trip, of course this was going to be different. It goes without saying, driving any Ferrari is always going to be special, for both the driver, and the passenger. But Ferrari have put a lot of thought into

making the journey extra special for the passengers. The new Dual Cockpit design allows for both a driver and passenger cockpit display. The passengers can control the music, view the rev count, g-force and even navigation instructions for those that fancy themselves a co-pilot. For those seated in the rear there are large wrap around seats, with plenty of legroom. I know there's a tendency to forget about the rear passengers in performance cars, but rest assured this is not the case in the GTC4Lusso. With an enormous glass roof as an optional upgrade, the comfort in the rear is hard to deny. This roof is another testament to Ferraris obsession with comfort, with the glass roof reflecting solar rays away from the car when temperatures are high outside and reflecting the heat into the car when temperatures are cold.

Cars like this allow you to experience all the thrills of a Ferrari, while also being able to share the feeling with three passengers. With the soundtrack of a V12 in your ears, and a rear-view mirror full of giddy faces it's hard not to fall in love with this car. Track days, grand tours, or even alpine driving in winter conditions, the GTC4Lusso excels at all three. The weekend away was unbelievably special, and truth be told it was the highlight of 2019 for me. Adventures don't have to reach the far end of the earth, all you need is the right car, with the right people, and the rest will take care of itself.

The GTC4Lusso will set you back just over £240,000, with the model we drove and photographed costing just over £330,000.





#### www.ferrari.com



### **MCLAREN ELVA REVEALED:** EXTREME NEW ROADSTER DESIGNED FOR ULTIMATE DRIVING ENJOYMENT CELEBRATES MCLAREN'S RELENTLESS PIONEERING SPIRIT



McLaren Automotive today reveals its new Ultimate Series roadster, the McLaren Elva. As the brand's first open-cockpit road car, the Elva adds a new dimension to the range-topping Ultimate Series lineage. Like its McLaren P1TM, McLaren Senna and Speedtail predecessors, volume of the new McLaren Elva will be strictly limited: just 399 are being offered for customer order.

The Elva name celebrates the renowned Bruce McLaren-designed M1A and McLaren-Elva M1A [Mk I], M1B [Mk II] and M1C [Mk III] of the 1960s. Produced as 'customer' versions of the innovative and exciting Group 7 McLaren race cars, the McLaren-Elva sportscars embodied many of the pioneering design and engineering principles that are integral to the McLaren road cars produced today.

The new McLaren Elva is a ferociously fast open-cockpit car; an extreme two-seater with a bespoke carbon fibre chassis and body but no roof, no windscreen and no side windows. With every sensory input heightened, this is a car that exists to provide unparalleled driving pleasure on road or track.

A 4.0-litre, twin-turbocharged McLaren V8 from the same family of engines that powers the McLaren Senna and Senna GTR combines with the lightest vehicle weight<sup>1</sup> of any road car produced by McLaren Automotive to give the superlight new Ultimate Series roadster truly breathtaking performance across the board, with extraordinary levels of acceleration, agility and driver feedback.

<sup>1</sup> final vehicle weight still to be certified

The appearance of the McLaren Elva is as striking and unique as the driving experience. The low nose and pronounced front fender peaks provide visual drama and at the same time enhance forward vision. Large, carbon fibre rear fenders flow from the front of the door to the rear deck, while the height of the twin rear buttresses is minimised by using a deployable roll-over protection system.

Helmets can be worn if preferred, but the form and sculpture of the upper cabin wraps around the driver and passenger to provide a secure environment. A fixed windscreen derivative of the car is also available for most markets as a factory option.

The McLaren-Elva M1A [Mk I] developed into the McLaren-Elva M1B [Mk II] and then the McLaren-Elva M1C [Mark III], the cars competing in privateer hands while in parallel the status of the McLaren brand grew as it moved towards becoming a major force in top-level motorsport.

The McLaren-Elva M1B [Mk II] attracted the attention of American automotive magazine Road & Track, which in July 1966, declared it, 'the fastest car we've ever tested (and) an example of the latest thinking in sports/ racing cars.' The final iteration of the series, the McLaren-Elva M1C [Mk III], was introduced in 1967, by which time the McLaren works team had moved into a new era with the M6A.









"We are delighted to have gained the rights to the Elva name for an extraordinary new roadster that adds a new dimension to the McLaren Ultimate Series while tracing its lineage back to the sportscars that laid the foundations for McLaren's success. The McLaren-Elva M1A [Mk I] and its immediate successors not only set standards on the track but also established the pioneering design and engineering principles that remain at the heart of our brand; what better way to celebrate that than by bringing the Elva name right up to date." Mike Flewitt, CEO, McLaren Automotive

Customer deliveries of the McLaren Elva are scheduled to begin towards the end of 2020. Additional information about the new Ultimate Series roadster can be found at cars.mclaren.com/en/ultimate-series/mclaren-elva

### **THE NEW** MERCEDES-BENZ G 350 D PRICING REVEALED

The new Mercedes-Benz G 350 d is now available to order, with prices starting at £94,000 OTR.

The new G 350 d is the perfect blend of iconic G-Class styling and rugged go-anywhere ability. The G 350 d is powered by a 3.0-litre six-cylinder diesel engine, with an output of 286 hp and 600 Nm of torque. It's the most powerful diesel engine ever to have been fitted to a G-Class. It can travel from 0 to 62 mph in 7.4 seconds and has a top speed of 124 mph. It delivers up to 29.4 mpg on the combined cycle and emits 252 g/km of CO2 (depending on wheel size).

The G 350 d comes as standard with 20-inch AMG multi-spoke light alloy wheels; LED high performance headlights; mirror package including electrically adjustable and heated wing mirrors; leather seats; 12.3-inch cockpit display and 12.3-inch media display; ambient lighting with a choice of eight colours; AMG bodystyling; electrically adjustable heated front seats with memory function; heated rear seats; assistance package including blind spot assist and active distance assist DISTRONIC; Keyless-Go starting function; active lane keeping assist; Thermotronic automatic climate control with three climate zones; and radiator grille with chrome trim elements. There are a number of option packages available. The Premium package costs £5,995 and comes with Multibeam intelligent light system; Adaptive air suspension; Burmester sound system; interior air ionisation; ambient lighting with a choice of 64 colours; sliding sunroof; and parking package with 360 o camera.

The Night package can be added for £1,700 and includes 20-inch AMG multi-spoke light alloy wheels painted in black with a highsheen finish; darkened indicators and tail lights; black radiator grille; black exterior mirror; heat-insulating dark-tinted glass and black spare wheel ring.

The Winter package costs £1,750 and brings a heated windscreen and auxiliary heater with remote. A heated steering wheel is available in conjunction with the Winter package for £275.

The Rear Seat Entertainment package is available for £2,995 and comprises two 10-inch touchscreen displays; a digital TV tuner; integral media player; and internet access.

www.mercedes-benz.co.uk







There's a good reason why our showroom is called 'Jack Barclay' and not just 'Bentley Mayfair'. The amount of heritage in the name of our founder has secured us a number of pages in the annals of Bentley history – quite literally. We're Bentley's oldest showroom, founded in 1927, and our Jack Barclay Aftersales centre maintains Bentleys to such a consistently high standard that it has a Royal Warrant. We're a landmark for many Londoners, we're a Mayfair stalwart that many locals have passed each and every day of their lives. And when it comes to Bentley, there's simply no other showroom in the world that can match our heritage.

But, while we trade under the name of one of the original 'Bentley Boys', a genuine racing driver and a good friend of one-time Bentley Chairman, Woolf Barnato, we are always looking towards the future with displays of the latest Bentley models. During a visit to our showroom you can gaze in awe at the latest range or indulge in the ultimate rarity with our very own limited edition Bentayga collaboration with Huntsman Savile Row – two Mayfair icons, and one beautiful creation.



So, in the year of Bentley's Centenary, make a visit to a verified piece of Bentley history and join us in the Jack Barclay Bentley showroom.





We'd be delighted to show you around.

JACK BARCLAY



### THE AMB 001 BY ASTON MARTIN AND BROUGH SUPERIOR

Strictly limited to just 100 examples, the track-only AMB 001 represents the union of iconic Aston Martin design and state-of-theart Brough Superior engineering to create a piece of automotive art for the motorbike connoisseur.

Aston Martin Executive Vice President and Chief Creative Officer, Marek Reichman said: "This is what we believe a cutting-edge motorcycle should be and we are very proud to see the Aston Martin wings on a motorcycle for the first time. In addition to applying the skills we have developed for cars such as the ground breaking Aston Martin Valkyrie we have also been able to bring our special expertise in the traditional craft techniques to this project. The finished product is a truly beautiful motorcycle; a design and engineering work of art." With the AMB 001, Aston Martin and Brough Superior are presenting a unique, modern, lightweight and powerful sports bike concept, boasting exclusive technical features, including a chassis configuration with a double wishbone front fork and structural carbon fibre body.

Taking their inspiration from the new series of mid-engined Aston Martin cars, the Aston Martin Design team worked on clear principles of form and function, where design and engineering had to work together, resulting in a motorcycle that is a high performance work of art.









Presented in the traditional Aston Martin Racing colours of Stirling Green and Lime Essence with Matte Black wheels, forks and brake assemblies, the AMB 001 features a sublime combination of paint and bare carbon fibre that accentuates the lines of this collectors' item. As befits the Aston Martin and Brough Superior brands, all of the components have been specially designed using the best processes and materials, including carbon fibre, titanium and billet aluminium.

The bike boasts a strong, sculptural body form, beautifully accented by a carbon fibre fin - the design of which is derived from the side strake on Aston Martin cars - that runs along the full length of the Stirling Green tank, passing under the saddle and out onto the rear, creating a flowing form along the top of the bike. As the fin passes under the saddle it can be seen through breaks in the Oxford Tan leather pads of the hand-stitched saddle, which combines old techniques and modern technology in one swooping area that is a perfect fit for the human form.

AMB 001 has been designed to display a level of elegance that isn't normally found on racing bikes. Beauty and power is the order of the day for this track-only racer. Aerodynamic wings attached to the cowl on the front of the bike take their direction from the S-Curve on the front of an Aston Martin, providing Aerodynamic downforce.

