

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

CONFERENCE AGENDA

DAY 1 :

- 07:00am to 08:00am Registration
- 08:00am to 10:10am **I. Introduction**
A. Prevalence Data – Growth Problems
B. Prevalence Data – Feeding Problems
C. Complexity of Feeding/Eating & the Role of the Environment
- 10:10am to 10:30am Break
- 10:30am to 12:40pm D. Tenets of SOS
E. Top 10 Myths - Overview
F. Appropriate Diagnoses to Use
- II. Feeding Theory & Milestones** - How children learn to AND not to eat
A. Learning Theory
1. Feeding Therapy Options
- 12:40pm to 1:30pm Lunch
- 1:30pm to 3:40pm **II. Feeding Theory & Milestones** - continued
A. Learning Theory (continued)
2. Learning Video
B. Myth 1 = Breathing
C. Motor Skill Acquisition
- 3:40pm to 4:00pm Break
- 4:00pm to 6:00pm D. Oral-Motor Skills & Developmental Food Continuum

DAY 2:

- 07:30am to 08:00am Participants' Arrival
- 08:00am to 10:10am **II. Feeding Theory & Milestones** - continued
D. Oral-Motor Skills & Developmental Food Continuum (continued)
E. Sensory Skill Acquisition
F. Understanding the Role of Sensory Processing In Feeding
- 10:10am to 10:30am Break

10:30am to 12:40pm **II. Feeding Theory & Milestones** – continued
F. Role of Sensory Processing In Feeding (continued)
G. Steps to Eating - Overview
H. Cognitive Development

12:40pm to 1:30pm Lunch

1:30pm to 3:40pm **II. Feeding Theory & Milestones** – continued
H. Cognitive Development (continued)
I. Psychological Developmental Stages

III. Treatment/Interventions
A. General Treatment Strategies
1. Social Role Modeling

3:40pm to 4:00pm Break

4:00pm to 6:00pm **III. Treatment/Interventions** - continued
A. General Treatment Strategies - continued
2. Structure/Routine
3. The Correct Use of Reinforcement
4. Accessing the Cognitive
B. Food Jags

DAY 3:

07:30am to 08:00am Participants' Arrival

08:00am to 10:10am **IV. Assessment of Feeding Problems**
A. Assessment Process
B. Referral Candidates
C. Reasons Children Won't Eat
D. Child Factors
E. Environmental Factors
F. Parent Factors
G. Practice Videos
H. Parents' Experience

10:10am to 10:30am Break

10:30am to 12:40pm **V. The SOS Approach to Feeding – Theoretical Requirements**
A. Systematic Desensitization
B. Cues to Eating
C. Language Use

12:40pm to 1:30pm Lunch

1:30pm to 3:40pm **VI. The SOS Approach to Feeding – Therapy Sessions**
D. Therapy Format - Child
1. Room Set-Up + Modifications
2. Session Structure & Routine

3:40pm to 4:00pm

Break

4:00pm to 6:00pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued
E. Therapy Format – Parent
F. Modifications Across Settings
G. Sensory Based Problem Solving

DAY 4:

07:30am to 08:00am

Participants' Arrival

08:00am to 10:10am

VI. The SOS Approach to Feeding – Therapy Sessions - continued
H. Progression Across Sessions
I. Graduation Criteria & SOS Data
J. Building a Food Hierarchy
1. Requirements

10:10am to 10:30am

Break

10:30am to 12:40pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued
J. Building a Food Hierarchy – continued
2. Practice
K. Hierarchy Strategies – Moving Children Up the Steps
1. Play techniques per Step
2. Practicing hierarchy strategies

12:40pm to 1:30pm

Lunch

1:30pm to 3:40pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued
K. Hierarchy Strategies – Moving Children Up the Steps - continued
L. Hierarchy Strategies – Oral Motor Steps to Eating

3:40pm to 4:00pm

Break

4:00pm to 6:00pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued
M. Video: Progression Within Session
N. SOS Data

VII. Managing Other Maladaptive Behaviors
A. Intervention strategies – Perseveration & Vomiting
B. Emotion Based Discipline

**** This Conference has a 100% Attendance Requirement.**

Registrants are expected to attend the course in its' entirety and to participate fully for the entire length of each day (8:00am to 6:00pm), in order to receive their Certificate of Participation. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early. Participants are expected to be on time in the morning and to stay until the last scheduled minute of each conference day.

Any and all time missed during the Lecture part of this Conference must be made up by meeting with the SOS Professors at the end of that conference day or the next. If missed time is not made up by the end of Day 4, no Certificate will be given and permission to use the SOS program and SOS conference materials will be withdrawn.

NO exceptions will be made. Please make sure your travel arrangements do not require you to leave the Conference before 6:00pm on Day 4, even if that means needing to stay in Athens for an extra night.