FILM ROOM 21

FLORIDA
BASKETBALL

SECOND SIDE → DHO → PAINT TOUCH → LOB

Florida vs Alabama | Clip ID: ADV-087 | CONTINUE

1 BIG DRIBBLES INTO DHO



The big brings the ball into the second-side DHO for the guard.

2 SCREEN → GUARD GETS DOWNH



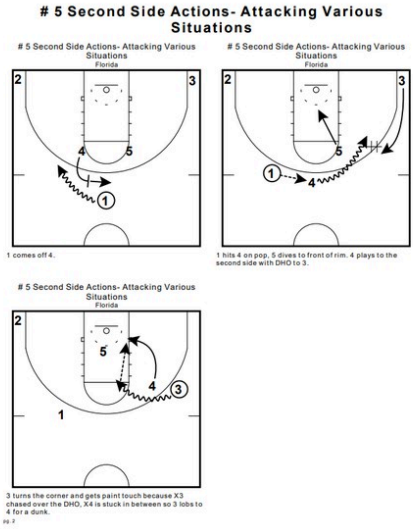
The big screens the defender as the guard turns the corner and gets downhill.

3 LOB TO THE BIG



The downhill drive pulls the defense in, and the guard lobs the ball to the big at the rim.

PLAY DIAGRAM — LOCKED FASTDRAW ASSET



TEACHING POINTS

1. Do not let the first action die — flow directly into the second side.
2. Use the DHO to put the guard downhill before the defense can reload.
3. The big's screen keeps the on-ball defender behind the play.
4. Attack the paint and force the last line of defense to commit.
5. When the big is available behind the help, throw the lob.

ADVANTAGE CREATED

Second-Side Advantage / Paint Touch
Result: Paint Touch → Lob

KEY TEACHING CUE

“Don't reset.
Attack the second side.”

WHY IT WORKS

The first side moves the defense. Florida immediately flows into a second-side DHO before the defense can get organized. The guard gets downhill, forces the help to collapse, and the big becomes available behind the rotation.

PRACTICE LAB IDEA

Second-Side Advantage Game
- Start with a first-side action.
- Flow immediately into the DHO.
- Guard turns the corner downhill.
- Big rolls behind the help.
- Finish with the lob or paint touch.