The AMB 001 boasts a turbo-charged output of 134 kW (180 hp) at just 180 kilos dry weight. This turbo configuration brings an incredible engine response with huge torque in a wide range of engine rpm. This is also the first time that a Brough Superior model is presented with a V-twin turbo-charged engine.

In keeping with its track-inspired pedigree, the AMB 001 is presented with ultra-lightweight Aston Martin wings, which sit under the lacquer of the bodywork on the nose and the tank. These are the same ninemicron stainless steel wings that adorn the Aston Martin Valkyrie.

"Aston Martin may be 106 years-old but the forward momentum of this company is inspiring, for every area of the business but for Design in particular," continued Reichman. "The same people who work on the design of our cars have worked on the AMB 001. These people are absolute experts and have delivered many of the special project cars that we have designed. Unlike at other car companies, our designers have the full breadth of experience and I think this is showcased in this aspirational bike."

The AMB 001 is being built and hand-assembled in the Brough Superior factory in Toulouse, France. Just 100 examples will be made, with an MRSP of 108,000.00 EUR including 20% VAT. First deliveries are set to begin from Q4 2020.

For further information please visit: www.astonmartin.com/engb/our-world/partnerships/brough-superior.



### **GOURMET EVERY DAY**

A look into the daily life and work of Sherakhan's Michelin-starred Charter Chef, Toine Smulders

Sherakhan is available for charter in the Caribbean during the winter 2020 season, with a weekly charter rate of USD 425.000 plus the standard "extras" such as fuel and provisions, depending on a charterer's cruising plans and personal preferences.

One of the most important parts of a superyacht charter is the cuisine; it can elevate a trip from great to incredible. The chefs can not only whip up your favourite dishes and treats at a moment's notice, but also introduce you to out-of-this-world gourmet experiences and delicious local delicacies along the way. The superb 69.7-metre motor yacht Sherakhan, which can accommodate up

to 26 charter guests, is famous for her outstanding cuisine created by Michelin-starred Chef Toine Smulders and his two fellow galley professionals.

Hailing from Holland, Smulders first immersed himself in the culinary world at the age of 16, after a chance encounter with gastronomy and all its wonders; he has been passionate about creativity with food ever since. Although his first chef job was at an establishment specialising in French cuisine, Smulders has worked around the world – on land as well as yachts – with work taking him to restaurants in France, Italy, Spain and Switzerland.









Smulders was drawn to the unique challenges and rewards of being a superyacht chef, and took his first role on board the sailing yacht Dardanella, followed by a number of years on board the classic Feadship sailing yacht Iduna. After exclusively focusing on sailing yachts thus far, in 2018 he decided to try a new experience on board a motor superyacht, and so approached Jan Verkerk, owner of Sherakhan, through a mutual contact. The two hit it off and he joined the famous yacht as Charter Chef in March that year.

Smulders' favourite thing about being a luxury yacht chef is the freedom that he has in the kitchen to delight the guests, without the budget constraints that exist in restaurants. There is no such thing as impossible on board Sherakhan, he explains, adding: "We can cook Dutch frikandel, Saudi Arabian kabsa or South African lemon pie; you name it, we can make it!"

Of course, any kind of food is available to charter guests on board Sherakhan, but if Smulders was to describe his "signature style", it would be la cuisine du soleil: "Flavours are the most important part of the food I create, alongside their structures," he comments. "Natural, healthy and recognisable food is very important to me."

The current food trends that he finds exciting and inspiring are healthy, vegan and local food. For him, in essence these developments are led by a desire for authentic food that goes back to basics. Asian flavours also continue to be popular and inspiring.

The superb galley on board Sherakhan allows Smulders to let his imagination run free, with access to all manner of high-tech culinary equipment and exceptional ingredients. One of the unusual pieces of kit on board is the candy-floss machine, which he uses to create a sweet accompaniment in a unique fois gras dish, proving gourmet food can be surprising and fun as well as delicious.

To guarantee a smooth-running charter experience for guests, Smulders has daily meetings with the yacht's Hotel Manager Manon de Wit, planning each meal including where it will be served, themes and wine pairings. It is a crucial working relationship for a well-oiled charter yacht, and Smulders describes theirs as a "golden match". There are ample choices of dining locations on board, from the multiple outdoor decks with beautiful landscape views to the showstopping doubleheight dining room with a galleried atrium and skylight from the glass-bottomed sundeck Jacuzzi. The latter is Smulders' favourite place on Sherakhan to create an unforgettable dining experience, as 26 guests can sit together at the enormous, curved table in a spectacular atmosphere with custom-made chandeliers and sumptuous surroundings.





The ability to give guests an extraordinary charter vacation through their dining experiences is Smulders' greatest professional motivation, finding the human element of his work and providing connection through food. One of his standout experiences on Sherakhan is a charter that they did for a Canadian family who were celebrating a special occasion in the Bahamas. "They were lovely people and they were really impressed by the food we had created for them," he explains. "When it was time for them to leave, they had tears in their eyes from feeling like the luckiest people on the planet. It was so rewarding to have been a part of that."



Of course, working on a travelling and moving yacht offers logistical challenges to chefs, but Smulders says that this also provides one of the highlights in his job: "I love the exploration of new ingredients, cultures and traditions and the opportunity to meet new people through my work on board. In more remote locations it can be hard to source provisions, but I love to explore the islands and buy beautiful local ingredients. Sometimes we need to improvise a little, but that is what we are trained for – as chefs, creativity is in our DNA!"



RHUR



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DISTILLED ON WALLS FARM

088

Independently distilled in small batches by husband and wife team, Tom & Tina Warner, our gins are created using only natural ingredients that are farm grown or locally sourced wherever possible.

Explore our range of six craft gins, including the original rhubarb gin, with 1/3 freshly pressed rhubarb juice in every bottle, at www.warneredwards.com

**f** WarnerEdwardsDistillery **O** WarnerEdwards **V** Warner\_Edwards

# ULTRA FINE VODKA FOR THE MODERN TASTE MAKER

### TASTING Notes

**APPEARANCE:** CRYSTAL-CLEAR, SLIGHTLY VISCOUS WITH GOOD LEGS

NOSE: Light, Clean, Fresh and Engaging

**TASTE:** SOFT, SMOOTH, RICH AND HARMONIOUS, VELVETY WITH BALANCED VODKA NOTES

FINISH: Well-Rounded and Smooth, Absolutely no Burn

Elit vodka has an unparallelled taste with a taste profile so refined you can sip it neat or unchilled. The production process which includes -18°c freeze filtration, mirrors the old russian tradition of leaving casks outside in plummeting winter conditions our proprietary freeze filtration technique ensures almost all impurities are removed gently. Sip, savour and enjoy.

DRINK WITH CARE. ELIT™ VODKA. 40% ALC/VOL. (80 PROOF). STOLI GROUP USA, LLC, NEW YORK, NY. DISTILLED FROM GRAIN.@2019. ALL RIGHTS RESERVED.™ -ELIT, ELIT EIGHTEEN, LOGOS, BOTTLE SHAPE, TAGLINES AND VISUAL PROPERTIES ARE TRADEMARKS, DEPENDING ON THE COUNTRY, OF ZHS IP AMERICAS SÀRL, ZHS IP EUROPE SÀRL, ZHS IP WORLDWIDE SÀRL, SPIRITS INTERNATIONAL B.V. OR SPIRITS PRODUCT INTERNATIONAL INTELLECTUAL PROPERTY B.V.

#### THE CHRISTMAS MIMOSA

30ml elit 20ml fresh tangerine juice 10ml Cinnamon syrup\* Top up with dry prosecco/champagne Build in the glass and gently stir.

\*Cinnamon syrup – 1 litre of water, 1 kg of sugar, 2 cinnamon sticks, simmer for about 15-20min on low heat, take off, leave to cool down and strain.

#### **CHRISTMAS SPIRIT**

45ml elit 45ml Fresh Pink Grapefruit Juice 15ml Luxardo Amaretto 15ml Fresh Lime Juice 10ml Simple Syrup Shake in a cocktail shaker, garnish with lime

\*Simple syrup – 1 part water to 1 part sugar boiled and cooled



# ølit

FREEZE FILTERED

TO-18°CESIUS

FOR THE ULTIMATE

IN PERFECTION

VODKA

40% ALC, VOL. (80 PROOF)

### FIRE STARTS AT -18 C

USING SINGLE-SOURCE GRAIN HARVESTED AT OUR KERSCHINSKOYE ESTATE AND CUTTING-EDGE TECHNOLOGY, ELIT PUSHES THE LIMITS OF WHAT IT MEANS TO BE VODKA.

DISTILLERS PRECISELY CONTROL PRODUCTION, BRINGING THE SPIRIT DOWN TO -18°C IN ITS "FREEZE FILTRATION" STAGE BEFORE IT IS BOTTLED BY HAND. THE RESULT IS FLAWLESS CLARITY, A ROLLING MOUTHFEEL AND A PRESENCE IN THE GLASS UNLIKE ANY OTHER.

ELIT: FIRE STARTS AT -18°C



### FREEZE FILTERED AT –18° CELSIUS FOR THE ULTIMATE IN PERFECTION

### **INDEPENDENT** WINE SPECIALISTS 28°-50° LAUNCH A MODERN EUROPEAN WINE BAR & KITCHEN IN COVENT GARDEN

Independent wine specialists, 28°-50° have announced the launch of 28°-50° Wine Bar & Kitchen in Covent Garden, offering brasserie-inspired food and a thoughtfully curated wine selection spanning both old world and new world wines, officially to set open in January 2020.

Tucked in the heart of the Seven Dials theatreland district, the new 180-cover wine bar & kitchen is spearheading a new foodie hub, The Yards, that is expected to make waves throughout London. The stylish and welcoming wine bar and kitchen is owned and operated by the privately-owned group, Riviera Restaurants and Luxury, whose founder Richard Green has personally designed the beautiful new venue which will house a dedicated champagne bar, plush table and bar seating. Guests will be impressed by a highly Instagrammable cork bottle wall, and black & white images of Riviera group's château and vineyards in France.

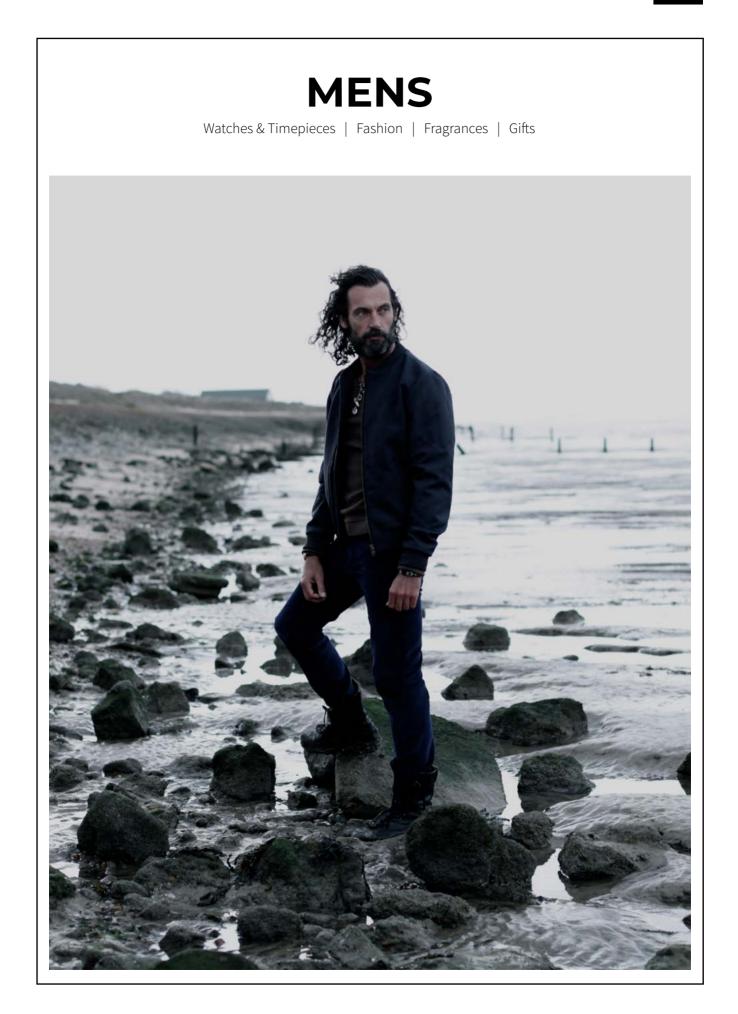
Diners will begin their journey in the main restaurant, with industrial elements of wine crates and steel girders that give a nod to its sister restaurant in Marylebone, softened by pastel pink and sky-blue velvet armchairs. For a more intimate dining experience, the dim lit Oak Room, Oyster Bar and Wine Room (private dining room) have a warm and luxurious feel, complete with wood panelling and elegant, wine-focused décor.

Elaborating on the group's DNA of hand-picked wine lists, curated by passionate in-house sommeliers, 28°-50° Wine Bar & Kitchen features a plethora of accessible and high-end wines by the glass. With wines exclusive in the UK, such as the Chateau de Candie from the restaurant's own vineyard in the Alps, visitors will be guided by passionate and insightful in-house sommeliers on hand to help advise with their choices. Key highlights include: 2006 Huba Szeremley, Badacsonyi Kéknyelú from Hungary, Saint Aubin, Les Pucelles, Domaine Lamy Pillot from Burgundy or a sweeter Tokaji-Megyer, Aszù also from Hungary.



With a European-inspired menu of eclectic food, the seasonal dishes are created with skill and imagination by 28°-50° Wine Bar & Kitchen's highly talented executive chef, Julien Baris. Serving simple and seasonal modern European fayre, dishes span from the Light Bites Menu with an impressive Charcuterie Selection as well as Cheeses From Fromagerie Beillevaire, a to Pre & Post Theatre with Corn-Fed Chicken Breast with Hispi Cabbage & Shallots and Apple & Rhubarb Crumble with Cinnamon Ice Cream to finish. Signature favourites from the A La Carte Menu include: 28°-50°'s Artichoke Tempura with Chermoula Mayonnaise, crispy golden lightly battered Artichoke hearts, topped off with a spicy relish, creating a perfect starter, paired with a Totara Sauvignon Blanc from New Zealand; the Stone Bass with Celeriac Choucroute & Shellfish Bisque, a fresh and flavourful Stone Bass with a sophisticated and rich shellfish bisque, paired perfectly with a Bornemissza; the Duck Confit with Homemade Duck-Fat Chips paired with the Bourgogne Chardonnay, and 28°-50°'s Famous Hot Dog with Caramelised Onion, Ketchup, Mustard Pomme Paille & Brioche Roll paired with the Gruner Veltliner where the sweet notes complement the smoked pork - an unexpected but complementary duo.

For bookings email: coventgarden@2850.co.uk or 020 742 00630



### THE BREITLING AVENGER SWISS AIR FORCE TEAM LIMITED EDITION

Breitling is celebrating the 55th anniversary of the Patrouille Suisse Swiss Air Force Team, admired around the world for its dazzling aerial performances, with the launch of the Avenger Swiss Air Force Team Limited Edition, produced in a series of 550 pieces.



In 1964, the Swiss Air Force created an aerobatics team, named Patrouille Suisse, made up of some of its most talented pilots. Today, 55 years later, the Patrouille Suisse squadron dazzles audiences with aerial displays in the skies above Switzerland and other European countries with precision performances in six supersonic jets. Breitling has created a new watch to honor these high-flying Swiss ambassadors: the Avenger Swiss Air Force Team Limited Edition. Georges Kern, the CEO of Breitling, welcomes the opportunity to celebrate the Patrouille Suisse squadron's anniversary with a limitededition chronograph. He says: "The Patrouille Suisse Swiss Air Force Team and Breitling make ideal partners. Flying in tight formations in supersonic jets, the Patrouille Suisse squadron is the perfect modern expression of our long aviation tradition. We are excited about the watch we have created to celebrate their 55th anniversary."



The Breitling Avenger Swiss Air Force Team Limited Edition has a 45 mm stainless-steel case with a ratcheted unidirectional rotating bezel. Its striking black dial features the logo of the Patrouille Suisse squadron on the subdial at 9 o'clock as well as distinctive yellow and red accents that reflect the colors of the Patrouille Suisse squadron's logo. The yellow-tipped second hand adds another dash of color. The hands and the black indexes are coated with Super-LumiNova®, a luminescent material that makes them easily readable in all lighting conditions. The caseback is engraved with the Patrouille Suisse squadron's 55th anniversary logo – a stylized 55 and six supersonic jets in flight – along with the words "ONE OF 550", an indication of its special limited-edition status.

#### WATCHES & TIMEPIECES

The Avenger Swiss Air Force Team Limited Edition is powered by a Breitling Caliber 13, a COSC-certified chronometer movement with a power reserve of approximately 48 hours.

It is water-resistant to 30 bar (300 meters). The special limited-edition Avenger is presented on an anthracite leather military strap with a pin buckle.







### The Campaign Revolving around the Patrouille Suisse Swiss Air Force Team

Breitling is proud to present three talented Patrouille Suisse jet pilots to support this anniversary edition. Major Gunnar Jansen joined the Patrouille Suisse Swiss Air Force Team in 2010 and has led the formation for the past three years. Captain Claudius Meier flies in the second position, on the right side of the leader. Captain Lukas Nannini, the second soloist, who flies in the fifth position on the outer left wing, completes the squad.

#squadonamission.

www.breitling.com



## TIME INSTRUMENTS FOR URBAN EXPLORERS

Bell & Ross, leading brand in the aviation watch market with its iconic square BR 03 model designed for professionals in extreme environments, is now unveiling its BR05 collection.

Faithful to the brand's watchwords of legibility, functionality, reliability and precision, this new model boasts a resolutely urban look and feel. The lines of its case combine round and square, the basic geometric shapes that form part of Bell & Ross' identity. The construction of the BR 05 surpasses the rigor of the square and transcends the perfection of the circle to define its own individual character. Its confident style harnesses the energy of the city, its rhythm, its richness.

BR05 is the time measuring instrument for the urban explorers.

#### AN INTEGRATED DESIGN

The BR 05 belongs to the family of watches with an integrated case: the bracelet fuses with the case to create a unified piece. In the words of Bruno Belamich, Bell & Ross' co-founder and creative director: «This integration of case and bracelet is not only in line with the brand's visual identity, it also brings another dimension to the watch: the first link forms part of the case. This type of design harks back to the Seventies, and when transposed to Bell & Ross, it creates a result with a graphic style which is both striking and modern."





#### A NEW EDGE

The rich finishes of the BR 05 draw the eye. Its 40 mm case is angular. The satin-finished surfaces are perfectly flat. The polished bevels emphasize and enhance the volumes they contain. These alternating satin-finished and polished surfaces are also found on the remarkably flexible steel bracelet.

Particular attention has been paid to the arc of the curve, allowing all the components to be perfectly aligned and ensuring the bracelet can adapt seamlessly to any wrist.

The new collection is also available with a ribbed rubber strap, a truly stylish alternative. The dial of the BR 05, radiating with a subtle sunray finish, offers optimum legibility. It is available in silver grey, navy blue or deep black. These different colourways are complemented by another model, with a skeleton dial and mechanism.

Limited to 500 pieces, the BR 05 Skeleton effortlessly showcases the caliber BR-CAL.322 designed by Bell & Ross.

The BR 05 range is equipped with a BR-CAL.321 mechanism, wound by a 360° oscillating weight.

An 18 ct rose gold version of the case completes the first chapter of this new story.

#### A JEWEL OF STRENGTH

Thanks to its integrated design, robust comfort and meticulous finishes, the BR05 is a loyal ally for any active, urban lifestyle.

Full of character, this instrument exudes strength and elegance. It is the latest jewel of masculinity from Bell & Ross: sculptural and captivating.

It is ideal for the man about town, eager to face the challenges of modern life and in control of time and his own destiny.

#### www.bellross.com



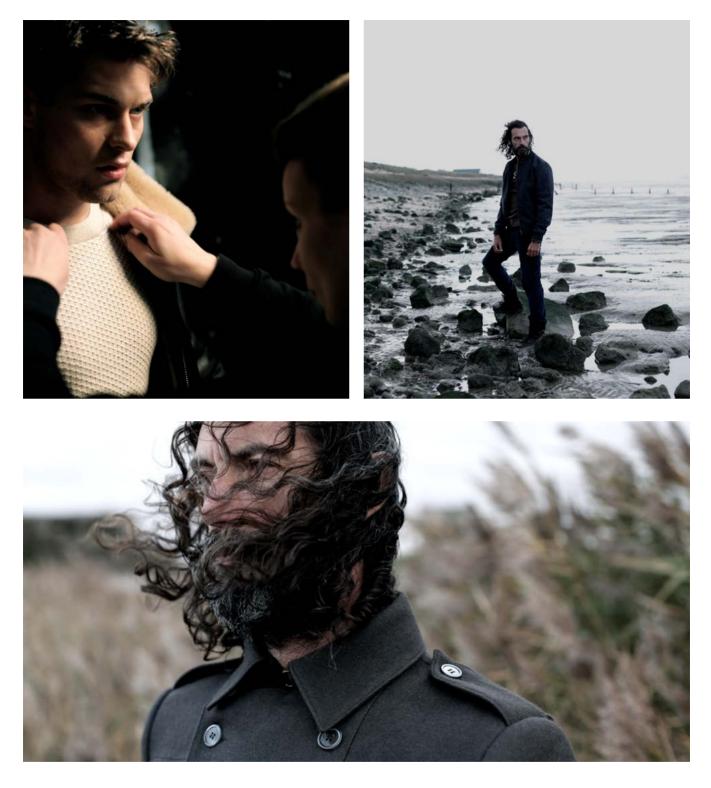


# **JENNY SCHWARZ**

Fashion designer Jenny Schwarz is the creator of bespoke menswear label Jenny Schwarz, an alpine- infused collection influenced by her great-grandfather and 1930s Bavaria, Germany.

Jenny's great-grandfather, Johann Schneider (nicknamed 'the gentlemen daredevil'), ran a successful menswear atelier. By trade, he was a tailor, and for pleasure, an adventurer who spent his time riding his horse down the Alps. Inspired by Schneider's rugged yet elegant style, Jenny's collection combines nature's architecture and raw materials with modern cuts and intricate panelling. Her clothing is designed for the "creative man who seeks individuality."

Speaking further about her collection, Jenny stated: "The dichotomy between the two facets of my great grandfather's personality is what drives the creative force behind the line. I choose fabrics that bridge the gap between the function and form, providing a dual purpose and crossing the boundaries of usage."



Jenny is currently in the process of setting up a womenswear label called 'Black & Fox' and divides her time between her role as Fashion and Textile Course Manager at London School of Contemporary Arts (LCCA) and running her business.

Acknowledging that being a woman in the tailoring industry has had its fair share of challenges over the years, Jenny recalls being subjected to comments such as "I'm not sure I would buy a suit with a woman's name in it. Maybe you should change the brand name..." Today Jenny stands proud as a woman in the tailoring industry, recognising that women have a more equal standpoint in traditionally male industries than ever before, and that now is a great time for women in business.

#### www.jennyschwarz.com



# SAINT REGGA

Saint REGGA is intent on turning people into alpha character without exaggerating. Women's and Men's garment choices will change in the direction of Saint REGGA.

London based brand Saint REGGA combine British street fashion codes with high quality fabrics and sophisticated details. Saint REGGA is the fusion of the classic and modern lines with the current and casual silhouette, asymmetric details, different textures, plain and timeless colour palette.

Be ready to turn into alpha character without making any effort with Saint REGGA collections.



#### www.saintregga.com



## CODY & CO -THE REGENERATION OF THE GREAT BRITISH SHOE

The Lifestyle Agency is excited to announce the launch of British shoe brand Cody & Co this Autumn. Founded by Phil Cody, an entrepreneur in footwear, the AW collection contains an array of affordable luxury shoes from Chelsea boots to casual trainers and suede loafers. Cody & Co serves as the ultimate British brand for the discerning, modern man. Combining British craftmanship with Italian design, the brand's first footwear line serves as a regeneration of the great British shoe.

The creation of shoe entrepreneur Phil Cody, Cody & Co footwear harnesses a British heritage with no compromise on quality; products are crafted in Sheffield using the finest Italian leather. Cody comments, "The handwriting of our product is inspired by Italian shoemaking; their flair for relaxed constructions and material finishing. The attention to detail on brand application and every aspect of the shoe has been thought through in meticulous detail, from the utilisation of high-grade materials to the sustainably-sourced, recycled packaging each pair is delivered in."

A hero-product from the A/W collection is undoubtedly the Handley (from £185) -a reimagined Chelsea boot with a paredback construction in premium Janus Calf Suede from British-born Steads and Co. of Leeds. For a more casual look the Sorby trainer (from £155) utilises Eurotre's Italian full-calf leather lining to create a timeless, modern classic sneaker.











Having culminated over 20 years of experience in the footwear industry, Cody was inspired to create a shoe brand that champions British-made European style, producing high-end quality product without the excessive price tag. Celebrating Sheffield's steelmaking heritage, the Cody & Co logo bears the chains, flames and anvil of their branding mark, whilst their bespoke Yorkshire rose-print is embossed onto every lining of their shoes.

With prices starting at £155, Cody & Co shoes have been designed to take gentlemen anywhere from the city pavements to weekends in the country and urban city breaks. Refusing to compromise on quality the brand embraces a concise range of footwear, championing classic styles with a modern twist in its bid to regenerate the great British shoe.

www.codyandco-london.com

## PINK SHIRTMAKER OPENS ITS NEW BESPOKE WORKSHOP DESIGNED BY MOREYSMITH

London: MoreySmith, one of Europe's leading design and architecture practices, has announced its latest project on behalf of iconic English brand Pink Shirtmaker, which sits within the prestigious LVMH portfolio.

Following the completion of Moët Hennessy's headquarters in Mayfair earlier this year, the new 8,000 sq ft workshop marks MoreySmith's second LVMH project, designing an exceptional handmade shirt workshop in the heart of Vauxhall, London.

The new workshop reinforces the brand's rebirth, championing the traditions of quintessential English shirt making tailored to the 21st century. MoreySmith was briefed to create a vibrant, functional space flooded with natural light. The workshop includes a front of house area and fitting rooms, as well as workspace for the skilled team, pattern cutting tables and sewing machine stations.

A range of spaces have been introduced including a dedicated café area which provides Pink employees and its visitors a social space to congregate, in addition to a fully functional meeting room which is located next to the open-plan office area. A break-out zone also offers an area for the team to relax and refresh.

Relaunched under new President & CEO Christopher Zanardi-Landi and Creative Director John Ray, Pink's promise is to bring exquisite shirtmaking back to England. The LVMH brand passionately focuses on excellence in hand-crafted garments to create versatile shirts tailored to the lifestyle of the modern man.

Christopher Zanardi-Landi comments: "We are proud to launch bespoke shirtmaking at Pink, entirely hand-crafted at our vibrant new workshop. The state-of-the-art workshop is a centre for shirt connoisseurship and a place where shirtmaking comes alive with fresh relevance for the 21st century.

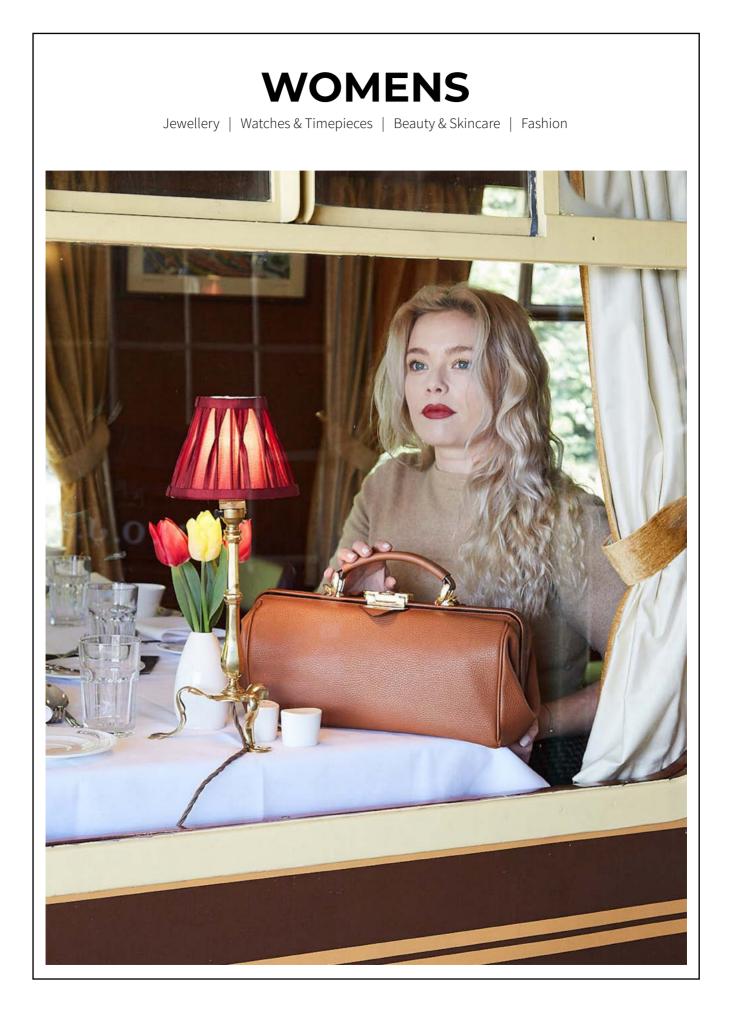
By opening our workshop in Vauxhall, we are proud to return the traditions of shirtmaking to the heart of the English capital".



To coincide with the brand's rebirth, Pink has unveiled its first ever Bespoke offering which is entirely hand-made at the new state-of-the-art workshop, a centre for shirt connoisseurship, at 86a Meadow Road, in South-West London. The service is created exactly to each client's measurements, made from their own unique full pattern and has no minimum order. Clients are invited to see their shirts being made which includes a process of obtaining up to 24 measurements. The workshop celebrates both the design of Pink shirts and the way they are made.

The new Pink has been built on the brand's heritage. Founded by three brothers, Peter, James and John Mullen, the brand disrupted the status quo in 1984 offering a solution for the bold young men in the workplace. Pink's rebirth was sparked by a passion for English shirt-making and a new form of expression for the modern gentleman. The brand understands the changing way men dress today and has taken a fresh approach to shirt making, including the new cut and intuitive design of the shirts themselves.

#### For further information please contact pink@luchford.com / +44 (0)20 7631 1000



## A COLLECTION OF SANDALS IN A SINGULAR SILHOUETTE.



GOYA, is a sandal brand with Mediterranean origins, presenting styles derived from a singular silhouette and inspired by the 'menorquina'. Originally this style of shoe, in its simple form, was first worn by farmers working rocky land centuries ago and still remains a very popular style of shoe for Spaniards in the summer months. Creative Director and Founder, Kimberley Tecles Byrom, launched the brand after moving from London to Madrid and subsequently following summers in Formentera where the initial inspiration for the brand began. Establishing GOYA in 2015, the brand's ambition was to reinvent this traditional sandal through a contemporary construction, transforming the original island sandal into a staple city slide with a luxurious finish and signature design elements.



Boasting matchesfashion.com as a stockist for both men's and women's, alongside niche boutiques in Taiwan, Mexico City, Texas and Los Angles, the collection first debuted in Dover Street London.

Identifiable for its form, the GOYA sandal has a stacked leather insole and two piece rubber boot outer sole making it durable and long wearing and also more supportive than a regular flat sandal; a subtle green line on the underside of the heel strap and green stitching on the perimeter of the shoe communicate the brand signature.

Produced locally in Alicante by small teams of artisans, GOYA, uses locally sourced materials such as a family run Valencian leather supplier who use only national cow hides for their leathers, similarly the merino wool shearling is also from Spanish sourced sheep – in such instances the leathers are a bi-product of the food industry.



Always endeavouring to support local businesses the brand is also conscious to reduce the number of travel miles to create the product.

Offering a men's collection with cross over styles to the women's offering, the style of sandal is unisex and identical in its basic form across both collections. Seasonally the brand serves up new iterations of it's base product which maintains a continuity whilst at the same time giving newness per season. For Autumn/Winter 19, the best selling oversized bow style is presented in oatmeal and grey plaid, as well as soft nappa versions and woven felt classic styles in muted, earthy tones. Spring Summer 20 turns sporty and gives a new elevated 'sports' trainer style sole.

#### www.thegoyabrand.com







## THE DOCTORS BAG FROM BRITISH BRAND THE CAMBRIDGE SATCHEL COMPANY

British brand The Cambridge Satchel Company shot to fame in 2008 with the launch of its now iconic satchel. The infamous Google Chrome advert followed in 2012, chartering the rapid growth and entrepreneurial spirit of the brand whose premium leather satchels became a wardrobe staple for fashion lovers around the globe.

The brand is now back at the forefront of the fashion crowd with its latest design the Doctors Bag. Launched in March this year in four colours (Bordeaux, French Grey, Golden Yellow and Shanghai Red), the range sold out in a matter of days and is officially the brand's fastest selling bag ever. Several more colourways have been added including Inky Blue, Havana Brown and Midnight Black to meet the ongoing demand.

The collection was refreshed in September with on trend metallic tones (Pewter and Champagne). Again, this sold out within hours

and formed a long waiting list for the next instalment of the limitededition colours.

The Doctors bag is the first bag in the brand's new premium collection, CAMBRIDGE, which uses soft grain clad leather and is handcrafted by leather artisans. The elevated collection also features the much-requested cotton twill lining bearing the Cambridge monogramming. The bags are finished with a detachable and adjustable shoulder strap and feature pale gold hardware.

This December the brand has introduced three additional colourways; Maple, Birch and Ivy. The Maple colourway currently only has four units left!

The Doctors Bag is priced at £395 and is available to buy instore and online at www.cambridgesatchel.com



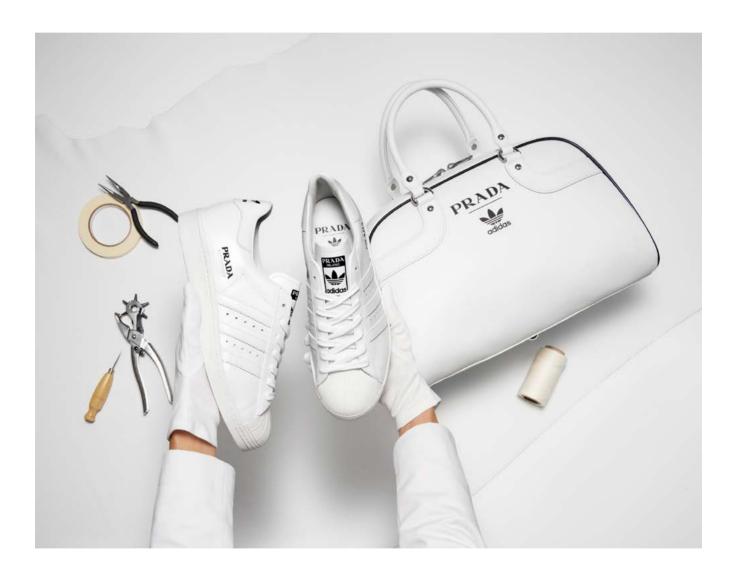
# GDYA

A sandal collection imagined and crafted in Spain.

www.thegoyabrand.com

## PRADA FOR ADIDAS LIMITED EDITION

Prada and adidas unveil the first release of their partnership: the Prada Superstar sneaker and the Prada Bowling bag for adidas



A partnership to begin a partnership. The first release - Prada for adidas Limited Edition - is an homage to adidas, championing an emblematic adidas Originals shoe - the Superstar sneaker, originally launched in 1969 and still a lynchpin of adidas Originals style. It also introduces a new bag silhouette, the Prada Bowling bag for adidas, which echoes the Prada Bowling bag as well as the adidas gym bag, in and of itself referencing the world of sports, a style that serves to illustrate the shared narratives and intersecting heritages of Prada and adidas. The Prada Superstar and the Prada Bowling bag for adidas are proposed together; every piece is Made in Italy by Prada, indicating the superlative quality synonymous with the brand and its inimitable expertise in accessories and 106-year history as a luxury leather goods house. A partnership about manufacturing, a salute to the 50 years of the Superstar, an impeccable style icon - which does not require being re-designed - having crossed boundaries and challenged definitions through five decades.





This pair of styles - each with a fundamental duality at their core - has been evolved from their sports and subcultural roots into modern luxury. Clean simplicity and timeless lines are constants: the Superstar sneakers are translated using Prada's full-grain leather for the upper with the signature adidas Originals rubber shell toe, finished with a herringbone-pattern rubber cupsole, serrated triple-stripe and a Trefoil logo-pint on the heel, alongside the Prada logotype. The Prada Bowling bag for adidas is executed in superior calf leather with a sports nylon strap, the chassis of the bag bearing the twinned logos of Prada and adidas Originals. Both products are offered in optic white with black detailing: sharp, simple, immediately recognisable, outlining the genesis of Prada for adidas.

Prada for adidas Limited Edition - an homage to timeless classics that transcend generations - is offered in exclusive limited editions of 700 pieces, both footwear and accessories numbered with a unique serial.

#### The duo retails online through adidas.com and prada.com

### **NEW GUCCI LION HEAD** FINE JEWELRY COLLECTION





One design is worked in 18kt white gold and encrusted with diamonds. A sparkling aquamarine stone is held within the lion's teeth. Said to inspire truth and trust, the blue color of aquamarine is thought to be calming and cleansing. It is also considered to be the birthstone for those born in March.





A second version of the Lion Head is crafted in 18kt yellow gold. It has diamond-set eyes and an amethyst clutched between its teeth. The birthstone of February, amethyst is meditative, soothing, and its violet color is believed to promote balance and peace.



Another 18kt yellow gold Lion Head completes the collection. This design also has diamond-set eyes, but features a chromo diopside gemstone in its mouth. The deep forest green tone of the distinctive jewel is said to be restorative, and capable of healing a damaged heart.





www.gucci.com

# **JEWELLERY NEWS**



A recent report by Mintel (September 2019) found that the UK watch and jewellery industry market has benefitted from the rising demand for high-priced investment pieces as well as new trends in jewellery. Mintel's report demonstrates that sustainability is top of mind for 55% of UK jewellery buyers.

LAPADA is the largest professional trade association of art and antiques dealers in the UK. It boasts over 500 members worldwide who are experts in their fields, providing the perfect platform for experienced and first-time buyers alike. As well as a superb selection of fine antique jewellery, including signed pieces, from the 18th, 19th and 20th centuries, LAPADA members offer a wealth of knowledge within their field to guide buyers through the quality and authenticity of each piece. With the current trend showing that consumers are beginning to move away from buying mass-produced, cookie cutter items and are increasingly mindful about how they shop – LAPADA members are enjoying this resurgence of interest in antique jewellery. It offers individuality, artistry and sustainability through the recycling of preloved pieces which are often purchased with the intention of passing on to future generations.

This is further supported by findings from the Office of National Statistics (ONS) earlier this year, citing significant growth in the antiques and vintage markets and, alongside trends for craftmanship and sustainability, there are positive signs that the art and antiques trades are performing well.

#### www.lapada.org

## BLOW LTD: GO BIG OR GO HOME!

#### blow LTD announces the launch of its at-home Ultimate Party package



The UK's leading provider of at home beauty, blow LTD, has launched the Ultimate Party Edit, a collection of fabulously soupedup services.

You can now book blow LTD's biggest and most luxurious blow dry ever, The Ultimate Party Blow Dry designed by award-winning hair creative Zoe Irwin and her trained team of blow LTD stylists. This super-glamorous blow dry uses velcro rollers, a unique combination of Kerastase volumizing and setting products and longer styling and setting time for extra oomph and staying power. Zoe has used her 30 year career in the industry styling shoots for ELLE, Grazia and Sunday Times Style plus numerous celebrity clients, to create the Ultimate Party Blow Dry exclusively for blow LTD.

Known for her luxurious finish and feminine, yet fashionable, styling, Zoe is known as one of the most innovative names in the industry.

As Zoe says: "For those all important special occasions, only a full-on blow dry with extra volume will cut it. I been delighted to work with blow LTD to create a super-luxe blow dry which doesn't compromise on softness and shine for that "rich girl hair" vibe."

The Ultimate Party Blow Dry can be booked as a standalone service £59 (60 mins) in London, Manchester and Birmingham, or you can complete the A-list look with the addition of Glam Makeup. Whether it's vintage eye-flicks, smokey eyes or perfectly sculpted contouring, a blow LTD stylist will create the perfect bespoke make-up look to work with your hair for that Big Night Out. The Ultimate Party Blow Dry and Glam Makeup package is £99 (100 minutes).

Fiona McIntosh, Co-founder and creative director of blow LTD says: "We've noticed a real surge in package bookings. Our clients are all busy women who need one-stop beauty to book at home. We are thrilled we can now offer them a suite of beauty services from spray tans to massages, manis and pedis on top of our event-ready favourites, blow dries and makeup, at any time they want – from 7am until late, seven days a week."

The blow LTD Party Edit also includes the new OPI Glitter manicure from OPI, starting at £35, Russian Volume Lashes from £159 and an OPI Gel Mani + Classic Spray Tan. A classic blow dry is £39 (40 mins).

For all services go to: www.blowltd.com/london/book/select-category



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## THE FUTURE IS BRIGHT - THE FUTURE IS CBD OIL

HAILA HEALTH is a new generation CBD Oil Brand introduced to the Luxury UK marketplace this season.

In the murky unregulated world of CBD products, where inferior goods are flooding the market, British company HAILA HEALTH is proud to introduce a unique, high-grade, premium blend CBD Oil with confidence and clarity.

HAILA HEALTH spent 18 months researching the product and travelling throughout Europe to source a CBD Oil of the highest quality. Resulting in forging a partnership with a trusted and experienced supplier, able to boast over two decades of proven reliability.

Independently tested for quality control and reliable consistency, HAILA HEALTH CBD Oil is cruelty-free, vegan and free from any GMO's. The full spectrum Oil is CO2 extracted and offers a smooth, full-bodied taste and all-round experience.

CBD Oil is rapidly becoming a big buzz word in the beauty world and is now a featured ingredient in a variety of products from make-up through to face creams and facemasks. Intended to be part of your healthy lifestyle, HAILA HEALTH CBD Oil is a refreshingly honest health and wellness product, launched this autumn.

Available in two strengths;

#### Pure HAILA HEALTH Natural CBD Oil 2000mg RRP: £147

A beautifully, silky taste and texture which elevates your CBD Oil experience. Ideal for those looking for a higher concentrated Oil or for seasoned advocates of CBD Oil.

#### Pure HAILA HEALTH Natural CBD Oil 1000mg RRP: £75

The perfect starting point for CBD newbies or for those wanting to upgrade from their existing brand. A smooth, velvety consistency, our exclusive blend is palatable and enjoyable.

HAILA HEALTH: Designed for life, refined for your health and wellbeing.

#### www.hailahealth.com



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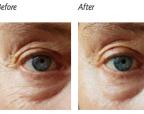
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### THE 7 MOST LUXURIOUS LOFTS AND PENTHOUSES IN EUROPE

Mirror mirror on the wall, who has the coolest loft and penthouse of them all?

Living in a luxury loft or a penthouse apartment may feel like an unattainable life goal for many, but in the meantime while you're working hard to make this dream a reality, why not get a taste of it already during an unforgettable holiday? Whilst the city or country determines a large part of your holiday, a spectacular holiday home can be seen as quite a convincing bonus when choosing your next destination. Holidu, the search engine for holiday homes, has selected seven European cities where you can find the most luxurious lofts and penthouses available for your next dream holiday. With features including a private rooftop jacuzzi and panoramic city views, it will be impossible to resist the temptation to treat yourself to your next getaway in one of these incredible rentals.





1. The Avenue Penthouse - Lisbon, Portugal

This ultra-sophisticated rental oozes style and class in every room, with intricate features and interior decor throughout. The winding layout that connects each room is complemented by the interesting ceiling shapes and designs and the huge windows, allowing natural daylight to flood the home. Possibly the most impressive feature of this home is the 200m<sup>2</sup> terrace and garden area, equipped with a huge dining table and chairs as well as luxurious and comfy sofas, which means there is plenty of space for the whole group to gather outside and soak up the Portugese sun. Located in one of the trendiest areas of Lisbon, this penthouse is incredibly close to a number of restaurants, bars, parks and attractions. This beautiful penthouse accommodates up to 12 people and can be rented from £1,351 per night.

For more information, click here: holidu.co.uk/d/29196116

#### 2. Beachfront penthouse - Barcelona, Spain







This breathtaking home is located on the Spanish coastline in Barcelona and boasts an amazing view. The 16th floor penthouse has its own private balcony, equipped with a dining table and chairs, which overlooks the beach and out to the Balearic Sea. With ceiling to floor windows, this home will never feel like it's lacking in natural light. The building itself also has two private swimming pools and 24 hour security. The penthouse is only a few metro stops away from the city's Gothic quarter, making it the ideal location for groups wanting to enjoy a relaxing beach holiday whilst being close to the buzz of Barcelona city centre. Would you like to make this your next holiday destination?

This penthouse accommodates up to 10 people and can be rented from £319 per night.

Click here for more information: holidu.co.uk/d/13842981

#### 3. The Loft House - Athens, Greece

This loft literally looks like heaven. The super hip and industrially decorated interior shows this home as the epitome of class and sophistication. Despite the moody and dark atmospheric mood throughout, the rooms remain open and spacious, with selected pastel coloured furniture used to brighten up the areas. After a long day of exploring the wonders of Athens, you are guaranteed to sleep like a baby in the huge master bed. The ceilings are wonderfully high and the loft is 140m<sup>2</sup> in total, making it plenty of space to feel right at home. If you like to go shopping, fashion boutiques are a mere one minute walking distance away.

Suitable for three people, this loft can be rented from £455 per night. More information here: holidu.co.uk/d/23293144







#### 4. Via dei Banchi Nuovi - Rome, Italy





#### 5. The Luxury Designer Loft - Paris, France

Located in the heart of Paris, this gorgeous loft has won awards and gained attention worldwide for its beauty. The open plan interior, spread out over two levels gives the ultimate feel of spaciousness in this city centre location. Fully equipped with a sauna, gym, home cinema and a furnished terrace - there really will be no reason for you to even want to leave this property! Should you want to explore the City of Love, the home is situated in Quartier Montorgueil and a stone's throw away from the famous Louvre and many restaurants, bars, cafés and other attractions. This apartment accommodates up to 8 people, perfect for a group city break with serious Parisian style. Would you like to spend the night here? You can rent this loft from £927 per night.

More information here: holidu.co.uk/d/32113459





This four bedroom home is located on the fourth floor of a building in the centre of historic Rome. The elegant interior of this rental is shown through the marble floors and sleek features. The whitewashed open-beam ceiling design adds to the character of this dreamy Italian home. It also has a huge balcony with outdoor seating on, the perfect place to sit and look out over the rooftops of the city. The rental is within walking distance to Piazza Navona where you can find a number of fabulous Italian restaurants. Does this sound like your ideal holiday?

This home accommodates up to six people and costs from £854 per night.

More information here: holidu.co.uk/d/31592214





#### 6. Kings Penthouse - Prague, Czech Republic







Take a trip to the cosy European city of Prague and plan the perfect holiday with your friends and family in this luxury penthouse. With space for up to 14 people, you really will have the group trip of a lifetime. Spend your days and nights in the jacuzzi on the rooftop terrace and marvel at the magical view you will have over the city. Fire up the BBQ which is also on the terrace, for the perfect summer evening. This property is actually UNESCO heritage site and was built in 1352, making it a really spectacular place to stay. Inside you can soak up all of the luxury and appreciate the beautiful modern and recently refurbished interior. Would you and your loved ones like to live like royalty and spend the night here?

This penthouse can be rented from £1573 per night. More information: holidu.co.uk/d/31471217

#### 7. City centre loft - Seville, Spain

The unbeatable location in the historic centre paired with spectacular views of the city makes this final rental a true gem. Step out onto the colourful rooftop terrace, overlooking the third largest Gothic cathedral in the world, Giralda, and you really won't be disappointed. The rooms are freshly decorated with an occasional splash of colour and design furniture added to emphasise the style. The marble floor gives it a chic touch and will also provide a wonderful cooling in the hot summer months. The location couldn't be more central, with the city centre only 500m away, meaning you have everything the city offers at your disposal. Would you like to spend the night here?

This penthouse sleeps four people and can be rented from £247 per night. **More information here: holidu.co.uk/d/28705684** 







ALL IMAGES: © HomeAway via Holidu



# THE ART OF LIVING

This is a one off. An opportunity to purchase an apartment as well as a piece of art. The Brothers Quay who are known to many in the film and theatre world are selling their home in London on Cole Street in Borough, SE1. This extraordinary property is a truly unique space in a converted former G. Wallin and Co Tin-Box factory in these beautiful buildings developed in the 1820's. It's a fantastic location close to both Borough and London Bridge Stations, a short walk from Borough Market, the River Thames and the City. The location has become one of London's most sought after with the nearby vibrant yet village like feel of Bermondsey Street, a short walk from Bankside, The Globe Theatre, Tate Modern and many more of London's major landmarks. The property is set over the top two floors of the building with a very large open dual aspect space on the lower level which accommodates the open plan kitchen and accessed via a cast iron spiral staircase is the mezzanine level with the bedroom and bathroom area and access to a terrace.

The property on the whole bares clear evidence of the owners artistic nature and genuinely demonstrates how internal decoration can evoke independently different emotions.

63 Bermondsey Street, London, SE1 3XF www.williamslynch.co.uk



















## **KEEPING IT SAFE**

**Description:** Influenced by the California Gold Rush and the "Forty-niner's", the Millionaire Safe is Boca do Lobo's most iconic safe, designed and built to make and impression and deliver an unmatched experience. It's dented top highlight the safe's impenetrable nature, referencing the various unsuccessful vault robbery attempts throughout the Gold Rush. It's empowering opening handle draws inspiration from Portuguese history, and the era of maritime discoveries, resembling a vessel ship's wheel. The Millionaire features a solid polished brass frame, with gold coating. Its opening system works with a secret code combination, and the interior is lined in fabric, with a set of lockable drawers made from solid mahogony. As safe and secure as its owner's secrets, only to be unveiled by time itself.

**Product Features:** Mahogany safe structure, lined with polished brass sheets, with a gold coat finish. Turned brass handles and silver-plated wheels. Its opening system works with a secret code combination. The interior features a set of drawers and a door with a separate locking system.

Arts and Techniques: Foundry; Turning; Metal plating; Turning; Polishing.

**Materials and Finishes:** Gold plated exterior, with siver plated handle and cogs. Polished brass drawers in interior.



#### LUXURY SAFES

**Description:** Boca do Lobo piece is a safe-box that promptly takes us to scenes strongly creased in our memory, deeply enriched by today's visual culture. This piece reputes a long life! Born in the beginning of the 19th century, followed the increase of bank robberies after the Gold Rush of 18 and kept itself sacred to successive break-in attempts, remaining deforme forever. Lockable drawers and a whole structure in mahogany, coated in highly polished brass and dipped in gold, this piece is one of indisputable value. As safe and secure as its owner holds secrets to be unveiled only by time itself.

**Product Features:** Mahogany safe structure, lined with polished brass sheets, with a gold coat finish. Turned brass handles and silver-plated wheels. Its opening system works with a secret code combination. The interior features a set of drawers and a door with a separate locking syster

Arts and Techniques: Foundry; Turning; Metal plating; Turning; Polishing

**Materials and Finishes:** Gold plated exterior, with siver plated handle and cogs. Polished brass drawers in interior.

**Description:** Fort Knox is home to one of the world's most notorious gold vaults, known for it's incredibly high security standards and impenetrability. Inspired by this safe-haven, the Knox Safe represents an inviolable barrier between the world and your most valuable treasures. With design traits and details very similar to those found on the world famous Fort Knox gold vaults, this luxury safe features incredible finishes and detailed work. Its interior is fully customisable, with fittings for watch winders, jewellery drawers, and even cigar humidors, making the Knox Place the right place to keep your valuables, with a guaranteed design experience that only Boca do Lobo delivers.

Arts and Techniques: Foundry.







**Description:** BDesigned in a Victorian futuristic style and inspired by traditional Swiss watch making techniques, the Baron Safe is an exceptional piece of haute craftsmanship, perfect for those with an appetite for extreme luxury. At Boca do Lobo, our designers are constantly seeking to challenge existing trends and stay ahead of the game. With a strong steampunk influence, this Safe features watchwinders anc cigar humidors, and can be trusted with your most previous belongings, while embodying the essence of a timeless art piece.



### **PROSPERO FINANCE:** HELPING CLIENTS FIND THEIR WAY THROUGH THE SPECIALIST FINANCE MARKET

As the name implies, the specialist finance market is not an arena to enter without the highest level of knowledge and experience. Too many property investors find themselves paying higher finance costs than they should be, or worse still, in the incorrect type of finance when purchasing or refinancing their next property development project with no way to get out of the finance deal. It is critical that anyone looking at this type of finance should have the correct finance broker in their corner, which is where Prospero Finance are making a name for themselves, both with clients and lenders.

The business was started in 2016 by Martin Smedley, a finance broker with over 30 years' experience and James Relph, owner of a wealth management business, with an idea to provide mutual

services to their wealth management clients, whilst looking to establish a name in the property development arena. The team at Prospero Finance very quickly built a reputation for helping their clients achieve the most suitable type of finance for their project, which has helped them become preferred partners with a number of lenders, in particular the more specialist lenders.

The specialist bridging finance team at Prospero Finance are able to arrange some of the best value, bespoke bridging facilities in the market. In addition, they are able to arrange the exit on the bridging loan where required, often on bespoke terms not widely offered throughout the market, giving their clients the peace of mind of having an exit option set up prior to completion.

One of their latest deals saw an investor remortgage two existing properties, both valued at over £2M in order to raise equity to allow them to convert an old assembly hall into flats. Both of the existing mortgages were already with a specialist lender who would only deal with a broker that had the appropriate level of expertise to ensure the deals completed quickly.

The relationships that they develop with their clients means that they are now seen as the 'go to' broker of choice when clients require specialised finance. This ongoing relationship was highlighted further when an existing client, fresh from receiving 100% funding by using additional security to acquire a mixed use commercial property with a plan to convert the whole building to self-contained residential flats has now returned with an even bigger project that requires finance to build 72 homes.

Although the bridging and development finance is a large part of their business focus, Prospero Finance can also help clients with Buy to Let, House of Multiple Occupancy (HMO's) and residential mortgages.

If you wish to find out more about how Prospero Finance could help you obtain the correct structure for your next development or purchase finance, please contact enquiries@prosperofinance.co.uk



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## THE TOP HEALTH TRENDS FOR 2020 AND BEYOND

Dr Sihame Benmira, physician at Mayo Clinic Healthcare in partnership with Oxford University Clinic, reveals the key health trends on the agenda for 2020





As we enter a new decade, it's the opportune time to look at what is set to dominate the healthcare space over the coming months and years, so you can stay ahead of the curve when it comes to your health and wellbeing in 2020 and beyond.

Prevention is set to be the focus of healthcare in 2020, as we see an evolution in attitudes towards health, propelled by a host of exciting innovations. At its core, prevention is a proactive approach to health, which entails acting before illness arises as opposed to intervening only once it has arisen. Cardiovascular disease is a great example of how preventative health can save lives - 50-80% of cases are classed as preventable through lifestyle changes.<sup>1</sup>



Over the coming year, we expect to see our increasingly healthconscious nation adopt a more preventative mindset. As such, health-promoting innovations such as bespoke nutrition, intuitive exercise, the rise of the Peloton bike, and health screenings will see greater popularity.

Linked to the preventative mindset, technology has become a popular way to track wellness and health. We've already seen huge growth in the wearables market, which we predict will continue to accelerate. As more players vie for a piece of this pie, competition will fuel greater technological sophistication. Consumers are demanding ultimate personalisation, wearables will go beyond fitness to include more medical-focussed tracking, such as that of hormonal cycles. Technology will be employed to satiate the appetite for greater knowledge of our bodies, which lies at the foundation of preventative healthcare.

Sleep will continue gaining a greater share of voice within the realm of health in 2020. The medical drawbacks associated with getting insufficient rest are undeniable: low energy levels, poor mental health and weight gain, to name a few. In fact, in reaction to the high levels of sleep deprivation in the UK<sup>2</sup>, the cultivation of good sleep hygiene will be high on the health agenda over the coming months. Avoiding the use of phones or laptops in bed will gain greater traction, ensuring the bedroom is reserved as a place of rest. Also, the value of setting rigid bedtimes will become further entrenched. We hope to see more people avoiding stimulants such as nicotine and alcohol, in favour of a sound night's sleep. The development of good sleep hygiene is a crucial pillar of preventing illness.

As of this year, the WHO officially recognises burnout as a syndrome. With greater importance and authority behind this issue, it leaves employers little excuse to ignore it. Caused by excessive workloads, poor people management, inefficient work processes and lack of input over schedule, burnout is now affecting a wide proportion of UK workers. Over the coming years, there will be a greater focus on the prevention and management of this workplace syndrome and ultimately, on building a workplace culture that values each employee with the ultimate aim of eliminating burnout altogether. Alongside mental health policies, burnout will occupy a key space in the wellbeing strategy of businesses. With over 12.8 million working days lost to stress and anxiety in 2018/2019, now is the time when companies will wake up to the realities of this pertinent healthcare issue.

A new year and a new decade is a time to pause and think about our behaviours, especially in terms of our health. Adopting a preventative mindset will put you in good stead to optimise your health in 2020 and beyond. The trends of sophisticated wearables, sleep hygiene and burnout mitigation, will greatly support this journey towards a proactive approach to health and wellbeing.

### NEW YEAR, NEW YOU ENJOY THE THAI-TOX PACKAGE AT CAREYS MANOR & SENSPA

Rejuvenate and unwind at Careys Manor & SenSpa this January with Thai-Tox – a brand new all day spa and detox package inspired by the ancient Eastern rituals of Thailand.



Located in Brockenhurst and set against the picturesque backdrop of the New Forest, a visit to Careys Manor is the perfect antidote to cure those January blues.

Designed to revive and restore, Thai-Tox combines authentic Thai treatments with state-of-the-art facilities, holistic classes, and wholesome dishes at the award winning SenSpa. Start the day with a detox smoothie – a refreshing blend of banana, orange, pineapple, and Thai basil, rich in vitamins, and packed full of iron, magnesium, and folic acid – followed by a light breakfast of fresh fruit and granola with yoghurts.

Once suitably energised, choose from a selection of 60-minute treatments including a Traditional Thai Massage – ideal for relieving muscular tension; a Plant Power Face and Back Rejuvenation – a detoxifying vegan treatment incorporating healing microgreens; a Yin Yang Detox Body Wrap – a naturally nutrient rich algae remedy; or an Essential Relaxation Massage. Guests will even be treated to a SenSpa Detox Body Wash & Muscle Soak to take home.







Following your treatment, experience the healing powers of water and take a dip in the 14-metre ozone treated swimming pool, or enjoy access to each of the spa's facilities including the invigorating hydrotherapy pools, crystal steam room, ice room, experience showers and fitness suites. For those looking for a deeper sense of inner calm, a 45-minute relaxation class at the Thai Temple Studio will help soothe the mind, body and soul, and leave guests feeling uplifted.

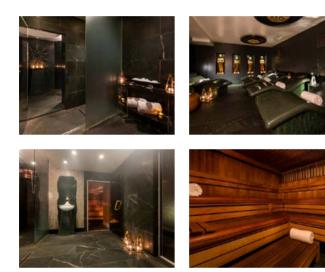
Finish on a high with a healthy two course lunch from a delicious selection of starters, mains and desserts at The Zen Garden, SenSpa's authentic Thai restaurant. Choose from a selection of signature dishes including, Som Tom – shredded papaya salad with cherry tomatoes, green beans, and chilli; and Pla Krapong Nueng Manow – steamed seabass with pak choi and lemon chilli dressing.

The Thai-Tox package is priced at £159pp, and includes full use of the spa, a 60-minute treatment, relaxation class, breakfast and a two-course lunch; and for those looking for true indulgence and wish to stay, rooms at Careys Manor are available from £158.

Thai-Tox at Careys Manor - start the New Year as you mean to go on

Careys Manor Hotel & SenSpa Lyndhurst Road, Brockenhurst, SO42 7RH www.careysmanor.com F: CareysManor | T: @careysmanor | I: @careysmanor\_senspa

### **TRANSFORMING** LONDON'S EXPECTATIONS OF LUXURY BEAUTY AND HEALTH SPA TREATMENTS



The May Fair Spa offers a meticulously tailored experience, enhancing wellbeing and health. Our treatments are carefully structured to put time on hold, creating a discreet, healing inner sanctuary, far from the whirl of central London that sits above us. Our facilities include an aromatic steam room, herbal sauna, experience showers, ice fountain and candlelit relaxation room with heated beds. The spa offers a range of spa and beauty treatments, as well as packages, including a couple's 'Together Package', and 'Urban Retreat'

Deeply attentive, profoundly relaxing, with expert consultation, pioneering treatments and tangible results, May Fair Spa is transforming London's expectations of luxury beauty and health spa treatments.

In-depth consultation provides the unique basis for our treatments, courtesy of The May Fair Spa's deeply knowledgeable consultants and superb range of massage and facial therapies. The May Fair Spa and Personal Training Suite marry unparalleled expertise with intuitive care for an approach to wellbeing that is both pioneering and luxurious. The May Fair Hotel Spa offers in-room services upon request, for guests to enjoy the luxury of the spa in the comfort and privacy of their own room or suite.

#### USING MAY FAIR SPA

Our facilities include an aromatic steam room, herbal sauna, experience showers, ice fountain and candlelit relaxation room with heated beds. Hotel guests are welcome to purchase a Leisure Pass for £15 which includes access to all wet spa facilities, except the relaxation room. For those having treatments or packages, all facilities are included in the treatment price.

\*\* Guests are advised to call in advance to book treatments and packages, especially at peak times \*\*

Please note, residential guests are advised to bring robes from their bedroom with them to the spa. Towels will be provided. Flip flops are provided to guests having a treatment or visiting with a leisure day pass. Members and residents are advised to bring their own flip flops or purchase a pair from the spa.

#### COUPLES' MASSAGE WORKSHOP

Under the guidance of one of our experienced masseurs, bond with your significant other by learning how to incorporate massage into your everyday lives. With our individually designed couples' massage workshop, you'll discover how to release tension and muscle knots, as well as express your love and support through the sometimes neglected medium of touch. Sharing the skill of massage is akin to learning a new language and can help bring you closer together. After the workshop, you can enjoy a glass of fizz and strawberries, and take home an ESPA oil souvenir.

Workshops are held at May Fair Spa and you can choose from:

- A two-hour course, where you'll both learn how to perform a back, neck and shoulder massage £300 per couple.
- A four-hour course, where you'll both learn how to perform a full body massage. £480 per couple.

To book an appointment or for more information, call +44 (0)20 7915 2826 or email mayfairspa@themayfairhotel.co.uk.

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CUSTOM SPA WITH FRONT INFINITY EDGE WATER FEATURE & CATCH BASIN 90" x 107" x 37"

### **55M VIDA** THE NEWEST CREATION FROM WORLD-LEADING DUTCH SHIPYARD HEESEN YACHTS



World-leading Dutch shipyard Heesen Yachts has recently launched its newest creation, 55m Vida. Third in the yard's successful 55m FDHF steel class, Vida features muscular exterior lines penned by Frank Laupman of Omega Architects and sophisticated interior décor with a soft natural palette by Be Design Associates. Designed with purpose, Vida's owner, a champion sport fisher and experienced American yachtsman, worked closely with Heesen's technical team to harness a number of special features to enthrone her as mothership to his sport fishing fleet. With the capacity to re-fuel and re-charge two sport fishing boats, her majestic presence means the party can remain for several days out at sea without the need to return to base.

#### YACHTS

Vida's progressive Fast Displacement Hull, devised by Van Oossanen Naval Architects and implemented by Heesen, offers a maximum speed of 16 knots and frugal fuel consumption, providing her with a remarkable range of 4,500 nautical miles at 13 knots. Combining superb comfort with optimised efficiency throughout the speed spectrum and changeable weather conditions, Heesen's 55m FDHF steel class has undoubtedly set a new standard in superyacht performance.







Vida's exterior profile is clean, sleek and characterised by floor-to-ceiling windows that allow natural light to flood her interiors. Expansive outdoor areas offer plenty of entertainment space, including a 100 square metre sundeck for lounging that is invitingly enhanced by a swimming pool featuring a mesmerising waterfall. At night, this space becomes the ultimate party area, complete with a starred ceiling, a large and fully equipped bar and a colourful ambience created by the pool's LED lights.





Twelve guests can be accommodated in five spacious suites located on the lower deck and a magnificent 80-square-meter owner's stateroom set forward on the main deck. Impressive backlit ivory onyx arches at the entrance to the main saloon serve as a wine

cellar on display, with 21 bottles per side, creating a glorious – and promising – welcome for Vida's guests. The warm and comfortable ambience, designed with hospitality in mind, makes Vida a true home away from home.









Name: Vida

Length: 55m

Gross tonnage: 740

Shipyard: Heesen

**Guests:** 12

Medium: Steel

**Features:** FDHF, Capacity to re-fuel and re-charge 2 fishing boats

Exterior Design: Frank Laupman

**Omega Architects Hull Type:** Fast Displacement Hull Form, Van Oossanen Naval Architects

Interior Design: Be Design Associates

Top Speed: 16 knots



More backlit ivory onyx is found in abundance in the statement staircase, which features floating steps that use alternating strips of fumé mirror and lacquered wood to form an incredibly intricate geometric design. Functional as well as beautiful, her interior decor is created using materials and finishes that offer environmental performance and long-term durability in the marine environment.

Guests can also enjoy life close to the water in the generous 80-square-metre beach club, which has a fully equipped gymnasium as well as a large fixed swim platform making access to the ocean extremely easy and alluring.

#### www.heesenyachts.com

#### **VILLA KOUTOUBIA**

The KOUTOUBIA villa of 900 m<sup>2</sup> on a 1.3-hectare park mainly composed of olive and palm trees with a heated swimming pool of  $18m \times 4m$ . As soon as the doors open, the ancestral strength of the olive trees and the magic of the space envelop you in deep serenity.

At the entrance of the villa KOUTOUBIA a large fountain, on 2 levels in the shape of stars with 8 branches, invites you to discover the dining room, the two living rooms bathed in light, all with an area of 170 m<sup>2</sup> with fireplace. The villa is made up of 5 large bedrooms open onto the bathrooms, access to which is framed by 2 columns. The whole giving directly onto a large terrace which can receive around ten outside people for sunny breakfasts, aperitifs, lunches and dinners.

Web: www.feelluxuryholidays.com/fr/pays/la-koutoubia-105/vues | Tel: +33 9 71 52 32 69 Email: contact@feelluxuryholidays.com

02

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#### 03

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#### 04

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07

06

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Website: www.kmanaconcept.com | Jl. Batu Bolong 7A, Bali, 80361 - Indonesia Telephone: +62 812 626 30 65 | Instagram: kmana\_travelbags

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## kmana







### HOW TO GET THE BEST FROM YOUR MORNING SHAVE

Preparation, products and patience – the three things you need to get the best from your morning shave. Below, premium men's grooming brand The Bluebeards Revenge teams up with awardwinning barber Luigi Caterino to help you master your shaving technique.

The first big mistake many men make is to shave before hitting the shower. But making sure your beard is thoroughly wet and your skin is softened by the warm water will hugely reduce your chance of razor burn or shaving rash.

Warming the skin and moistening stubborn stubble will soften facial hair and is why barbers use hot towels on their clients ahead of a shave. You can recreate that barbershop feeling at home by simply wetting a clean flannel in hot water and leaving it to sit on your cheeks for a few minutes.

Pre-shave oils will also help to further soften hair. Master Barber Luigi Caterino, Britain's Best Wet Shaving Barber 2015 and ambassador for The Bluebeards Revenge, is a big advocate of pre-shave oil. He said: "The use of pre-shave oil should be a big part of every man's shaving routine. Massage the oil into the skin before the effects of your warm shower or hot towel treatment wear off and your pores start to close back up."

The last stage of your preparation is to lather your favourite shaving cream. Traditional creams provide a smoother shave than off-the-shelf shaving foams in a tin; the lather you create from them is often thicker and less soapy, meaning your razor will glide across your face with much less resistance. Combine a shaving cream with a shaving brush to help further exfoliate the skin, remove nasty impurities and lift facial hair ready for your razor.





Luigi says: "Using a shaving brush, lather up your shaving cream with a little water. You can lather the cream into a bowl, or straight on to your face. Either way, you should only be using an almondsized amount of cream for each shave. For the best results, use The Bluebeards Revenge Shaving Cream."

Now that all the prep is done, you're ready to start shaving.

Patience is the key to a blemish-free shave. It is a meticulous process and should not be rushed. Apply the lather evenly to your face. Then, make sure you shave with the grain; shaving against the grain increases the chance of razor rash and ingrown hairs. Keep your strokes short and light and remove excess shaving cream from the razor between passes.

Caring for your skin immediately after a shave is important too. Find a post-shave balm that you feel comfortable with and moisturise it into your skin for a cooling sensation that will leave you feeling refreshed all day long.

If you're prone to cutting yourself, Luigi suggests that you invest in an alum block: "An alum block is a great way to help seal the inevitable cuts and nicks that come with regular shaving. Simply wet the block and glide it over cuts. It'll sting a little, but is a much better alternative to blotches of white tissue paper."

And there you have it, a perfect morning shave to start your day.

To master your morning shave, shop award-winning shave products from The Bluebeards Revenge: www.bluebeardsrevenge.co.uk.





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